# Conservative subgroup separability for surfaces with boundary 

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If $F$ is a compact surface with boundary, then a finitely generated subgroup without peripheral elements of $G=\pi_{1}(F)$ can be separated from finitely many other elements of $G$ by a finite index subgroup of $G$ corresponding to a finite cover $\widetilde{F}$ with the same number of boundary components as $F$.

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Suppose $F$ is a compact surface with nonempty boundary. A nontrivial element of $\pi_{1}(F)$ is peripheral if it is represented by a loop freely homotopic into $\partial F$. A covering space $p: \widetilde{F} \rightarrow F$ is called conservative if $F$ and $\widetilde{F}$ have the same number of boundary components: $|\partial F|=|\partial \widetilde{F}|$.

Theorem 0.1 (Main Theorem) Let $F$ be a compact, connected surface with $\partial F \neq \phi$ and $H \subset \pi_{1}(F)$ a finitely generated subgroup. Assume that no element of $H$ is peripheral. Given a (possibly empty) finite subset $B \subset \pi_{1}(F) \backslash H$, there exists a finite-sheeted cover $p: \widetilde{F} \rightarrow F$ such that:
(i) There is a compact, connected, $\pi_{1}$-injective subsurface $S \subset \widetilde{F}$ such that $p_{*}\left(\pi_{1}(S)\right)=H$.
(ii) $\quad p_{*}\left(\pi_{1}(\widetilde{F})\right)$ contains no element of $B$.
(iii) $\tilde{F} \backslash S$ is connected and incl $l_{*}: H_{1}(S) \rightarrow H_{1}(\tilde{F})$ is injective.
(iv) The covering is conservative.

This theorem, for $F$ orientable and without (iii), is due to Masters and Zhang [5] and is a key ingredient in their proof that cusped hyperbolic 3-manifolds contain quasi-Fuchsian surface groups $[4 ; 5]$. Without (iii) and (iv) the theorem is a special case of well-known theorems on subgroup separability of free groups (see Hall, Jr [1]) and surface groups (see Scott [6; 7]). For a discussion of subgroup separability and 3-manifolds, see Long and Reid [3].

The proof in [5] uses the folded graph techniques due to Stallings; see Kapovich and Myasnikov [2]. The shorter proof below uses cut and cross-join of surfaces. A cover is
called good if properties (i)-(ii) hold and very good if (i)-(iii) hold. The idea is to start with a good cover and then pass to a second cover which is very good. Then cross-join operations (defined below) are used to reduce the number of boundary components of a very good cover until it is conservative.

## 1 Constructing a very good cover

We first explain a geometric condition on a cover of $F$ which ensures it is good, and then use Theorem 1.3 to construct a very good cover.

Choose a basepoint $x$ in the interior of $F$ and suppose $p: F_{H} \rightarrow F$ is the cover corresponding to $H$. There is a compact, connected, incompressible subsurface $S$ in the interior of $F_{H}$ which is a retract of $F_{H}$ and which contains a lift $\tilde{x}$ of $x$. Each element $g \in \pi_{1}(F, x)$ determines a unique lift $\tilde{x}(g) \in F_{H}$ of the basepoint $x$. The surface $S$ can be chosen large enough to contain $\{\tilde{x}(b): b \in B\}$. Then $\left.p\right|_{S}: S \rightarrow F$ is a local homeomorphism.

If $\pi: F^{\prime} \rightarrow F$ is any cover and there is a lift of $\left.p\right|_{S}$ to $\theta: S \rightarrow F^{\prime}$ (thus $\pi \circ \theta=\left.p\right|_{S}$ ) which is injective, we say $S$ lifts to an embedding in the cover $F^{\prime}$. The work of M Hall [1] and P Scott [6] shows there is a finite cover $F^{\prime} \rightarrow F$ such that $S$ lifts to an embedding in $F^{\prime}$.

