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# GLOBAL EXISTENCE OF SMOOTH SOLUTIONS OF A 3D LOG-LOG ENERGY-SUPERCRITICAL WAVE EQUATION 

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We prove global existence of smooth solutions of the 3D log-log energy-supercritical wave equation

$$
\partial_{t t} u-\Delta u=-u^{5} \log ^{c}\left(\log \left(10+u^{2}\right)\right)
$$

with $0<c<8 / 225$ and smooth initial data $\left(u(0)=u_{0}, \partial_{t} u(0)=u_{1}\right)$. First we control the $L_{t}^{4} L_{x}^{12}$ norm of the solution on an arbitrary size time interval by an expression depending on the energy and an a priori upper bound of its $L_{t}^{\infty} \tilde{H}^{2}\left(\mathbb{R}^{3}\right)$ norm, with $\tilde{H}^{2}\left(\mathbb{R}^{3}\right):=\dot{H}^{2}\left(\mathbb{R}^{3}\right) \cap \dot{H}^{1}\left(\mathbb{R}^{3}\right)$. The proof of this long time estimate relies upon the use of some potential decay estimates and a modification of an argument by Tao. Then we find an a posteriori upper bound of the $L_{t}^{\infty} \tilde{H}^{2}\left(\mathbb{R}^{3}\right)$ norm of the solution by combining the long time estimate with an induction on time of the Strichartz estimates.

## 1. Introduction

We shall consider the defocusing log-log energy-supercritical wave equation

$$
\begin{equation*}
\partial_{t t} u-\Delta u=-f(u) \tag{1-1}
\end{equation*}
$$

where $u: \mathbb{R} \times \mathbb{R}^{3} \rightarrow \mathbb{R}$ is a real-valued scalar field and $f(u):=u^{5} g(u)$ with $g(u):=\log ^{c}\left(\log \left(10+u^{2}\right)\right)$, $0<c<8 / 225$. Classical solutions of (1-1) are solutions that are infinitely differentiable and compactly supported in space for each fixed time $t$. It is not difficult to see that classical solutions of (1-1) satisfy the energy conservation law

$$
\begin{equation*}
E:=\frac{1}{2} \int_{\mathbb{R}^{3}}\left(\partial_{t} u(t, x)\right)^{2} d x+\frac{1}{2} \int_{\mathbb{R}^{3}}|\nabla u(t, x)|^{2} d x+\int_{\mathbb{R}^{3}} F(u(t, x)) d x \tag{1-2}
\end{equation*}
$$

where $F(u):=\int_{0}^{u} f(v) d v$. Classical solutions of (1-1) enjoy three symmetry properties that we use throughout this paper:

- time translation invariance: if $u$ is a solution of (1-1) and $t_{0}$ is a fixed time then $\tilde{u}(t, x):=u\left(t-t_{0}, x\right)$ is also a solution of (1-1);
- space translation invariance: if $u$ is a solution of (1-1) and $x_{0}$ is a fixed point lying in $\mathbb{R}^{3}$ then $\tilde{u}(t, x):=u\left(t, x-x_{0}\right)$ is also a solution of (1-1);
- time reversal invariance: if $u$ is a solution to (1-1) then $\tilde{u}(t, x):=u(-t, x)$ is also a solution.

[^0]The defocusing log-log energy-supercritical wave equation (1-1) is closely related to the power-type defocusing wave equations, namely,

$$
\begin{equation*}
\partial_{t t} u-\Delta u=-|u|^{p-1} u \tag{1-3}
\end{equation*}
$$

Solutions of (1-3) have an invariant scaling

$$
\begin{equation*}
u(t, x) \rightarrow u^{\lambda}(t, x):=\frac{1}{\lambda^{2 /(p-1)}} u\left(\frac{t}{\lambda}, \frac{x}{\lambda}\right) \tag{1-4}
\end{equation*}
$$

and (1-3) is $s_{c}$-critical, where $s_{c}:=\frac{3}{2}-\frac{2}{p-1}$. Thus the $\dot{H}^{s_{c}}\left(\mathbb{R}^{3}\right) \times \dot{H}^{s_{c}-1}\left(\mathbb{R}^{3}\right)$ norm of $\left(u(0), \partial_{t} u(0)\right)$ is invariant under scaling, i.e.,

$$
\begin{aligned}
\left\|u^{\lambda}(0)\right\|_{\dot{H}^{s c}\left(\mathbb{R}^{3}\right)} & =\|u(0)\|_{\dot{H}^{s c}\left(\mathbb{R}^{3}\right)}, \\
\left\|\partial_{t} u^{\lambda}(0)\right\|_{\dot{H}^{s^{c-1}}\left(\mathbb{R}^{3}\right)} & =\left\|\partial_{t} u(0)\right\|_{\dot{H}^{s^{c}-1}\left(\mathbb{R}^{3}\right)}
\end{aligned}
$$

If $p=5$, then $s_{c}=1$ and this is why the quintic defocusing cubic wave equation

$$
\begin{equation*}
\partial_{t t} u-\Delta u=-u^{5} \tag{1-5}
\end{equation*}
$$

is called the energy-critical equation. If $1<p<5$ then $s_{c}<1$ and (1-3) is energy-subcritical while if $p>5$ then $s_{c}>1$ and (1-3) is energy-supercritical. Notice that for every $p>5$ there exists two positive constant $\lambda_{1}(p), \lambda_{2}(p)$ such that

$$
\begin{equation*}
\lambda_{1}(p)|u|^{5} \leq|f(u)| \leq \lambda_{2}(p) \max \left(1,|u|^{p}\right) . \tag{1-6}
\end{equation*}
$$

This is why (1-1) is said to belong to the group of barely supercritical equations. There is another way to see that. Notice that a simple integration by part shows that

$$
\begin{equation*}
F(u) \sim \frac{u^{6}}{6} g(u), \tag{1-7}
\end{equation*}
$$

and consequently the nonlinear potential term of the energy $\int_{\mathbb{R}^{3}} F(u) d x \sim \int_{\mathbb{R}^{3}} u^{6} g(u) d x$ just barely fails to be controlled by the linear component, in contrast to (1-5).

The energy-critical wave equation (1-5) has received a great deal of attention. Grillakis [1990; 1992] established global existence of smooth solutions (global regularity) of this equation with smooth initial data $u(0)=u_{0}, \partial_{t} u(0)=u_{1}$. His work followed that of Rauch [1981, part I] for small data and that of Struwe [1988] on the spherically symmetric case. Later Shatah and Struwe [1993] gave a simplified proof of this result. Kapitanski [1994] and, independently, Shatah and Struwe [1994] proved global existence of solutions with data $\left(u_{0}, u_{1}\right)$ in the energy class.

We are interested in proving global regularity of (1-1) with smooth initial data $\left(u_{0}, u_{1}\right)$. By standard persistence of regularity results it suffices to prove global existence of solutions

$$
u \in \mathscr{C}\left([0, T], \tilde{H}^{2}\left(\mathbb{R}^{3}\right)\right) \cap \mathscr{C}^{1}\left([0, T], H^{1}\left(\mathbb{R}^{3}\right)\right)
$$

with data $\left(u_{0}, u_{1}\right) \in \tilde{H}^{2}\left(\mathbb{R}^{3}\right) \times H^{1}\left(\mathbb{R}^{3}\right)$. Here the following space

$$
\begin{equation*}
\tilde{H}^{2}\left(\mathbb{R}^{3}\right):=\dot{H}^{2}\left(\mathbb{R}^{3}\right) \cap \dot{H}^{1}\left(\mathbb{R}^{3}\right) . \tag{1-8}
\end{equation*}
$$

In view of the local well-posedness theory [Lindblad and Sogge 1995], standard limit arguments and the finite speed of propagation it suffices to find an a priori upper bound of the form

$$
\begin{equation*}
\left\|\left(u(T), \partial_{t} u(T)\right)\right\|_{\tilde{H}^{2}\left(\mathbb{R}^{3}\right) \times H^{1}\left(\mathbb{R}^{3}\right)} \leq C_{1}\left(\left\|u_{0}\right\|_{\tilde{H}^{2}\left(\mathbb{R}^{3}\right)},\left\|u_{1}\right\|_{H^{1}\left(\mathbb{R}^{3}\right)}, T\right) \tag{1-9}
\end{equation*}
$$

for all times $T>0$ and for classical solutions $u$ of (1-1) with smooth and compactly supported data $\left(u_{0}, u_{1}\right)$. Here $C_{1}$ is a constant depending only on $\left\|u_{0}\right\|_{\tilde{H}^{2}\left(\mathbb{R}^{3}\right)},\left\|u_{1}\right\|_{H^{1}\left(\mathbb{R}^{3}\right)}$ and the time $T$.

The global behavior of the solutions of the supercritical wave equations is poorly understood, mostly because of the lack of conservation laws in $\tilde{H}^{2}\left(\mathbb{R}^{3}\right)$. Nevertheless Tao [2007] was able to prove global regularity for another barely supercritical equation, namely

$$
\begin{equation*}
\partial_{t t} u-\Delta u=-u^{5} \log \left(2+u^{2}\right), \tag{1-10}
\end{equation*}
$$

with radial data. The main result of this paper is:
Theorem 1. The solution of (1-1) with smooth data $\left(u_{0}, u_{1}\right)$ exists for all time. Moreover there exists a nonnegative constant $M_{0}=M_{0}\left(\left\|u_{0}\right\|_{\tilde{H}^{2}\left(\mathbb{R}^{3}\right)},\left\|u_{1}\right\|_{H^{1}\left(\mathbb{R}^{3}\right)}\right)$ depending only on $\left\|u_{0}\right\|_{\tilde{H}^{2}\left(\mathbb{R}^{3}\right)}$ and $\left\|u_{1}\right\|_{H^{1}\left(\mathbb{R}^{3}\right)}$ such that

$$
\begin{equation*}
\|u\|_{L_{t}^{\infty} \tilde{H}^{2}\left(\mathbb{R} \times \mathbb{R}^{3}\right)}+\left\|\partial_{t} u\right\|_{L_{t}^{\infty} H^{1}\left(\mathbb{R} \times \mathbb{R}^{3}\right)} \leq M_{0} . \tag{1-11}
\end{equation*}
$$

We recall some basic properties and estimates. Let $Q$ be a function, let $J$ be an interval and let $t_{0} \in J$ be a fixed time. If $u$ is a classical solution of the more general problem $\partial_{t t} u-\Delta u=Q$ then $u$ satisfies the Duhamel formula

$$
\begin{equation*}
u(t)=u_{l, t_{0}}(t)+u_{n l, t_{0}}(t), \quad t \in J \tag{1-12}
\end{equation*}
$$

with $u_{l, t_{0}}, u_{n l, t_{0}}$ denoting the linear part and the nonlinear part respectively of the solution starting from $t_{0}$. Recall that

$$
\begin{equation*}
u_{l, t_{0}}(t)=\cos \left(t-t_{0}\right) D u\left(t_{0}\right)+\frac{\sin \left(t-t_{0}\right) D}{D} \partial_{t} u\left(t_{0}\right) \tag{1-13}
\end{equation*}
$$

and

$$
\begin{equation*}
u_{n l, t_{0}}(t)=-\int_{t_{0}}^{t} \frac{\sin \left(t-t^{\prime}\right) D}{D} Q\left(t^{\prime}\right) d t^{\prime} \tag{1-14}
\end{equation*}
$$

with $D$ the multiplier defined by $\widehat{D f}(\xi):=|\xi| \widehat{f}(\xi)$. An explicit formula for $\left(\left(\sin \left(t-t^{\prime}\right) D\right) / D\right) Q\left(t^{\prime}\right)$ and $t \neq t^{\prime}$ is

$$
\begin{equation*}
\left[\frac{\sin \left(t-t^{\prime}\right) D}{D} Q\left(t^{\prime}\right)\right](x)=\frac{1}{4 \pi\left|t-t^{\prime}\right|} \int_{\left|x-x^{\prime}\right|=\left|t-t^{\prime}\right|} Q\left(t^{\prime}, x^{\prime}\right) d S\left(x^{\prime}\right) \tag{1-15}
\end{equation*}
$$

For a proof see [Sogge 1995]. We recall that $u_{l, t_{0}}$ satisfies

$$
\partial_{t t} u_{l, t_{0}}-\Delta u_{l, t_{0}}=0, \quad u_{l, t_{0}}\left(t_{0}\right)=u\left(t_{0}\right), \quad \partial_{t} u_{l, t_{0}}\left(t_{0}\right)=\partial_{t} u\left(t_{0}\right)
$$

while $u_{n l, t_{0}}$ is the solution of

$$
\partial_{t t} u_{n l, t_{0}}-\Delta u_{n l, t_{0}}=Q, \quad u_{n l, t_{0}}\left(t_{0}\right)=0, \quad \partial_{t} u_{n l, t_{0}}\left(t_{0}\right)=0
$$

We recall the Strichartz estimate [Ginibre and Velo 1995; Keel and Tao 1998; Lindblad and Sogge 1995; Sogge 1995]

$$
\begin{equation*}
\|u\|_{L_{t}^{q} L_{x}^{r}\left(J \times \mathbb{R}^{3}\right)} \lesssim\left\|\partial_{t} u\left(t_{0}\right)\right\|_{L_{x}^{2}\left(\mathbb{R}^{3}\right)}+\left\|\nabla u\left(t_{0}\right)\right\|_{L_{x}^{2}\left(\mathbb{R}^{3}\right)}+\|Q\|_{L_{t}^{1} L_{x}^{2}\left(J \times \mathbb{R}^{3}\right)} \tag{1-16}
\end{equation*}
$$

if $(q, r)$ is wave admissible, that is, $(q, r) \in(2, \infty] \times[2, \infty]$ and $1 / q+3 / r=1 / 2$.
We set some notation that appears throughout the paper. We write $C=C\left(a_{1}, \ldots, a_{n}\right)$ if $C$ only depends on the parameters $a_{1}, \ldots, a_{n}$. We write $A \lesssim B$ if there exists a universal nonnegative constant $C^{\prime}>0$ such that $A \leq C^{\prime} B . A=O(B)$ means $A \lesssim B$. More generally we write $A \lesssim a_{1}, \ldots, a_{n} B$ if there exists a nonnegative constant $C^{\prime}=C\left(a_{1}, \ldots, a_{n}\right)$ such that $A \leq C^{\prime} B$. We say that $C^{\prime \prime}$ is the constant determined by $\lesssim$ in $A \lesssim a_{1}, \ldots, a_{n} B$ if $C^{\prime \prime}$ is the smallest constant among the $C^{\prime}$ s such that $A \leq C^{\prime} B$. We write $A \ll a_{1}, \ldots, a_{n} B$ if there exists a universal nonnegative small constant $c=c\left(a_{1}, \ldots, a_{n}\right)$ such that $A \leq c B$. Similar notions are defined for $A \gtrsim B, A \gtrsim a_{1}, \ldots, a_{n} B$ and $A \gg B$. In particular we say that $C^{\prime \prime}$ is the constant determined by $\gtrsim$ in $A \gtrsim B$ if $C^{\prime \prime}$ is the largest constant among the $C^{\prime}$ s such that $A \geq C^{\prime} B$. If $x$ is number then $x+$ and $x$ - are slight variations of $x: x+:=x+\alpha \epsilon$ and $x-:=x-\beta \epsilon$ for some $\alpha>0, \beta>0$ and $0<\epsilon \ll 1$.

Let $\Gamma_{+}$denote the forward light cone

$$
\begin{equation*}
\Gamma_{+}=\{(t, x): t>|x|\} \tag{1-17}
\end{equation*}
$$

and if $J=[a, b]$ is an interval, let $\Gamma_{+}(J)$ denote the light cone truncated to $J$, that is,

$$
\begin{equation*}
\Gamma_{+}(J):=\Gamma_{+} \cap\left(J \times \mathbb{R}^{3}\right) \tag{1-18}
\end{equation*}
$$

Let $e(t)$ denote the local energy, that is,

$$
\begin{equation*}
e(t):=\frac{1}{2} \int_{|x| \leq t}\left(\partial_{t} u(t, x)\right)^{2} d x+\frac{1}{2} \int_{|x| \leq t}|\nabla u(t, x)|^{2} d x+\int_{|x| \leq t} F(u(t, x)) d x \tag{1-19}
\end{equation*}
$$

If $u$ is a solution of (1-1) then by using the finite speed of propagation and the Strichartz estimates we have

$$
\begin{equation*}
\|u\|_{L_{t}^{q} L_{x}^{r}\left(\Gamma_{+}(J)\right)} \lesssim\|\nabla u(b)\|_{L_{x}^{2}\left(\mathbb{R}^{3}\right)}+\left\|\partial_{t} u(b)\right\|_{L_{x}^{2}\left(\mathbb{R}^{3}\right)}+\|Q\|_{L_{t}^{1} L_{x}^{2}\left(\Gamma_{+}(J)\right)} \tag{1-20}
\end{equation*}
$$

if $(q, r)$ is wave admissible. If $J_{1}:=\left[a_{1}, a_{2}\right]$ and $J_{2}:=\left[a_{2}, a_{3}\right]$ then we also have

$$
\begin{equation*}
\|u\|_{L_{t}^{q} L_{x}^{r}\left(\Gamma_{+}\left(J_{1}\right)\right)} \lesssim\left\|\nabla u\left(a_{3}\right)\right\|_{L_{x}^{2}\left(\mathbb{R}^{3}\right)}+\left\|\partial_{t} u\left(a_{3}\right)\right\|_{L_{x}^{2}\left(\mathbb{R}^{3}\right)}+\|Q\|_{L_{t}^{1} L_{x}^{2}\left(\Gamma_{+}\left(J_{1} \cup J_{2}\right)\right)} \tag{1-21}
\end{equation*}
$$

We recall also the well-known Sobolev embeddings. If $h$ is a smooth function then

$$
\begin{equation*}
\|h\|_{L^{\infty}\left(\mathbb{R}^{3}\right)} \lesssim\|h\|_{\tilde{H}^{2}\left(\mathbb{R}^{3}\right)} \tag{1-22}
\end{equation*}
$$

and

$$
\begin{equation*}
\|h\|_{L^{6}\left(\mathbb{R}^{3}\right)} \lesssim\|\nabla h\|_{L^{2}\left(\mathbb{R}^{3}\right)} \tag{1-23}
\end{equation*}
$$

If $u$ is the solution of (1-1) with data $\left(u_{0}, u_{1}\right) \in \tilde{H}^{2}\left(\mathbb{R}^{3}\right) \times H^{1}\left(\mathbb{R}^{3}\right)$, then we get from (1-22)

$$
\begin{equation*}
E \lesssim\left\|u_{0}\right\|_{\tilde{H}^{2}\left(\mathbb{R}^{3}\right)}^{2} \max \left(1,\left\|u_{0}\right\|_{\tilde{H}^{2}\left(\mathbb{R}^{3}\right)}^{4} g\left(\left\|u_{0}\right\|_{\tilde{H}^{2}\left(\mathbb{R}^{3}\right)}\right)\right) \tag{1-24}
\end{equation*}
$$

We shall use the Paley-Littlewood technology. Let $\phi(\xi)$ be a bump function adapted to $\left\{\xi \in \mathbb{R}^{3}:|\xi| \leq 2\right\}$ and equal to one on $\left\{\xi \in \mathbb{R}^{3}:|\xi| \leq 1\right\}$. If $(M, N) \in 2^{\mathbb{Z}} \times 2^{\mathbb{Z}}$ are dyadic numbers then the Paley-Littlewood projection operators $P_{M}, P_{<N}$ and $P_{\geq N}$ are defined in the Fourier domain by

$$
\widehat{P_{M} f}(\xi):=\left(\phi\left(\frac{\xi}{M}\right)-\phi\left(\frac{\xi}{2 M}\right)\right) \hat{f}(\xi), \quad \widehat{P_{<N} f}(\xi):=\sum_{M<N} \widehat{P_{M} f}(\xi), \quad \widehat{P_{\geq N} f}(\xi):=\sum_{M \geq N} \widehat{P_{M} f}(\xi)
$$

The inverse Sobolev inequality can be stated as follows:

Proposition 2 (Inverse Sobolev inequality [Tao 2006]). Let $g$ be a smooth function such that

$$
\|g\|_{\dot{H}^{1}\left(\mathbb{R}^{3}\right)} \lesssim E^{1 / 2} l, \quad\left\|P_{\geq N} g\right\|_{L_{x}^{6}\left(\mathbb{R}^{3}\right)} \gtrsim \eta
$$

for some real number $\eta>0$ and for some dyadic number $N>0$. Then there exists a ball $B(x, r) \subset \mathbb{R}^{3}$ with $r=O(1 / N)$ such that we have the mass concentration estimate

$$
\begin{equation*}
\int_{B(x, r)}|g(y)|^{2} d y \gtrsim \eta^{3} E^{-1 / 2} r^{2} \tag{1-25}
\end{equation*}
$$

We also recall a result that shows that the mass of solutions of (1-1) can be locally in time controlled.
Proposition 3 (Local mass is locally stable [Tao 2006]). Let $J$ be a time interval, let $t, t^{\prime} \in J$ and let $B(x, r)$ be a ball. Let $u$ be a solution of (1-1). Then

$$
\begin{equation*}
\left(\int_{B(x, r)}\left|u\left(t^{\prime}, y\right)\right|^{2} d y\right)^{1 / 2}=\left(\int_{B(x, r)}|u(t, y)|^{2} d y\right)^{1 / 2}+O\left(E^{1 / 2}\left|t-t^{\prime}\right|\right) \tag{1-26}
\end{equation*}
$$

This result, proved for (1-5) in [Tao 2006], is also true for (1-1). Indeed the proof relied upon the fact that the $L^{2}\left(\mathbb{R}^{3}\right)$ norm of the velocity of the solution of (1-5) at time $t$ is bounded by the square root of its energy, which is also true for the solution of (1-1) (by (1-2) and (1-7)).