Proposition 1.1 (Good cover) Under the hypotheses of the main theorem, if $\pi: F^{\prime} \rightarrow F$ is any cover and $S$ lifts to an embedding in $F^{\prime}$, then the cover is good.

Proof With the notation above, a based loop representing an element $b \in B$ lifts to a path in $F^{\prime}$ that starts at the basepoint $\tilde{x} \in L=\theta(S)$ but ends at some other point $\tilde{x}(b) \neq \tilde{x}$ in $L$.

Addendum 1.2 (Very good cover) There is a very good cover $\widetilde{F} \rightarrow F$ of finite degree with $|\partial \widetilde{F}|$ even.

Proof We start with a good cover $F^{\prime}$ of $F$ with finite degree and the subsurface $S \subset F^{\prime}$ described above and then construct a cover of $F^{\prime}$ with the required properties. Let $p: \widetilde{F} \rightarrow F^{\prime}$ be the regular cover given by the kernel of the map of $\pi_{1}\left(F^{\prime}\right)$ onto $H_{1}\left(F^{\prime}, S ; \mathbb{Z} / 2\right)$. There is a lift $\widetilde{S}$ of $S$ to this cover by construction. The conclusions follow from Theorem 1.3 below.

The following allows us to lift a $\pi_{1}$-injective subsurface to a regular cover where it is $H_{1}$-injective and nonseparating.

Theorem 1.3 Suppose $F$ is a compact, connected surface, possibly with boundary, which contains a compact, connected subsurface $S \neq F$. Assume that $S \cap \partial F$ is a (possibly empty) union of components of $\partial F$ and no component of $\operatorname{cl}(F \backslash S)$ is a disc or a boundary parallel annulus. Let $p: \widetilde{F} \rightarrow F$ be the cover corresponding to the kernel of the natural homomorphism of $\pi_{1}(F)$ onto $G=H_{1}(F, S ; \mathbb{Z} / 2)$. If $\tilde{S}_{0}$ is a connected component of $p^{-1}(S)$ then $X=\operatorname{cl}\left(\widetilde{F} \backslash \widetilde{S}_{0}\right)$ is connected and the map $i_{*}: H_{1}\left(\widetilde{S}_{0}\right) \rightarrow H_{1}(\widetilde{F})$ induced by inclusion is injective. Moreover $|\partial \widetilde{F}|$ is even.

Proof The hypotheses imply $G \neq 0$. Let $Y$ be a connected component of $X$. Then $\partial Y=(Y \cap \partial \widetilde{F}) \sqcup\left(Y \cap \widetilde{S}_{0}\right)$. We claim that $p(Y) \supset \underset{\widetilde{S}}{S}$. Otherwise $\left.p\right|_{Y}: Y \rightarrow \operatorname{cl}(F \backslash S)$ is a covering map which is injective since $p \mid\left(Y \cap \tilde{S}_{0}\right)$ is injective. Thus $Y$ is a lift of a component $Z$ of $\operatorname{cl}(F \backslash S)$.

If $Z \cap S$ is connected, then since $Z$ is not a disc or boundary parallel annulus, the image of $H_{1}(Z ; \mathbb{Z} / 2)$ in $G$ is not trivial. Thus $Z$ does not lift to the $G$-cover, a contradiction.

Hence $Z \cap S$ contains at least two distinct circle components $B_{1}, B_{2}$. There is a loop $\alpha=\beta \cdot \gamma \subset F$ which is the union of two arcs connecting $B_{1}$ and $B_{2}$ : one arc $\beta \subset Z$ and one arc $\gamma \subset S$. Since $\alpha$ has mod 2 algebraic intersection number 1 with the boundary component $B_{1}$ of $S$ it is a nonzero element of $G$. It follows that the lift $\widetilde{\beta} \subset Y$ of $\beta$ has endpoints in different components of $p^{-1}(S)$, since otherwise $\alpha$ would lift to a loop. But $\partial \widetilde{\beta} \subset \partial Y \subset \partial \widetilde{S}_{0}$ which is a contradiction. Thus $p(Y) \supset S$.
It follows that $Y$ contains some component $\tilde{S}_{1} \neq \widetilde{S}_{0}$ of $p^{-1}(S)$ in its interior. However the cover is regular so there is a covering transformation $\tau$ taking $\widetilde{S}_{0}$ to $\widetilde{S}_{1}$. Thus if $\widetilde{S}_{0}$ is not orientable then $Y$ is not orientable and if $\widetilde{S}_{0}$ contains a component of $\partial \widetilde{F}$ then so does $Y$.