Now we make some comments with respect to Theorem 1. If the function $g$ were a positive constant, it would be easy to prove that the solution of (1-1) with data $\left(u_{0}, u_{1}\right)$ lies in $\tilde{H}^{2}\left(\mathbb{R}^{3}\right) \times H^{1}\left(\mathbb{R}^{3}\right)$, since we have a good global theory for (1-5). Therefore we can hope to prove global well-posedness for $g$ slowly increasing to infinity, by extending the technology to prove global well-posedness for (1-5). Notice also that Tao [2006] found that the solution $u$ of (1-5) satisfies

$$
\begin{equation*}
\|u\|_{L_{t}^{4} L_{x}^{12}\left(\mathbb{R} \times \mathbb{R}^{3}\right)} \lesssim \tilde{E}^{\tilde{E}^{O(1)}} \tag{1-27}
\end{equation*}
$$

with $\tilde{E}$ the energy of $u$. The structure of $g$ is a double log: it is, roughly speaking, the inverse function of the towel exponential bound in (1-27).

Now we explain the main ideas of this paper.
Tao [2006] was able to bound on arbitrary long time intervals the $L_{t}^{4} L_{x}^{12}$ norm of solutions of the energy-critical equation (1-5) by a quantity that depends exponentially on their energy. This estimate can be viewed as a long time estimate. Unfortunately we cannot expect to prove a similar result for (1-1) since we are not in the energy-critical regime. However we shall prove the following proposition:
Proposition 4 (Long time estimate). Let $J=\left[t_{1}, t_{2}\right]$ be a time interval. Let $u$ be a classical solution of (1-1). Assume that

$$
\begin{equation*}
\|u\|_{L_{t}^{\infty} \tilde{H}^{2}\left(J \times \mathbb{R}^{3}\right)} \leq M \tag{1-28}
\end{equation*}
$$

for some $M \geq 0$. Then there exist three constants $C_{L, 0}>0, C_{L, 1}>0$ and $C_{L, 2}>0$ such that

- if $E \ll \frac{1}{g^{1 / 2}(M)}$ (small energy regime) then

$$
\begin{equation*}
\|u\|_{L_{L}^{4} L_{x}^{12}\left(J \times \mathbb{R}^{3}\right)}^{4} \leq C_{L, 0} \tag{1-29}
\end{equation*}
$$

- if $E \gtrsim \frac{1}{g^{1 / 2}(M)}$ (large energy regime) then

$$
\begin{equation*}
\|u\|_{L_{t}^{4} L_{x}^{12}\left(J \times \mathbb{R}^{3}\right)}^{4} \leq\left(C_{L, 1}(E g(M))\right)^{C_{L, 2}\left(E^{193 / 4+} g^{225 / 8+}(M)\right)} . \tag{1-30}
\end{equation*}
$$

This proposition shows that we can control the $L_{t}^{4} L_{x}^{12}\left(J \times \mathbb{R}^{3}\right)$ norm of solutions of (1-1) by their energy and an a priori bound of their $L_{t}^{\infty} \tilde{H}^{2}\left(J \times \mathbb{R}^{3}\right)$ norm. We would like to control the pointwise-in-time $\tilde{H}^{2}\left(\mathbb{R}^{3}\right) \times H^{1}\left(\mathbb{R}^{3}\right)$ norm of $u$ on an interval $[0, T]$, with $T$ arbitrarily large. This is done by an induction on time. We assume that this norm is controlled on $[0, T]$ by a number $M_{0}$. Then by continuity we can find a slightly larger interval $\left[0, T^{\prime}\right]$ such that this norm is bounded by (say) $2 M_{0}$ on $\left[0, T^{\prime}\right]$. This is our a priori bound. We subdivide $\left[0, T^{\prime}\right]$ into subintervals where the $L_{t}^{4} L_{x}^{12}$ norm of $u$ is small and we control the pointwise-in-time $\tilde{H}^{2}\left(\mathbb{R}^{3}\right) \times H^{1}\left(\mathbb{R}^{3}\right)$ norm of $u$ on each of these subintervals (see Lemma 6). Since $g$ varies slowly we can estimate the number of intervals of this partition by using Proposition 4 and we can prove a posteriori that $\|u(t)\|_{\tilde{H}^{2}\left(\mathbb{R}^{3}\right)}+\left\|\partial_{t} u(t)\right\|_{\tilde{H}^{1}\left(\mathbb{R}^{3}\right)}$ is bounded on $\left[0, T^{\prime}\right]$ by $M_{0}$, provided that $M_{0}$ is large enough; see Section 2.

The proof of Proposition 4 is a modification of the argument used in [Tao 2006] to establish a towerexponential bound of the $L_{t}^{4} L_{x}^{12}\left(J \times \mathbb{R}^{3}\right)$ norm of $v$, the solution of (1-5). We divide $J$ into subintervals $J_{i}$ where the $L_{t}^{4} L_{x}^{12}$ norm of $u$, the solution of (1-1), is "substantial". Then by using the Strichartz estimates and the Sobolev embedding (1-22) we notice that the $L_{t}^{\infty} L_{x}^{6}\left(J_{i} \times \mathbb{R}^{3}\right)$ norm of $u$ is also substantial, more precisely, we find a lower bound that depends on the energy $E$ and $g(M)$. Then by Proposition 2 we can localize a bubble where the mass concentrates and we prove that the size of these subintervals is also substantially large. Tao [2006] used the mass concentration to construct a solution $\tilde{v}$ of (1-5) that has a smaller energy than $v$ and that coincides with $v$ outside a cone. The idea behind that is to use an induction on the levels of energy, due to Bourgain [1999], and the small energy theory following from the Strichartz estimates in order to control the $L_{t}^{4} L_{x}^{12}$ norm of $v$ outside a cone. Unfortunately it seems almost impossible to apply this procedure to our problem. Indeed the energy of the constructed solution $\tilde{u}$ is smaller than the energy $E$ of $u$ by an amount that depends on $E$ but also on $g(M)$ and therefore an induction on the levels of the energy is possible if the $L_{t}^{\infty} \tilde{H}^{2}\left(J \times \mathbb{R}^{3}\right)$ norm of $\tilde{u}$ can be controlled by $M$, which is far from being trivial. It turns out that we do not need to use the Bourgain induction method. Indeed since we know that the size of the subintervals $J_{i}$ s is substantially large and since we have a good control of the $L_{t}^{4} L_{x}^{12}$ norm on these subintervals it suffices to find an upper bound of the size of their union in order to conclude. To this end we divide a cone containing the ball where the mass concentrates and the $J_{i}$ s into truncated-in-time cones where the $L_{t}^{4} L_{x}^{12}$ norm of $u$ is substantial. Let $\tilde{J}_{1}, \tilde{J}_{2}, \ldots$ be the sequence of time intervals resulting from this partition. The mass concentration helps us to control the size of the first time interval $\tilde{J}_{1}$. By using an asymptotic stability result we can prove, roughly speaking, that if we consider two successive subintervals $\tilde{J}_{j}, \tilde{J}_{j+1}$ resulting from this partition of the cone then the size of $\tilde{J}_{j+1}$ can be controlled by the size of $\tilde{J}_{j}$; see (3-34). But a potential energy decay estimate shows that if the size of the union of the $J_{i}$ s is too large then we can find a large subinterval $\left[t_{1}^{\prime}, t_{2}^{\prime}\right]$ such that the $L_{t}^{4} L_{x}^{12}$ norm of $u$ on the cone truncated to $\left[t_{1}^{\prime}, t_{2}^{\prime}\right]$ is small. Therefore $\left[t_{1}^{\prime}, t_{2}^{\prime}\right]$ cannot be covered by many $\tilde{J}_{j} \mathrm{~s}$ and one of them is very large in comparison with its predecessor, which contradicts (3-34). At the end of the process we can find an upper bound of the size of the union of the subintervals $J_{i}$ s and consequently we can control the $L_{t}^{4} L_{x}^{12}$ norm of $u$ on the interval $J$.

Remark 5. We will frequently use the $x+$ and $x$ - notations. Indeed the point $(2, \infty)$ is not wave admissible. Therefore we will work with the point $(2+, \infty-)$ : see (5-6) and (7-9). This generates slight variations of many quantities throughout this paper. Sometimes we might deal with quantities like $z:=x+/ y-$. We cannot conclude directly that $z=(x / y)+$. In this case we create a variation of $y$ so
small (compared to that of $x$ ) that we have $z=(x / y)+$. These details have been omitted for the sake of readability. We strongly recommend that the reader ignores these slight variations at the first reading.

## 2. Proof of Theorem 1

The proof relies upon Proposition 4 and the following lemma, which we prove on page 268.
Lemma 6 (Local boundedness). Let $J=\left[t_{1}, t_{2}\right]$ be an interval. Assume that $u$ is a classical solution of (1-1). Let $Z(t):=\left\|\left(u(t), \partial_{t} u(t)\right)\right\|_{\tilde{H}^{2}\left(\mathbb{R}^{3}\right) \times H^{1}\left(\mathbb{R}^{3}\right)}$. There exists $0<\epsilon \ll$ constant such that if

$$
\begin{equation*}
\|u\|_{L_{t}^{4} L_{x}^{12}\left(J \times \mathbb{R}^{3}\right)} \leq \frac{\epsilon}{g^{1 / 4}\left(Z\left(t_{1}\right)\right)} \tag{2-1}
\end{equation*}
$$

then there exists $C_{l}>0$ such that

$$
\begin{equation*}
Z(t) \leq 2 C_{l} Z\left(t_{1}\right) \quad \text { for } t \in J \tag{2-2}
\end{equation*}
$$

We claim that the set

$$
\begin{equation*}
\mathscr{F}:=\left\{T \in[0, \infty): \sup _{t \in[0, T]}\left\|\left(u(t), \partial_{t} u(t)\right)\right\|_{\tilde{H}^{2}\left(\mathbb{R}^{3}\right) \times H^{1}\left(\mathbb{R}^{3}\right)} \leq M_{0}\right\} \tag{2-3}
\end{equation*}
$$

is equal to $[0, \infty)$ for some constant $M_{0}:=M_{0}\left(\left\|u_{0}\right\|_{\tilde{H}^{2}\left(\mathbb{R}^{3}\right)},\left\|u_{1}\right\|_{H^{1}\left(\mathbb{R}^{3}\right)}\right)$ large enough. Indeed, $0 \in \mathscr{F}$ (this is clear); $\mathscr{F}$ is closed, by continuity; and $\mathscr{F}$ is open. To see this last fact, let $T \in \mathscr{F}$. Then by continuity there exists $\delta>0$ such that

$$
\begin{equation*}
\sup _{t \in\left[0, T^{\prime}\right]}\left\|\left(u(t), \partial_{t} u(t)\right)\right\|_{H^{2}\left(\mathbb{R}^{3}\right) \times H^{1}\left(\mathbb{R}^{3}\right)} \leq 2 M_{0} \tag{2-4}
\end{equation*}
$$

for every $T^{\prime} \in[0, T+\delta)$. By (1-29) and (1-30) we have

$$
\begin{equation*}
\|u\|_{L_{t}^{4} L_{x}^{12}\left(\left[0, T^{\prime}\right] \times \mathbb{R}^{3}\right)}^{4} \leq \max \left(C_{L, 0},\left(C_{L, 1} E g\left(2 M_{0}\right)\right)^{C_{L, 2}\left(E^{(193 / 4)+} g^{(225 / 8)+}\left(2 M_{0}\right)\right)}\right) \tag{2-5}
\end{equation*}
$$

Let $N \geq 1$ and let $\underline{Z}(0):=\max (Z(0), 1)$. Without loss of generality we can assume that $C_{l} \gg 1$ so that $2 C_{l} \underline{Z}(0) \gg 1$ and $\log ^{c}\left(2 C_{l} \underline{Z}(0)\right) \gg 1$. We have, by the elementary rules of the logarithm and the inequality $\log ^{c}(2 n x) \leq \log ^{c}\left((2 n)^{x}\right)$ for $n \geq 1$ and $x \gg 1$ :

$$
\begin{align*}
\sum_{n=1}^{N} \frac{\epsilon^{4}}{g\left(\left(2 C_{l}\right)^{n} Z_{0}\right)} & \geq \sum_{n=1}^{N} \frac{\epsilon^{4}}{\log ^{c}\left(\log \left(\left(2 C_{l}\right)^{2 n} \underline{Z}^{2 n}(0)+10\right)\right)} \gtrsim \sum_{n=1}^{N} \frac{1}{\log ^{c}\left(2 n \log \left(2 C_{l} \underline{Z}(0)\right)\right)} \\
& \gtrsim \frac{1}{\log ^{c}\left(2 C_{l} \underline{Z}(0)\right)} \sum_{n=1}^{N} \frac{1}{\log ^{c}(2 n)} \gtrsim \frac{1}{\log ^{c}\left(2 C_{l} \underline{Z}(0)\right)} \int_{1}^{N+1} \frac{1}{\log ^{c}(2 t)} d t \\
& \gtrsim \frac{1}{\log ^{c}\left(2 C_{l} \underline{Z}(0)\right)} \int_{1}^{N+1} \frac{1}{t^{1 / 2}} d t \gtrsim \frac{N^{1 / 2}}{\log ^{c}\left(2 C_{l} \underline{Z}(0)\right)} \tag{2-6}
\end{align*}
$$

By Lemma 6, (2-5) and (2-6) we can construct a partition $\left(J_{n}\right)_{1 \leq n \leq N}$ of $\left[0, T^{\prime}\right]$ such that

$$
\begin{array}{ll}
\|u\|_{L_{t}^{4} L_{x}^{12}\left(J_{n} \times \mathbb{R}^{3}\right)}=\frac{\epsilon}{g^{1 / 4}\left(\left(2 C_{l}\right)^{n} Z_{0}\right)}, \quad 1 \leq n<N \\
\|u\|_{L_{t}^{4} L_{x}^{12}\left(J_{N} \times \mathbb{R}^{3}\right)} \leq \frac{\epsilon}{g^{1 / 4}\left(\left(2 C_{l}\right)^{N} Z_{0}\right)}, \quad Z(t) \leq\left(2 C_{l}\right)^{n} Z(0)
\end{array}
$$

for $t \in J_{1} \cup \cdots \cup J_{n}$ and

$$
\begin{equation*}
\frac{N^{1 / 2}}{\log ^{c}\left(2 C_{l} \underline{Z}(0)\right)} \leq \max \left(C_{L, 0},\left(C_{L, 1} E g\left(2 M_{0}\right)\right)^{C_{L, 2}\left(E^{193 / 4+} g^{225 / 8+}\left(2 M_{0}\right)\right)}\right) \tag{2-7}
\end{equation*}
$$

Since $c<8 / 225$ we have by (1-24)

$$
\begin{align*}
\log N \lesssim & \log ^{c}\left(2 C_{l} \underline{Z}(0)\right)+\log \left(C_{L, 0}\right) \\
& +C_{L, 2} E^{(193 / 4)+} \log ^{(225 c / 8)+} \log \left(10+4 M_{0}^{2}\right) \log \left(C_{L, 1} E \log ^{c} \log \left(10+4 M_{0}^{2}\right)\right) \\
\leq & \log \left(\frac{\log \left(M_{0} / Z(0)\right)}{\log \left(2 C_{l}\right)}\right) \tag{2-8}
\end{align*}
$$

if $M_{0}=M_{0}\left(\left\|u_{0}\right\|_{\tilde{H}^{2}\left(\mathbb{R}^{3}\right)},\left\|u_{1}\right\|_{H^{1}(\mathbb{R})}\right)$ is large enough. To prove the last inequality in (2-8) it is enough, by using (1-24), to notice that $\lim _{M_{0} \rightarrow \infty} f\left(M_{0}\right)=0$ with

$$
\begin{equation*}
f\left(M_{0}\right):=\frac{\log ^{c}\left(2 C_{l} \underline{Z}(0)\right)+\log \left(C_{L, 0}\right)+C_{L, 2} E^{(193 / 4)+} \log ^{(225 c / 8)+} \log \left(10+4 M_{0}^{2}\right) \log \left(C_{L, 1} E \log ^{c} \log \left(10+4 M_{0}^{2}\right)\right)}{\log \left(\frac{\log \left(M_{0} / Z(0)\right)}{\log \left(2 C_{l}\right)}\right)} . \tag{2-9}
\end{equation*}
$$

Therefore we conclude that

$$
\begin{equation*}
\sup _{t \in\left[0, T^{\prime}\right]}\left\|\left(u(t), \partial_{t} u(t)\right)\right\|_{H^{2}\left(\mathbb{R}^{3}\right) \times H^{1}\left(\mathbb{R}^{3}\right)} \leq\left(2 C_{l}\right)^{N} Z(0) \leq M_{0} . \tag{2-10}
\end{equation*}
$$

Proof of Lemma 6. By the Strichartz estimates (1-16), the Sobolev embeddings (1-22) and (1-23) and the elementary estimate $\left|u^{5} \nabla(g(u))\right| \lesssim\left|u^{4} \nabla u g(u)\right|$, we have

$$
\begin{align*}
Z(t) & \lesssim Z\left(t_{1}\right)+\left\|u^{5} g(u)\right\|_{L_{t}^{1} L_{x}^{2}\left(\left[t_{1}, t\right] \times \mathbb{R}^{3}\right)}+\left\|u^{4} \nabla u g(u)\right\|_{L_{t}^{1} L_{x}^{2}\left(\left[t_{1}, t\right] \times \mathbb{R}^{3}\right)}+\left\|u^{5} \nabla(g(u))\right\|_{L_{t}^{1} L_{x}^{2}\left(\left[t_{1}, t\right] \times \mathbb{R}^{3}\right)} \\
& \lesssim Z\left(t_{1}\right)+\left\|u^{5} g(u)\right\|_{L_{t}^{1} L_{x}^{2}\left(\left[t_{1}, t\right] \times \mathbb{R}^{3}\right)}+\left\|u^{4} \nabla u g(u)\right\|_{L_{t}^{1} L_{x}^{2}\left(\left[t_{1}, t\right] \times \mathbb{R}^{3}\right)} \\
& \lesssim Z\left(t_{1}\right)+\|u\|_{L_{t}^{4} L_{x}^{12}\left(\left[t_{1}, t\right] \times \mathbb{R}^{3}\right)}\|u\|_{L_{t}^{\infty} L_{x}^{6}\left(\left[t_{1}, t\right] \times \mathbb{R}^{3}\right)} g\left(\|u\|_{L_{t}^{\infty} L_{x}^{\infty}\left(\left[t_{1}, t\right] \times \mathbb{R}^{3}\right)}\right)  \tag{2-11}\\
& \quad\|u\|_{L_{t}^{4} L_{x}^{12}\left(\left[t_{1}, t\right] \times \mathbb{R}^{3}\right)}\|\nabla u\|_{L_{t}^{\infty} L_{x}^{6}\left(\left[t_{1}, t\right] \times \mathbb{R}^{3}\right)} g\left(\|u\|_{L_{t}^{\infty} L_{x}^{\infty}\left(\left[t_{1}, t\right] \times \mathbb{R}^{3}\right)}\right) \\
&
\end{align*}
$$

Let $C_{l}$ be the constant determined by the last inequality in (2-11). From (2-1), (2-11) and a continuity argument, we have (2-2).

## 3. Proof of Proposition 4

The proof relies upon five lemmas, which we state here and then prove in subsequent sections, after seeing how they imply the proposition.