Choose some Riemannian metric on $F$. This metric pulls back to one on $\widetilde{F}$ which is preserved by covering transformations. If $X$ is not connected, let $Y$ be a component of $X$ with smallest area.

As shown above, $Y$ contains an $\widetilde{S}_{1} \neq \widetilde{S}_{0}$ in its interior. The covering transformation $\tau$ taking $\widetilde{S}_{0}$ to $\widetilde{S}_{1}$ takes each component of $\widetilde{F} \backslash \widetilde{S}_{0}$ to a component of $\widetilde{F} \backslash \widetilde{S}_{1}$ with the same area. One of the components of $\widetilde{F} \backslash \widetilde{S}_{1}$ contains $\widetilde{S}_{0}$, so all the others must be strictly contained in $Y$, which contradicts that $Y$ has minimal area. Hence $X=Y$ is connected.
To show the injectivity of $i_{*}$, note the long exact homology sequence of the pair ( $\widetilde{F}, \tilde{S}_{0}$ ) yields

$$
0 \longrightarrow H_{2}(\tilde{F}) \xrightarrow{j_{*}} H_{2}\left(\tilde{F}, \tilde{S}_{0}\right) \xrightarrow{\delta} H_{1}\left(\tilde{S}_{0}\right) \xrightarrow{i_{*}} H_{1}(\tilde{F}),
$$

so that we have the following equivalences: $\operatorname{ker} i_{*}=0$ if and only if Image $\delta=0$ if and only if $j_{*}$ is an isomorphism. By excision $H_{2}\left(\widetilde{F}, \widetilde{S}_{0}\right) \cong H_{2}\left(X, X \cap \widetilde{S}_{0}\right) \cong$ $H_{2}\left(X, \partial X \cap \partial \widetilde{S}_{0}\right)$.

Suppose $\partial F \neq \phi$. Then $X \cap \partial \widetilde{F} \neq \phi$, since otherwise $\partial \widetilde{F} \subset \widetilde{S}_{0}$, but we have shown $\tau\left(\widetilde{S}_{0}\right) \subset X$, which is a contradiction. Now $X \cap \partial \widetilde{F} \neq \phi$ implies $H_{2}\left(X, \partial X \cap \partial \widetilde{S}_{0}\right)=0$, so that Image $\delta=0$ hence $\operatorname{ker} i_{*}=0$.
The remaining case is $\partial F=\phi$. Here $X \cap \tilde{S}_{0}=\partial \tilde{S}_{0}=\partial X$. If $\tilde{F}$ is orientable, then so is $X$, and it follows that $j_{*}$ is an isomorphism, hence $\operatorname{ker} i_{*}=0$.

If $\widetilde{F}$ is nonorientable, we claim $X$ must also be nonorientable; hence $H_{2}(X, \partial X)=0$ so that $0=\operatorname{Image} \delta=\operatorname{ker} i_{*}$.