Lemma 7 (Long time estimate if energy small). Let $J=\left[t_{1}, t_{2}\right]$ be a time interval. Let $u$ be a classical solution of (1-1). Assume that (1-28) holds. If

$$
\begin{equation*}
E \ll \frac{1}{g^{1 / 2}(M)} \tag{3-1}
\end{equation*}
$$

then

$$
\begin{equation*}
\|u\|_{L_{t}^{4} L_{x}^{12}\left(J \times \mathbb{R}^{3}\right)} \lesssim 1 \tag{3-2}
\end{equation*}
$$

Lemma 8 (If $\|u\|_{L_{t}^{4} L_{x}^{12}\left(J \times \mathbb{R}^{3}\right)}$ is nonnegligible a mass concentration bubble exists and the size of $J$ is bounded from below). Let u be a classical solution of (1-1). Let J be a time interval. Assume that (1-28) holds. Let $\eta$ be a positive number such that

$$
\begin{equation*}
\eta \leq \frac{E^{1 / 12}}{g^{5 / 24}(M)} \tag{3-3}
\end{equation*}
$$

If $\|u\|_{L_{t}^{4} L_{x}^{12\left(J \times \mathbb{R}^{3}\right)}} \geq \eta$, then

$$
\begin{equation*}
\|u\|_{L_{t}^{\infty} L_{x}^{6}\left(J \times \mathbb{R}^{3}\right)} \gtrsim \eta^{2+} E^{-((1 / 2)+)} . \tag{3-4}
\end{equation*}
$$

Moreover, there exist a point $x_{0} \in \mathbb{R}^{3}$, a time $t_{0} \in J$ and a positive number $r$ such that we have the mass concentration estimate in the ball $B\left(x_{0}, r\right)$

$$
\begin{equation*}
\int_{B\left(x_{0}, r\right)}\left|u\left(t_{0}, y\right)\right|^{2} d y \gtrsim \eta^{6+} E^{-(2+)} r^{2} \tag{3-5}
\end{equation*}
$$

and the following lower bound on the size of $J$ :

$$
\begin{equation*}
|J| \gtrsim \eta^{4} E^{-2 / 3} r . \tag{3-6}
\end{equation*}
$$

Lemma 9 (Potential energy decay estimate). Let $u$ be a classical solution of (1-1). Let $[a, b]$ be an interval. Then we have the potential energy decay estimate

$$
\begin{equation*}
\int_{|x| \leq b} F(u(b, x)) d x \lesssim \frac{a}{b}\left(e(a)+e^{1 / 3}(a)\right)+e(b)-e(a)+(e(b)-e(a))^{1 / 3} \tag{3-7}
\end{equation*}
$$

Lemma 10 ( $L_{t}^{4} L_{x}^{12}$ norm of $u$ is small on a large truncation of the forward light cone). Let $J=\left[t_{1}, t_{2}\right]$ be an interval. Let u be a classical solution of (1-1). Assume that (1-28) holds. Let $\eta$ be a positive number such that

$$
\begin{equation*}
\eta \ll \min \left(E^{1 / 4}, E^{5 / 18}, \frac{E^{1 / 12}}{g^{5 / 24}(M)}\right) \tag{3-8}
\end{equation*}
$$

Assume also that there exists $C_{2} \gg 1$ such that

$$
\begin{equation*}
\left[t_{1},\left(C_{2} E^{10+} \eta^{-(36+)}\right)^{4 C_{2} E^{10+} \eta^{-(36+)}} t_{1}\right] \subset J \tag{3-9}
\end{equation*}
$$

Then there exists a subinterval $J^{\prime}=\left[t_{1}^{\prime}, t_{2}^{\prime}\right]$ such that $\left|t_{2}^{\prime} / t_{1}^{\prime}\right| \sim E^{10+} \eta^{-(36+)}$ and

$$
\begin{equation*}
\|u\|_{L_{t}^{4} L_{x}^{12}\left(\Gamma_{+}\left(J^{\prime}\right)\right)} \leq \eta \tag{3-10}
\end{equation*}
$$

Lemma 11 (Asymptotic stability). Let $J=\left[t_{1}, t_{2}\right]$ be a time interval. Let $J^{\prime}=\left[t_{1}^{\prime}, t_{2}^{\prime}\right] \subset J$ and let $t \in J / J^{\prime}$. Let u be a classical solution of (1-1). Assume that (1-28) holds. Then

$$
\begin{equation*}
\left\|u_{l, t_{2}^{\prime}}(t)-u_{l, t_{1}^{\prime}}(t)\right\|_{L_{x}^{\infty}\left(\mathbb{R}^{3}\right)} \lesssim \frac{E^{5 / 6} g^{1 / 6}(M)}{\operatorname{dist}^{1 / 2}\left(t, J^{\prime}\right)} \tag{3-11}
\end{equation*}
$$

We are ready to prove Proposition 4. We assume that we have an a priori bound $M$ of the $L_{t}^{\infty} \tilde{H}^{2}\left(J \times \mathbb{R}^{3}\right)$ norm of the solution $u$. There are two steps:

- If $E \ll 1 / g^{1 / 2}(M)$, then we know from Lemma 7 that (1-29) holds.
- Therefore we assume that the energy is large, that is,

$$
\begin{equation*}
E \gtrsim \frac{1}{g^{1 / 2}(M)} \tag{3-12}
\end{equation*}
$$

We can assume without loss of generality that

$$
\begin{equation*}
\|u\|_{L_{t}^{4} L_{x}^{12}\left(J \times \mathbb{R}^{3}\right)} \geq \frac{E^{1 / 12}}{g^{5 / 24}(M)} . \tag{3-13}
\end{equation*}
$$

From (3-13) we can partition $J$ into subintervals $J_{1}, \ldots, J_{l}$ such that for $i=1, \ldots, l-1$,

$$
\begin{equation*}
\|u\|_{L_{t}^{4} L_{x}^{12}\left(J_{i} \times \mathbb{R}^{3}\right)}=\frac{E^{1 / 12}}{g^{5 / 24}(M)} \quad \text { and } \quad\|u\|_{L_{t}^{4} L_{x}^{12}\left(J_{l} \times \mathbb{R}^{3}\right)} \leq \frac{E^{1 / 12}}{g^{5 / 24}(M)} \tag{3-14}
\end{equation*}
$$

Before moving forward we say that an interval $J_{i}$ is exceptional if

$$
\begin{equation*}
\left\|u_{l, t_{1}}\right\|_{L_{t}^{4} L_{x}^{12\left(J_{i} \times \mathbb{R}^{3}\right)}}+\left\|u_{l, t_{2}}\right\|_{L_{t}^{4} L_{x}^{12}\left(J_{i} \times \mathbb{R}^{3}\right)} \geq \frac{1}{\left(C_{3} E g(M)\right)^{C_{4}\left(E^{(193 / 4)+} g^{(225 / 8)+}(M)\right)}} \tag{3-15}
\end{equation*}
$$

for some $C_{3} \gg 1, C_{4} \gg 1$ to be chosen later. (The numbers $193 / 4$ and $225 / 8$ will play an important role in (3-44).) Otherwise $J_{i}$ is unexceptional. Let $\mathscr{E}$ denote the set of $J_{i}^{\prime}$ s that are exceptional and let $\overline{\mathscr{C} c}$ denote the set of nonempty sequences of consecutive unexceptional intervals $J_{i}$. By (1-16), (3-12) and (3-15),

$$
\begin{equation*}
\operatorname{card}(\mathscr{C}) \lesssim E^{2}[O(E g(M))]^{O\left(E^{(193 / 4)+} g^{(225 / 8)+(M))}\right.} \lesssim[O(E g(M))]^{O\left(E^{(193 / 4)+} g^{(225 / 8)+}(M)\right)} \tag{3-16}
\end{equation*}
$$

Since card $(\overline{\mathscr{C} c}) \lesssim \operatorname{card}(\mathscr{E})$ we have

$$
\begin{equation*}
\|u\|_{L_{t}^{4} L_{x}^{12}\left(J \times \mathbb{R}^{3}\right)}^{4} \lesssim[O(E g(M))]^{O\left(E^{(193 / 4)+} g^{(225 / 8)+}(M)\right)}\left(\frac{E^{1 / 3}}{g^{5 / 6}(M)}+\sup _{K \in \overline{\mathscr{G}}^{c}}\|u\|_{L_{t}^{4} L_{x}^{12}\left(K \times \mathbb{R}^{3}\right)}^{4}\right) . \tag{3-17}
\end{equation*}
$$

Let $K=J_{i_{0}} \cup \cdots \cup J_{i_{1}}$ be a sequence of consecutive unexceptional intervals. If $N(K)$ is the number of $J_{i}$ s making $K$ then by (3-12), (3-14) and (3-17) we have

$$
\begin{equation*}
\|u\|_{L_{t}^{4} L_{x}^{12( }\left(J \times \mathbb{R}^{3}\right)} \lesssim\left(\sup _{K \in \overline{\mathscr{q}^{c}}} N(K)\right)[O(E g(M))]^{O\left(E^{(193 / 4)+} g^{(225 / 8)+}(M)\right)} . \tag{3-18}
\end{equation*}
$$

Therefore it suffices to estimate $N(K)$ for every $K=J_{i_{0}} \cup \cdots \cup J_{i_{1}}$. We will do that by first determining a lower bound for the size of the elements $J_{i}$ s and then by estimating the size of $K$. By (3-12), (3-14) and Lemma 8, there exists for $i \in\left[i_{0}, \ldots i_{1}\right]$ a $\left(t_{i}, r_{i}, x_{i}\right) \in\left(J_{i} \times(0, \infty) \times \mathbb{R}^{3}\right)$ such that

$$
\begin{equation*}
\frac{1}{r_{i}^{2}} \int_{B\left(x_{i}, r_{i}\right)}\left|u\left(t_{i}, y\right)\right|^{2} d y \gtrsim \frac{E^{-(3 / 2+)}}{g^{5 / 4+}(M)} \tag{3-19}
\end{equation*}
$$

and

$$
\begin{equation*}
\left|J_{i}\right| \gtrsim \frac{E^{-1 / 3} r_{i}}{g^{5 / 6}(M)} \tag{3-20}
\end{equation*}
$$

Let $k \in\left[i_{0}, \ldots, i_{1}\right]$ be such that $r_{k}=\min _{i \in\left[i_{0}, i_{1}\right]} r_{i}$; let $f(t, r, x):=\frac{1}{r^{2}} \int_{B(x, r)}|u(t, y)|^{2} d y$; let $C_{5}$ be the constant determined by (3-19); and let $r_{0}=r_{0}(M)$ be defined by

$$
r_{0} M^{2}=\frac{C_{5} E^{-((3 / 2)+)}}{4 g^{(5 / 4)+}(M)}
$$

Since $f(t, r, x) \leq r M^{2}$ we have

$$
f\left(t, r_{0}, x\right) \leq \frac{C_{5} E^{-((3 / 2)+)}}{4 g^{(5 / 4)+}(M)}
$$

The set $A:=\left\{(t, r, x): t \in K, r_{0} \leq r \leq r_{k}, x \in \mathbb{R}^{3}\right\}$ is connected. Therefore its image is connected by $f$ and there exists $(\tilde{t}, \tilde{r}, \tilde{x}) \in K \times\left[r_{0}, r_{k}\right] \times \mathbb{R}^{3}$ such that $f(\tilde{t}, \tilde{r}, \tilde{x})=\left(C_{5} E^{-((3 / 2)+)}\right) /\left(2 g^{(5 / 4)+}(M)\right)$. In other words we have the following mass concentration

$$
\begin{equation*}
\frac{1}{\tilde{r}^{2}} \int_{B(\tilde{x}, \tilde{r})} u^{2}(\tilde{t}, x) d x=\frac{C_{5} E^{-(3 / 2+)}}{2 g^{(5 / 4)+}(M)} . \tag{3-21}
\end{equation*}
$$

Moreover we have the useful lower bound for the size of $J_{i},{ }^{1} i_{0} \leq i \leq i_{1}$ :

$$
\begin{equation*}
\left|J_{i}\right| \gtrsim \tilde{r} \frac{E^{-1 / 3}}{g^{5 / 6}(M)} \tag{3-22}
\end{equation*}
$$

At this point we need to use the following lemma, which gives information about the size of $K$.
Lemma 12. Let $K$ be a sequence of unexceptional intervals. Assume there exist $\bar{t} \in K, \bar{x} \in \mathbb{R}^{3}$ and $\bar{r} \in(0, \infty)$ such that

$$
\begin{equation*}
\frac{1}{\bar{r}^{2}} \int_{B(\bar{x}, \bar{r})} u^{2}(\bar{t}, y) d y \gtrsim E^{-((3 / 2)+)} g^{(5 / 4)+}(M) \tag{3-23}
\end{equation*}
$$

Then there exist two constants $C_{6} \gg 1, C_{7} \gg 1$ such that

$$
\begin{equation*}
|K| \leq\left(C_{6} E g(M)\right)^{C_{7} E^{(193 / 4)+} g^{(225 / 8)+(M)} \bar{r}} \tag{3-24}
\end{equation*}
$$

If we combine the lemma with (3-22) we can estimate $N(K)$. More precisely, by Lemma 12, (3-22) and (3-12) we have

$$
\begin{equation*}
N(K) \lesssim \frac{\left(C_{6} E g(M)\right)^{C_{7} E^{(193 / 4)+} g^{(225 / 8)+}(M)} \tilde{r}}{\tilde{r} E^{-E^{5 /(1 / 3)}(M)}} \lesssim(O(E g(M)))^{O\left(E^{(193 / 4)+} g^{(225 / 8)+(M))}\right.} \tag{3-25}
\end{equation*}
$$

Plugging this upper bound for $N(K)$ into (3-18) we get (1-30), completing the proof of the proposition (modulo the lemmas).
Proof of Lemma 12. By using the space translation invariance of (1-1) we can reduce to the case where $\bar{x}$ vanishes. ${ }^{2}$ By using the time reversal invariance and the time translation invariance ${ }^{3}$ it suffices to estimate $|K \cap[\bar{t}, \infty)|$. By using the time translation invariance again ${ }^{4}$ we can assume that $\bar{t}=\bar{r}$ and

[^1]therefore $\bar{r} \in K$. Let $K_{+}:=K \cap[\bar{r}, \infty)$. We are interested in estimating $\left|K_{+}\right|$. We would like to use Lemma 10. Therefore, we consider the set $\Gamma_{+}\left(K_{+}\right)$. We have
\[

$$
\begin{equation*}
\frac{1}{\bar{r}^{2}} \int_{B(0, \bar{r})}|u(\bar{r}, y)|^{2} d y \gtrsim \frac{E^{-((3 / 2)+)}}{g^{(5 / 4)+}(M)} . \tag{3-26}
\end{equation*}
$$

\]

Therefore by Proposition 3 and (3-26) we have

$$
\begin{equation*}
\int_{B(0, \bar{r})}|u(t, y)|^{2} d y \gtrsim \frac{E^{-((3 / 2)+) \bar{r}^{2}}}{g^{(5 / 4)+}(M)} \tag{3-27}
\end{equation*}
$$

if $(t-\bar{r}) E^{1 / 2} \leq\left(c_{0} E^{-((3 / 4)+)} \bar{r} / g^{(5 / 8)+}(M)\right)$ for some $c_{0} \ll 1$. Therefore by Hölder there exists $0<c_{1} \ll 1$ small enough such that

$$
\begin{equation*}
\|u\|_{L_{t}^{4} L_{x}^{12}\left(\Gamma_{+}\left(\left[\bar{r}, \bar{r}+\frac{c_{0} E^{-((5 / 4)+)}}{g_{\bar{r}}^{(5 / 8)+}}\right]\right)\right)} \geq c_{1} \frac{E^{-17 / 16}}{g^{25 / 32}(M)} . \tag{3-28}
\end{equation*}
$$

Suppose first that $\|u\|_{L_{t}^{4} L_{x}^{12}\left(\Gamma_{+}\left(K_{+}\right)\right)} \leq c_{1} \frac{E^{-(17 / 16)}}{g^{(25 / 32)}(M)}$. In this case we get from (3-28)

$$
\begin{equation*}
K_{+} \subset\left[\bar{r}, \bar{r}+\frac{c_{0} E^{-((5 / 4)+)} \bar{r}}{g^{(5 / 8)+}(M)}\right] \tag{3-29}
\end{equation*}
$$

and, using also (3-12), we get (3-24).
Now suppose instead that $\|u\|_{L_{t}^{4} L_{x}^{12}\left(\Gamma_{+}\left(K_{+}\right)\right)} \geq c_{1} \frac{E^{-((17 / 16)+)}}{g^{(25 / 32)+}(M)}$. Define

$$
\begin{equation*}
\tilde{\eta}:=\frac{c_{1}}{4} \frac{E^{-((17 / 16))+}}{g^{(25 / 32)+}(M)}, \tag{3-30}
\end{equation*}
$$

and divide $\Gamma_{+}\left(K_{+}\right)$into consecutive cone truncations $\Gamma_{+}\left(\tilde{J}_{1}\right), \ldots, \Gamma_{+}\left(\tilde{J}_{k}\right)$ such that, for $j=1, \ldots, k-1$,

$$
\begin{equation*}
\|u\|_{L_{t}^{4} L_{x}^{12}\left(\Gamma_{+}\left(\tilde{J}_{j}\right)\right)}=\tilde{\eta} \tag{3-31}
\end{equation*}
$$

and

$$
\begin{equation*}
\|u\|_{L_{t}^{4} L_{x}^{12}\left(\Gamma_{+}\left(\tilde{J}_{k}\right)\right)} \leq \tilde{\eta} \tag{3-32}
\end{equation*}
$$

We get from (3-28)

$$
\begin{equation*}
\tilde{J}_{1} \subset\left[\bar{r}, \bar{r}+\frac{c_{0} E^{-((5 / 4)+)} \bar{r}}{g^{(5 / 8)+}(M)}\right] . \tag{3-33}
\end{equation*}
$$

Result 13. If $j \in[1, \ldots, k-1]$ we either have

$$
\begin{equation*}
\left|\tilde{J}_{j+1}\right| \lesssim\left|\tilde{J}_{j}\right| \tilde{\eta}^{-4} E^{8 / 3} g^{1 / 3}(M) \tag{3-34}
\end{equation*}
$$

or

$$
\begin{equation*}
\left|\tilde{J}_{j}\right| \geq\left(C_{6} E g(M)\right)^{C_{7} E^{(193 / 4)+} g^{(225 / 8)+}(M)} \bar{r} \tag{3-35}
\end{equation*}
$$

for some constants $C_{6} \gg 1, C_{7} \gg 1$.

Proof. We get from (1-21), (3-12) and (3-30)

$$
\begin{align*}
\left\|u-u_{l, t_{j+1}}\right\|_{L_{t}^{4} L_{x}^{12}\left(\Gamma_{+}\left(\tilde{J}_{j}\right)\right)} & \lesssim\left\|u^{5} g(u)\right\|_{L_{t}^{1} L_{x}^{2}\left(\Gamma_{+}\left(\tilde{J}_{j} \cup \tilde{j}_{++1}\right)\right)} \\
& \lesssim\left\|u^{4}\right\|_{L_{t}^{1} L_{x}^{3}\left(\Gamma_{+}\left(\tilde{J}_{j} \cup J_{j+1}\right)\right)}\left\|u g^{1 / 6}(u)\right\|_{L_{t}^{\infty} L_{x}^{6}\left(\Gamma _ { + } \left(\tilde{J}_{j} \cup \tilde{\left.\left.J_{j+1}\right)\right)}\right.\right.} g^{5 / 6}(M) \\
& \lesssim \tilde{\eta}^{4} E^{1 / 6} g^{5 / 6}(M) \\
& \ll \tilde{\eta} \tag{3-36}
\end{align*}
$$

with $J_{j}=\left[t_{j-1}, t_{j}\right]$. Therefore by (3-31) we have $\left\|u_{l, t_{j+1}}\right\|_{L_{t}^{4} L_{x}^{12}\left(\Gamma_{+}\left(\tilde{J}_{j}\right)\right)} \sim \tilde{\eta}$. This implies that

$$
\begin{equation*}
\left\|u_{l, t_{j+1}}-u_{l, t_{2}}\right\|_{L_{t}^{4} L_{x}^{12}\left(\Gamma_{+}\left(\tilde{J}_{j}\right)\right)} \gtrsim \tilde{\eta} \tag{3-37}
\end{equation*}
$$

or

$$
\begin{equation*}
\left\|u_{l, t_{2}}\right\|_{L_{t}^{4} L_{x}^{12}\left(\Gamma_{+}\left(\tilde{J}_{j}\right)\right)} \gtrsim \tilde{\eta} \tag{3-38}
\end{equation*}
$$

Case 1. $\left\|u_{l, t_{j+1}}-u_{l, t_{2}}\right\|_{L_{L}^{4} L_{x}^{12}\left(\Gamma_{+}\left(\tilde{J}_{i}\right)\right)} \gtrsim \tilde{\eta}$. By Lemma 11 and Hölder we have

$$
\begin{align*}
\left\|u_{l, t_{j+1}}-u_{l, t_{2}}\right\|_{L_{t}^{4} L_{x}^{12}\left(\Gamma_{+}\left(\tilde{J}_{j}\right)\right)} & \lesssim\left|\tilde{J}_{j}\right|^{1 / 4}\left\|u_{l, t_{j+1}}-u_{l, t_{2}}\right\|_{L_{t}^{\infty} L_{x}^{12}\left(\Gamma_{+}\left(\tilde{J}_{j}\right)\right)} \\
& \lesssim\left|\tilde{J}_{j}\right|^{1 / 4}\left\|u_{l, t_{j+1}}-u_{l, t_{2}}\right\|_{L_{t}^{\infty} L_{x}^{\infty}\left(\Gamma_{+}\left(\tilde{J}_{j}\right)\right)}^{1 / 2}\left\|u_{l, t_{j+1}}-u_{l, t_{2}}\right\|_{L_{t}^{\infty} L_{x}^{6}\left(\Gamma_{+}\left(\tilde{J}_{j}\right)\right)}^{1 / 2} \\
& \lesssim \frac{\left|\tilde{J}_{j}\right|^{1 / 4} E^{2 / 3} g^{1 / 12}(M)}{\left|\tilde{J}_{j+1}\right|^{1 / 4}} . \tag{3-39}
\end{align*}
$$

We get (3-34) from (3-37) and (3-39).
Case 2. $\left\|u_{l, t_{2}}\right\|_{L_{t}^{4} L_{x}^{12}\left(\Gamma_{+}\left(\tilde{J}_{j}\right)\right)} \gtrsim \tilde{\eta}$. In this case $\left\|u_{l, t_{2}}\right\|_{L_{t}^{4} L_{x}^{12}\left(\tilde{J}_{j}\right)} \gtrsim \tilde{\eta}$. Recall that $K_{+}$is a subinterval of $K=J_{i_{0}} \cup \cdots \cup J_{i_{1}}$, sequence of unexceptional intervals $J_{i}, i_{0} \leq i \leq i_{1}$. Consequently there are at least $\sim \tilde{\eta}\left(C_{3} E g(M)\right)^{C_{4} E^{(193 / 4)+} g^{(225 / 8)+}(M)}$ intervals $J_{j}$ that cover $\tilde{J}_{i}$. Therefore we get (3-35) from (3-22) and (3-12).