Indeed, if $X$ is orientable then $\widetilde{F}$ is orientable. This is because $\tau\left(\tilde{S}_{0}\right) \subset X$ so $\tau\left(\tilde{S}_{0}\right)$ orientable. This is a lift of $S$ so $S$ is orientable. Thus the homomorphism $\pi_{1}(F) \rightarrow \mathbb{Z}_{2}$ that sends a loop to 0 if and only if it is orientation preserving vanishes on $\pi_{1}(S)$ and so factors through $G$. It follows that every orientation reversing loop in $F$ has nonzero image in $G$ so $\widetilde{F}$ is orientable.
It remains to show $|\partial \widetilde{F}|$ is even. The action of $G$ on $\widetilde{F}$ is free. Since $\mathbb{Z}_{2}^{2}$ does not act freely on $S^{1}$ it follows that if $|\partial \widetilde{F}|$ is odd then $G \cong \mathbb{Z}_{2}$ and is generated by some component $C$ of $\partial F$. Let $Z$ be the component of $\operatorname{cl}(F \backslash S)$ that contains $C$. By excision $\mathbb{Z}_{2} \cong G \cong H_{1}(Z, Z \cap S)$. Since $Z$ is not a disc or an annulus with $C$ one of the boundary components the only other possibility is that $Z=\operatorname{cl}(F \backslash S)$ is a pair of pants with only one boundary component in $S$. But then $|\partial F|$ is even hence so is $|\partial \widetilde{F}|$.

The following is easily deduced from the proof of Theorem 1.3 and will be used in the next two sections of the paper.

Remark 1.4 If $F$ is a surface and $S \subset F$ is a subsurface and $X=\operatorname{cl}(F \backslash S)$ is connected and $X \cap \partial F \neq \phi$ then $i_{*}: H_{1}(S) \rightarrow H_{1}(F)$ is injective.

## 2 Cross-joining covers

Suppose $F$ is a surface and $\alpha_{1}$ and $\alpha_{2}$ are disjoint arcs properly embedded in $F$. Let $N\left(\alpha_{i}\right) \equiv \alpha_{i} \times[-1,1]$ be disjoint regular neighborhoods of the arcs $\alpha_{i}$ in $F$ such that $\alpha_{i} \equiv \alpha_{i} \times 0$ and $N\left(\alpha_{i}\right) \cap \partial F=\left(\partial \alpha_{i}\right) \times[-1,1]$. The sets $\alpha_{i} \times(0, \pm 1] \subset F$ are called the $\pm$ sides of $\alpha_{i}$.

Given a homeomorphism $h: N\left(\alpha_{1}\right) \rightarrow N\left(\alpha_{2}\right)$ taking the + side of $\alpha_{1}$ to the + side of $\alpha_{2}$, the cross-join of $F$ along $\left(\alpha_{1}, \alpha_{2}\right)$ is the surface $K$ defined as follows. The surface $F^{-}=F \backslash\left(\alpha_{1} \cup \alpha_{2}\right)$ contains four subsurfaces $\alpha_{i} \times(0, \pm 1]$. Let $F^{\text {cut }}$ be the surface obtained by completing these subsurfaces to $\alpha_{i} \times[0, \pm 1]$. Thus $F^{\text {cut }}$ has two copies $\alpha_{i}^{+}, \alpha_{i}^{-}$of $\alpha_{i}$ in $\partial F^{\text {cut }}$ and identifying these copies suitably produces $F$. The surface $K$ is the quotient of $F^{\text {cut }}$ obtained by using $h$ to identify $\alpha_{1}^{-}$to $\alpha_{2}^{+}$and $\alpha_{1}^{+}$ to $\alpha_{2}^{-}$. Note that here we do not require $F$ to be connected, so that $\alpha$ and $\beta$ might be in different components of $F$.

There are two special cases of cross-join which will be used to change the number of boundary components of a surface:

Lemma 2.1 Suppose the compact surface $F$ contains two disjoint properly embedded $\operatorname{arcs} \alpha$ and $\beta$. In addition suppose that
(1) either $F$ is connected and the endpoints of $\alpha, \beta$ lie on four distinct components of $\partial F$,
(2) or $F$ is the union of two connected components $A$ and $B$ and $\alpha \subset A$ has both endpoints on the same boundary component and $\beta \subset B$ has endpoints on distinct boundary components.

Then a surface $K$ obtained by cross-joining along these arcs has $|\partial K|=|\partial F|-2$. Furthermore $\chi(K)=\chi(F)$ and $K$ is connected.