Using Result 13 and Lemma 10 we can get an upper bound on the size $\left|K_{+}\right|$:
Result 14. We have

$$
\begin{equation*}
\left|K_{+}\right| \leq\left(C_{6} E g(M)\right)^{C_{7}\left(E^{(193 / 4)+} g^{(225 / 8)+}(M)\right)} \bar{r} \tag{3-40}
\end{equation*}
$$

Proof. Let $B:=\left(C_{6} E g(M)\right)^{C_{7}\left(E^{(193 / 4)+} g^{(225 / 8)+}(M)\right)}$. Assume that (3-40) fails. Let $\tilde{J}_{j_{1}}$ be the first interval for which $\left|\tilde{J}_{1} \cup \cdots \cup \tilde{J}_{j_{1}}\right|$ exceeds $B \bar{r}$. Then $j_{1} \neq 1,\left|\tilde{J}_{j_{1}}\right| \lesssim\left|\tilde{J}_{j_{1}-1}\right| \tilde{\eta}^{-4} E^{8 / 3} g^{1 / 3}(M)$ and we have

$$
\begin{equation*}
\frac{c_{1} E^{-5 / 4} \tilde{r}}{g^{(5 / 8)}(M)}+T_{2}-T_{1}+\left(T_{2}-T_{1}\right) \tilde{\eta}^{-4} E^{8 / 3} g^{1 / 3}(M) \gtrsim\left|\tilde{J}_{1}\right|+\cdots+\left|\tilde{J}_{j_{1}}\right| \geq B \bar{r} \tag{3-41}
\end{equation*}
$$

if $\left[T_{1}, T_{2}\right]:=\tilde{J}_{2} \cup \cdots \cup \tilde{J}_{j_{1}-1}$. Therefore by (3-12) and (3-41) we have

$$
\begin{equation*}
T_{2}-T_{1} \gtrsim \frac{\tilde{\eta}^{4} E^{-(8 / 3)} B \bar{r}}{g^{1 / 3}(M)} \tag{3-42}
\end{equation*}
$$

Moreover $T_{1} \leq \bar{r}+\left(c_{1} E^{-((5 / 4)+)} \bar{r}\right) /\left(g^{(5 / 8)+}(M)\right)$. Therefore by (3-12) we have

$$
\begin{equation*}
T_{1}=O(\bar{r}) \tag{3-43}
\end{equation*}
$$

By (3-42) and (3-43) we have

$$
\begin{equation*}
\frac{T_{2}}{T_{1}} \geq\left(C_{2} E^{10+}\left(\frac{\tilde{\eta}}{4}\right)^{-(36+)}\right)^{4 C_{2} E^{10+}(\tilde{\eta} / 4)^{-(36+)}} \tag{3-44}
\end{equation*}
$$

with $C_{2}$ defined in Lemma 10, provided that $C_{6}, C_{7} \gg \max \left(c_{1}, C_{2}\right)$. Therefore we can apply Lemma 10 and find a subinterval $\left[t_{1}^{\prime}, t_{2}^{\prime}\right] \subset \tilde{J}_{2} \cup \cdots \cup \tilde{J}_{j_{1}-1}$ with $\left|t_{2}^{\prime} / t_{1}^{\prime}\right| \sim E^{10+} \tilde{\eta}^{-(36+)}$ and $\|u\|_{L_{t}^{4} L_{x}^{12}\left(\left[t_{1}^{\prime}, t_{2}^{\prime}\right]\right)} \leq \tilde{\eta} / 4$. This means that $\left[t_{1}^{\prime}, t_{2}^{\prime}\right] \subset\left[T_{1}, T_{2}\right]$ is covered by at most two consecutive intervals. It is convenient to introduce $\left[t_{1}^{\prime}, t_{2}^{\prime}\right]_{g}$, the geometric mean of $t_{1}^{\prime}$ and $t_{2}^{\prime}$. We have $\left[t_{1}^{\prime}, t_{2}^{\prime}\right]_{g} \sim \tilde{\eta}^{-18} E^{5} t_{1}^{\prime}$. There are two cases.

Case 1. $\left[t_{1}^{\prime}, t_{2}^{\prime}\right]$ is covered by one interval $\tilde{J}_{\bar{j}}=\left[a_{\bar{j}}, b_{\bar{j}}\right], 2 \leq \bar{j} \leq j_{1}-1$. Then $\left|\tilde{J}_{\bar{j}}\right| \gtrsim \tilde{\eta}^{-(36+)} E^{10+} t_{1}^{\prime}$ and $\left|\tilde{J}_{\bar{j}-1}\right| \leq t_{1}^{\prime}$. Therefore $\left|\tilde{J}_{\bar{j}}\right| \gtrsim \tilde{\eta}^{-(36+)} E^{10+}\left|\tilde{J}_{\bar{j}-1}\right|$. Contradiction with (3-12) and (3-34).

Case 2. $\left[t_{1}^{\prime}, t_{2}^{\prime}\right]$ is covered by two intervals $\tilde{J}_{\bar{j}}=\left[a_{\bar{j}}, b_{\bar{j}}^{-}\right]$and $\tilde{J}_{\bar{j}+1}=\left[a_{\bar{j}+1}, b_{\bar{j}+1}\right]$ for some $2 \leq \bar{j} \leq j_{1}-2$. Then there are two subcases.

Case $2 a$. $b_{\bar{j}} \leq\left[t_{1}^{\prime}, t_{2}^{\prime}\right]_{g}$. In this case $\left|\tilde{J}_{\bar{j}+1}\right| \gtrsim \tilde{\eta}^{-(36+)} E^{10+} t_{1}^{\prime}$ and $\left|\tilde{J}_{\bar{j}}\right| \leq \tilde{\eta}^{-(18+)} E^{5+} t_{1}^{\prime}$. Therefore by (3-12) we have $\left|\tilde{J}_{\bar{j}+1}\right| \gtrsim \tilde{\eta}^{-(18+)} E^{5+}\left|\tilde{J}_{\bar{j}}\right|$. Contradiction with (3-12) and (3-34).

Case $2 b$. $b_{\bar{j}} \geq\left[t_{1}^{\prime}, t_{2}^{\prime}\right]_{g}$. In this case by (3-12) $\left|\tilde{J}_{\bar{j}}\right| \gtrsim \tilde{\eta}^{-(18+)} E^{5+} t_{1}^{\prime}$ and $\left|\tilde{J}_{\bar{j}-1}\right| \leq t_{1}^{\prime}$. Therefore $\left|\tilde{J}_{\bar{j}}\right| \gtrsim \tilde{\eta}^{-(18+)} E^{5+}\left|\tilde{J}_{\bar{j}-1}\right|$. Contradiction with (3-12) and (3-34).

This exhausts all cases. Thus we have proved Result 14 and so also Lemma 12.
Remark 15. It seems likely that we can find a better upper bound for $\left|K_{+}\right|$than (3-40) by exploiting Lemma 11 in a better way. For instance we can consider $k$ successive time intervals $\tilde{J}_{j+1}, \ldots, \tilde{J}_{j+k}$, $k>1$ and prove an estimate like

$$
\begin{equation*}
\left|\tilde{J}_{j+1}\right|+\cdots\left|\tilde{J}_{j+k}\right| \lesssim\left|\tilde{J}_{j}\right| \tilde{\eta}^{-4} E^{8 / 3} g^{1 / 3}(M) \tag{3-45}
\end{equation*}
$$

This estimate is stronger than (3-34). We can probably find a smaller $B$ such that (3-44) holds with $\tilde{\eta}$ substituted for something like $k \tilde{\eta}$ and, by modifying the argument above, find a contradiction with (3-45). At the end of the process we can probably prove global existence of smooth solutions to (1-1) for $0<c<c_{0}$, with $c_{0}>8 / 225$ to be determined. We will not pursue these matters.

## 4. Proof of Lemma 7

Applying the Strichartz estimates and the Hölder inequality,

$$
\begin{align*}
\|u\|_{L_{t}^{4} L_{x}^{12}\left(J \times \mathbb{R}^{3}\right)} & \lesssim E^{1 / 2}+\left\|u^{4}\right\|_{L_{t}^{1} L_{x}^{2}\left(J \times \mathbb{R}^{3}\right)}\left\|u g^{1 / 6}(u)\right\|_{L_{t}^{\infty} L_{x}^{6}\left(J \times \mathbb{R}^{3}\right)}\left\|g^{5 / 6}(u)\right\|_{L_{t}^{\infty} L_{x}^{\infty}\left(J \times \mathbb{R}^{3}\right)} \\
& \lesssim E^{1 / 2}+E^{1 / 6} g^{5 / 6}(M)\|u\|_{L_{t}^{4} L_{x}^{12}\left(J \times \mathbb{R}^{3}\right)}^{4} . \tag{4-1}
\end{align*}
$$

Hence (3-2) by (3-1) and a continuity argument.