Proof We verify that $K$ is connected. In the first case this follows since the arcs do not disconnect the boundary components on which they have endpoints; therefore $F \backslash(\alpha \cup \beta)$ is connected. In the second case it follows because $B \backslash \beta$ is connected, and every point in $K$ is connected to a point in this subset by an arc.

Suppose $p: \widetilde{F} \rightarrow F$ is a (possibly not connected) covering of surfaces and $\alpha$ is an arc properly embedded in $F$. Suppose $\widetilde{\alpha}_{1}$ and $\widetilde{\alpha}_{2}$ are two distinct lifts of $\alpha$ to $\widetilde{F}$; then they are disjoint. The map $p$ provides a homeomorphism between small regular neighborhoods of these two arcs. Using this to cross-join produces a surface $\widetilde{F}^{\prime}$ and since the identifications are compatible with $p$ there is a covering map $p^{\prime}: \widetilde{F}^{\prime} \rightarrow F$.

An important special case is when $\tilde{F}$ is a $(d+1)$-fold cover which is the disjoint union of a 1-fold cover $F_{1} \rightarrow F$ and some connected $d$-fold cover $F_{d} \rightarrow F$. Then cross-joining an arc in $F_{1}$ with one in $F_{d}$ produces a connected cover of degree $d+1$. To produce a new cover $F^{\prime}$ of $F$ by a cross-join along two arcs in some cover $\tilde{F}$ requires the arcs to be disjoint from each other. If $S$ is embedded in $\widetilde{F}$ and these arcs
are also disjoint from $S$, then $S$ lifts to an embedding in $F^{\prime}$, so the cover $F^{\prime}$ is good. We call the combination of these two properties the disjointness condition.

There is a metric condition, involving some arbitrary choice of Riemannian metric on $F$, that ensures the disjointness condition is satisfied and therefore that the new cover is good. The next lemma provides a uniform upper bound on the lengths of the arcs we will use to cross-join in any cover of $F$.

Lemma 2.2 (Short arcs) Suppose $F$ is a compact, connected surface with a Riemannian metric such that the diameter of $F$ is $\ell$. If $\widetilde{F}$ is a finite connected cover of $F$ then:
(1) If $A$ and $B$ are distinct components of $\partial F$ then there is an arc $\alpha$ in $F$ connecting them and length $(\alpha) \leq \ell$.
(2) If some component $A$ of $\partial F$ has (at least) two preimages in $\partial \widetilde{F}$ then there is an embedded arc $\alpha$ in $F$ of length at most $2 \ell$ which lifts to an arc with endpoints on distinct preimages of $A$.

Proof The first claim is obvious. For the second claim, since every point in $\widetilde{F}$ is within a distance at most $\ell$ of some point in $p^{-1}(A)$ and $\widetilde{F}$ is connected, some point in $\widetilde{F}$ is within a distance at most $\ell$ of points in two distinct components of $p^{-1}(A)$. This gives an arc $\beta$ in $\widetilde{F}$ of length at most $2 \ell$ which connects two distinct components of $p^{-1}(A)$.
Let $\gamma:[0,2 R] \rightarrow \widetilde{F}$ be a shortest arc connecting two distinct components of $p^{-1}(A)$ and parametrized by arc length. Then $R \leq \ell$. To complete the proof we show that $\gamma$ projects to an embedded arc in $F$. Observe that

$$
d_{\widetilde{F}}\left(\gamma(t), p^{-1}(A)\right)=\min (t, 2 R-t)
$$

otherwise there is a shorter arc connecting two distinct components of $p^{-1}(A)$. It follows that

$$
d_{F}(p(\gamma(t)), A)=\min (t, 2 R-t)
$$

This means that the distance in $F$ of a point on $p \circ \gamma$ from $A$ is given by arc length along $p \circ \gamma$. It follows that $\alpha=p \circ \gamma$ is the required embedded arc.

An arc of length at most $2 \ell$ is called short. The next lemma provides a conservative cyclic cover with large diameter of a surface $F$. If a short arc in $F$ connects two distinct boundary components, then so does every covering translate of it. If $S$ lifts to the cover then there are many different translates of the short arc that are far from each other and far from the lift of $S$. In particular the disjointness condition is satisfied by suitable translates of a lifted short arc in this cover.

Lemma 2.3 (Big covers) Suppose $F$ is a compact connected surface with $k \geq 2$ boundary components and which contains a compact, connected, incompressible subsurface $S \subset$ interior $(F)$ with $F \backslash S$ connected. Given $n>0$ there is a conservative finite cyclic cover $\widetilde{F} \rightarrow F$ of degree bigger than $n$ and a lift, $\widetilde{S}$, of $S$ to $\widetilde{F}$. Furthermore $\widetilde{F} \backslash \widetilde{S}$ is connected and the map $i_{*}: H_{1}(\widetilde{S}) \rightarrow H_{1}(\widetilde{F})$ induced by inclusion is injective.

Proof Let $Y$ be the surface obtained from $F \backslash \operatorname{interior}(S)$ by gluing a disc onto each component of $\partial S$. Then $Y$ is a connected surface with $k$ boundary components and there is a natural isomorphism of $H_{1}(F) / H_{1}(S)$ onto $H_{1}(Y)$. Choose a prime $p>\max (k, n)$. Because $Y$ is connected, there is an epimorphism from $H_{1}(Y)$ onto $\mathbb{Z} / p$ which sends one component of $\partial Y$ to $k-1$ and all the other $(k-1)$ components of $\partial Y$ to -1 . Now $(k-1)$ is coprime to $p$ because $2 \leq k<p$. Therefore this defines a conservative cyclic $p$-fold cover $\tilde{Y}$ of $Y$. It also determines a conservative cyclic $p$-fold cover $\widetilde{F}$ of $F$ such that $S$ lifts to $\widetilde{S}$. Since $\tilde{Y}$ is connected, it follows that $X=\widetilde{F} \backslash \widetilde{S}$ is connected. Also $X \cap \partial \widetilde{F}=\partial \widetilde{F}$ is not empty. Hence $i_{*}$ is injective by Remark 1.4.

## 3 Proof of main theorem

In this section all covers are of finite degree. Given a cover $p: \widetilde{F} \rightarrow F$, the excess number of boundary components $E(p)$ for this cover is defined as $E(p)=|\partial \widetilde{F}|-|\partial F|$. By Addendum 1.2 there is a very good cover $p: \widetilde{F} \rightarrow F$ with $|\partial \widetilde{F}|$ even. If $E(p)=0$ the theorem is proved; otherwise we construct another very good cover with smaller excess, and repeating this process a finite number of times yields a very good cover with zero excess.

These constructions use various very good covers of $F$. We will choose a lift of $S$ to each cover and identify this lift with $S$ and refer to the lift as $S$. This should not cause confusion.

We will also use the big cover Lemma 2.3 to replace a very good cover $\tilde{F} \rightarrow F$ by another very good cover $F^{\prime} \rightarrow F$ with the same excess and very large diameter. This process is called taking a big cover. We will rename $F^{\prime}$ as $\widetilde{F}$.

Given $\widetilde{F}$ very good, we will use (except in one case) one of the two cross-joins described in Lemma 2.1 to produce a new connected very good cover $F^{\prime}$ of $F$ with smaller excess. We first take a big cover so that there are lifts of a short arc that are far apart and disjoint from $S$ in $\widetilde{F}$. Then we change $\widetilde{F}$ with a cross-join to produce a good connected cover $F^{\prime}$, which has smaller excess by Lemma 2.1.

To verify $F^{\prime}$ is very good we check below that $F^{\prime} \backslash S$ is connected, then by Remark 1.4 this implies incl $f: H_{1}(S) \rightarrow H_{1}\left(F^{\prime}\right)$ is injective, so $F^{\prime}$ is very good.
First observe that the cyclic cover produced by Lemma 2.3 leaves $\widetilde{F} \backslash S$ connected. Since the cross-join arcs are disjoint from $S$ they also determine a cross-join of $\widetilde{F} \backslash S$. This cross-joined subsurface is $F^{\prime} \backslash S$ which is connected by Lemma 2.1 as required.

Case when $|\partial F|=1 \quad$ By Lemma 2.2 there is a properly embedded, short arc, $\alpha$, in $\underset{\sim}{F}$ which is covered by an arc $\beta$ with endpoints on two distinct boundary circles of $\partial \widetilde{F}$. After taking a big cover we may assume the diameter of $\widetilde{F}$ is much larger than the length of $\alpha$ and the diameter of $S$; thus $\beta$ can be chosen to be disjoint from $S$ in $\widetilde{F}$. Cross-join ( $\widetilde{F}, \beta$ ) with $(F, \alpha)$ to obtain a cover $F^{\prime}$ with one fewer boundary circle than $\widetilde{F}$. There is a lift of $S$ to $F^{\prime}$ and $F^{\prime} \backslash S$ is connected. Repeat the process until we obtain a cover with only one boundary component. This completes the proof when $|\partial F|=1$.

Case when $|\partial F| \geq 2$ First we show how to make $E(p)$ even by performing a crossjoin if needed. This first step will increase the number of boundary components.
Suppose $E(p)$ is odd. By Addendum $1.2|\partial \widetilde{F}|$ is even, so $|\partial F|$ is odd. We can make $E(p)$ even by cross-joining ( $\widetilde{F}, \widetilde{\alpha})$ and $(F, \alpha)$ to obtain a cover $p^{\prime}: F^{\prime} \rightarrow F$. To perform the cross-join, choose a short embedded arc $\alpha \subset F$ with endpoints on two distinct circles $C, C^{\prime}$ of $\partial F$ and a lift $\widetilde{\alpha} \subset \widetilde{F}$, with endpoints on two preimages $\widetilde{C}$, $\widetilde{C}^{\prime}$. After taking a big cover we can assume that $\widetilde{\alpha}$ is disjoint from $S$ in $\widetilde{F}$. Then $F^{\prime}$ is the cross-join of $(F, \alpha)$ and $(\widetilde{F}, \widetilde{\alpha})$. The surface $S$ lifts to $F^{\prime}$ and $F^{\prime} \backslash S$ is connected by Lemma 2.1.

Here is the outline of the rest of the proof. If $E(p) \neq 0$ then it is even. We proceed as follows using suitable cross-joins to construct new coverings. If there are two different components $C, C^{\prime} \subset \partial F$ which both have more than one preimage in $\partial \widetilde{F}$ then we find a short arc $\alpha$ in $F$ connecting $C$ and $C^{\prime}$ and cross-join $\widetilde{F}$ to itself along two suitable lifts of $\alpha$ in $\widetilde{F}$. This reduces the excess by 2 . After finitely many steps we obtain a cover so that at most one component $C \subset \partial F$ has more than one preimage. A single cyclic cross-join (defined below) is done simultaneously to reduce the excess to zero. Here are the details.

Suppose $A$ and $B$ are distinct circles in $\partial F$ which both have (at least) two distinct preimages $\widetilde{A}_{i}, \widetilde{B}_{i}$ for $i=1,2$ in $\partial \widetilde{F}$. Choose a short $\operatorname{arc} \gamma$ in $F$ with endpoints on $A$ and $B$. Let $\alpha_{i}$ be a lift of $\gamma$ with one endpoint on $\widetilde{A}_{i}$ and $\beta_{i}$ a lift with an endpoint on $\widetilde{B}_{i}$. Inductively we assume that $\widetilde{F} \backslash S$ is connected. After taking a big cover we may assume that these arcs are all far apart and far from $S$. Thus there is a cover, obtained
by cross-joining along any pair of distinct arcs chosen from this set of four, and $S$ lifts to this cover.

We claim that there is a pair of these arcs which have endpoints on four distinct boundary components of $\widetilde{F}$. It follows from Lemma 2.1 that cross-joining along this pair reduces the excess by 2 and $S$ lifts to the cover $F^{\prime}$ so produced. Furthermore, since $\widetilde{F} \backslash S$ is connected it follows that $F^{\prime} \backslash S$ is connected by Lemma 2.1.

If $\alpha_{1}$ and $\alpha_{2}$ do not both have endpoints on the same lift $\widetilde{B}$ of $B$ the pair $\left(\alpha_{1}, \alpha_{2}\right)$ works. Similarly if $\beta_{1}$ and $\beta_{2}$ do not both have endpoints on the same lift $\tilde{A}$ of $A$ the pair $\left(\beta_{1}, \beta_{2}\right)$ works. The remaining case is (after relabeling) $\alpha_{1}$ and $\alpha_{2}$ both have endpoints on a component $\widetilde{\sim} \neq \widetilde{B}_{2}$ which covers $B$ and $\beta_{1}, \beta_{2}$ both have endpoints on some component $\widetilde{A} \neq \widetilde{A}_{2}$ which covers $A$. Then $\alpha_{2}$ connects $A_{2}$ to $\widetilde{B} \neq \widetilde{B}_{2}$ and $\beta_{2}$ connects $B_{2}$ to $\tilde{A} \neq \tilde{A}_{2}$. Thus the pair $\left(\alpha_{2}, \beta_{2}\right)$ works.

Repeating this process a finite number of times reduces the excess by an even number until either $|\partial \widetilde{F}|=|\partial F|$ or else there is a unique component $C$ of $\partial F$ with more than one preimage. In the latter case the excess is even so there is an odd number of preimages $p^{-1}(C)=\left\{C_{0}, \ldots, C_{2 k}\right\}$.


Figure 1: Cyclic cross-joining, $2 k+1=5$ illustrated
Refer to Figure 1. Choose a component $A$ of $\partial \widetilde{F}$ that does not cover $C$. This is possible because $|\partial F| \geq 2$. Let $\beta$ be a short arc in $F$ with endpoints on $p(A)$ and $C$. For each $i$ there is a lift $\beta_{i}$ of $\beta$ with one endpoint on $C_{i}$ and the other on $A$. After
taking a big cover we may assume all these lifts are far apart and far from $S$. Orient each arc $\beta_{i}$ so it points from $A$ to $C_{i}$ and call the left side + and the right side - . Now cross-join cyclically as follows. Cut $\widetilde{F}$ along the union of these arcs and join the - side of $\beta_{i}$ to the + side of $\beta_{i+1}$, with all integer subscripts taken mod $2 k+1$.

The resulting cover has a single preimage of $C$. Indeed, each $C_{i}$ has been cut at one point to give an interval $D_{i}=\left[t_{i}^{+}, t_{i}^{-}\right]$where the label $i$ denotes an endpoint of $\beta_{i}$ and $t_{i}^{ \pm}$is on the $\pm$side of $\beta_{i}$. These intervals are then glued by identifying $t_{i}^{-}$in $D_{i}$ to $t_{i+1}^{+}$in $D_{i+1}$. The result is obviously connected; it is a single circle.

To analyse the preimage of $p(A)$ the circle $A$ was cut at $2 k+1$ points to produce $2 k+1$ subarcs $E_{i}=\left[u_{i}^{+}, u_{i+1}^{-}\right]$where $u_{i}^{ \pm}$is on the $\pm$side of $\beta_{i}$. Then $E_{i}$ is glued to $E_{i+2}$ by identifying $u_{i+1}^{-}$with $u_{i+2}^{+}$(see figure 1 ). Since there are $2 k+1$ intervals and the $i$-th one is glued to the $(i+2)$-th one the result is connected because 2 is coprime to $2 k+1$. This gives the required conservative cover completing the proof of the main theorem.

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