## 5. Proof of Lemma 8

Let $J^{\prime}=\left[t_{1}^{\prime}, t_{2}^{\prime}\right] \subset J$ be such that $\|u\|_{L_{t}^{4} L_{x}^{12}\left(J^{\prime} \times \mathbb{R}^{3}\right)}=\eta$. Then by (1-22) and (3-3)

$$
\begin{align*}
\|f(u)\|_{L_{t}^{1} L_{x}^{2}\left(J^{\prime} \times \mathbb{R}^{3}\right)} & \lesssim\left\|u g^{1 / 6}(u)\right\|_{L_{t}^{\infty} L_{x}^{6}\left(J^{\prime} \times \mathbb{R}^{3}\right)}\|u\|_{L_{t}^{4} L_{x}^{12}\left(J^{\prime} \times \mathbb{R}^{3}\right)}\left\|g^{5 / 6}(u)\right\|_{L_{t}^{\infty} L_{x}^{\infty}\left(J^{\prime} \times \mathbb{R}^{3}\right)}  \tag{5-1}\\
& \lesssim E^{1 / 6} \eta^{4} g^{5 / 6}(M) \lesssim E^{1 / 2} .
\end{align*}
$$

It is slightly unfortunate that $(2, \infty)$ is not wave admissible. Therefore we consider the admissible pair $(2+\epsilon, 6(2+\epsilon) / \epsilon)$ with $\epsilon \ll 1$. By the Strichartz estimates and (5-1), we have

$$
\begin{equation*}
\|u\|_{L_{t}^{2+\epsilon} L_{x}^{(6(2+\epsilon)) / \epsilon}\left(J^{\prime} \times \mathbb{R}^{3}\right)} \lesssim\left\|\nabla u\left(t_{1}^{\prime}\right)\right\|_{L^{2}\left(\mathbb{R}^{3}\right)}+\left\|u\left(t_{1}^{\prime}\right)\right\|_{L^{2}\left(\mathbb{R}^{3}\right)}+\|f(u)\|_{L_{t}^{1} L_{x}^{2}\left(J^{\prime} \times \mathbb{R}^{3}\right)} \lesssim E^{1 / 2} \tag{5-2}
\end{equation*}
$$

Let $N$ be a frequency to be chosen later. By the Bernstein inequality and (1-7) we have

$$
\begin{equation*}
\left\|P_{<N} u\right\|_{L_{t}^{4} L_{x}^{12}\left(J^{\prime} \times \mathbb{R}^{3}\right)} \lesssim N^{1 / 4}\left|J^{\prime}\right|^{1 / 4}\|u\|_{L_{t}^{\infty} L_{x}^{6}\left(J^{\prime} \times \mathbb{R}^{3}\right)} \lesssim N^{1 / 4}\left|J^{\prime}\right|^{1 / 4} E^{1 / 6} \tag{5-3}
\end{equation*}
$$

Therefore

$$
\begin{equation*}
\left\|P_{<N} u\right\|_{L_{t}^{4} L_{x}^{12}\left(J^{\prime} \times \mathbb{R}^{3}\right)} \lesssim\left|J^{\prime}\right|^{1 / 4} N^{1 / 4} E^{1 / 6} . \tag{5-4}
\end{equation*}
$$

Let $c_{2} \ll 1$. Then if $N=c_{2}^{4}\left(\eta^{4} /\left(\left|J^{\prime}\right| E^{2 / 3}\right)\right)$ we have

$$
\begin{equation*}
\left\|P_{\geq N} u\right\|_{L_{t}^{4} L_{x}^{12}\left(J^{\prime} \times \mathbb{R}^{3}\right)} \gtrsim \eta \quad \text { and } \quad\|u\|_{L_{t}^{4} L_{x}^{12}\left(J^{\prime} \times \mathbb{R}^{3}\right)} \sim\left\|P_{\geq N} u\right\|_{L_{t}^{4} L_{x}^{12}\left(J^{\prime} \times \mathbb{R}^{3}\right)} \tag{5-5}
\end{equation*}
$$

By (5-2) and (5-5) we have

$$
\begin{align*}
\eta & \sim\left\|P_{\geq N} u\right\|_{L_{t}^{4} L_{x}^{12}\left(J^{\prime} \times \mathbb{R}^{3}\right)} \\
& \lesssim\left\|P_{\geq N} u\right\|_{L_{t}^{2+\epsilon} / L_{x}^{(6)(2+\epsilon)) / \epsilon}\left(J^{\prime} \times \mathbb{R}^{3}\right)}^{2+4}\left\|P_{\geq N} u\right\|_{L_{t}^{\alpha} L_{x}^{6}\left(J^{\prime} \times \mathbb{R}^{3}\right)}^{1-(2+6) / 4} \\
& \lesssim E^{(2+\epsilon) / 8}\left\|P_{\geq N} u\right\|_{L_{t}^{\alpha}((2+\epsilon) / 4)}^{1-\left(J^{\prime} \times \mathbb{R}^{3}\right)} . \tag{5-6}
\end{align*}
$$

Therefore we conclude that $\left\|P_{\geq N}\right\|_{L_{t}^{\infty} L_{x}^{6}\left(J^{\prime} \times \mathbb{R}^{3}\right)} \gtrsim \eta^{2+} E^{-((1 / 2)+)}$. Applying Proposition 2 we get (3-5).

## 6. Proof of Lemma 9

Bahouri and Gerard [1999, page 171] used arguments from Grillakis [1990; 1992] and Shatah-Struwe [1993] to derive an a priori estimate of the solution $u$ to the 3D quintic defocusing wave equation, that is, $\partial_{t t} u-\Delta u+u^{5}=0$. More precisely they were able to prove

$$
\begin{equation*}
\int_{|x| \leq b}|u(b, x)|^{6} d x \lesssim \frac{a}{b}\left(\tilde{e}(a)+\tilde{e}^{1 / 3}(a)\right)+\tilde{e}(b)-\tilde{e}(a)+(\tilde{e}(b)-\tilde{e}(a))^{1 / 3}, \tag{6-1}
\end{equation*}
$$

with

$$
\begin{equation*}
\tilde{e}(t):=\frac{1}{2} \int_{|x| \leq t}\left(\partial_{t} u\right)^{2} d x+\frac{1}{2} \int_{|x| \leq t}|\nabla u|^{2} d x+\frac{1}{6} \int_{|x| \leq t} u^{6} d x . \tag{6-2}
\end{equation*}
$$

Since we apply their ideas to the potential $f$ we just sketch the proof. Given the cone $\Gamma_{+}([a, b])$ we denote by $\partial \Gamma_{+}([a, b])$ the mantle of the cone $\Gamma_{+}([a, b])$, that is,

$$
\begin{equation*}
\partial \Gamma_{+}([a, b]):=\left\{\left(t^{\prime}, x\right) \in[a, b] \times \mathbb{R}^{3}, t=|x|\right\} . \tag{6-3}
\end{equation*}
$$

The local energy identity

$$
\begin{equation*}
e(b)-e(a)=\frac{1}{2 \sqrt{2}} \int_{\partial \Gamma_{+}([a, b])}\left|\frac{x \partial_{t} u}{t}+\nabla u\right|^{2}+\frac{1}{\sqrt{2}} \int_{\partial \Gamma_{+}([a, b])} F(u) \tag{6-4}
\end{equation*}
$$

results from the integration of the identity $\partial_{t} u\left(\partial_{t t} u-\Delta u+f(u)\right)=0$ on the cone $\Gamma_{+}([a, b])$. We have [Shatah and Struwe 1998]

$$
\begin{align*}
& \partial_{t}\left(\frac{t}{2}\left(\partial_{t} u\right)^{2}+\frac{t}{2}|\nabla u|^{2}+(x . \nabla u) \partial_{t} u+t F(u)+u \partial_{t} u\right) \\
& \quad-\operatorname{div}\left(t \nabla u \partial_{t} u+(x . \nabla u) \nabla u-\frac{|\nabla u|^{2} x}{2}+\frac{\left(\partial_{t} u\right)^{2} x}{2}-x F(u)+u \nabla u\right)+u f(u)-4 F(u)=0 . \tag{6-5}
\end{align*}
$$

Integrating this identity on $\Gamma_{+}([a, b])$, we have

$$
\begin{equation*}
X(b)-X(a)+Y(a, b)=\int_{\Gamma_{+}([a, b])} 4 F(u)-u f(u) \tag{6-6}
\end{equation*}
$$

with

$$
\begin{equation*}
X(t):=\int_{|x| \leq t} \frac{t}{2}\left(\partial_{t} u\right)^{2}+\frac{t}{2}|\nabla u|^{2}+(x . \nabla u) \partial_{t} u+t F(u)+u \partial_{t} u \tag{6-7}
\end{equation*}
$$

and

$$
\begin{align*}
& Y(a, b):= \\
& -\frac{1}{\sqrt{2}} \int_{\partial \Gamma_{+}([a, b])}\left(\frac{t}{2}\left(\partial_{t} u\right)^{2}+\frac{t}{2}|\nabla u|^{2}+(x . \nabla u) \partial_{t} u+t F(u)+u \partial_{t} u+t \frac{\nabla u \cdot x}{|x|} \partial_{t} u+\frac{|x \cdot \nabla u|^{2}}{|x|}\right. \\
&  \tag{6-8}\\
& \left.\quad-\frac{|\nabla u|^{2}}{2}|x|+\frac{\left(\partial_{t} u\right)^{2}|x|}{2}-|x| F(u)+u \frac{\nabla u \cdot x}{|x|}\right) .
\end{align*}
$$

In fact we have [Shatah and Struwe 1993]

$$
\begin{equation*}
X(t)=\int_{|x| \leq t} t\left[\frac{1}{2}\left(\partial_{t} u\right)^{2}+\frac{1}{2}\left|\nabla u+\frac{u x}{|x|^{2}}\right|^{2}\right]+\partial_{t} u(x . \nabla u+u)+t F(u)-\int_{|x|=t} \frac{u^{2}}{2} . \tag{6-9}
\end{equation*}
$$

Since $t=|x|$ on $\partial \Gamma_{+}([a, b])$ we have

$$
\begin{equation*}
Y(a, b)=-\frac{1}{\sqrt{2}} \int_{\partial \Gamma_{+}([a, b])}|x|\left(\partial_{t} u\right)^{2}+2(x . \nabla u) \partial_{t} u+u \partial_{t} u+\frac{(x . \nabla u)^{2}}{|x|}+u \frac{\nabla u \cdot x}{|x|}, \tag{6-10}
\end{equation*}
$$

and after some computations [Shatah and Struwe 1993], we get

$$
\begin{equation*}
Y(a, b)=-\frac{1}{\sqrt{2}} \int_{\partial \Gamma_{+}([a, b])} \frac{1}{t}\left(t \partial_{t} u+(\nabla u \cdot x)+u\right)^{2}+\int_{|x|=b} \frac{u^{2}}{2}-\int_{|x|=a} \frac{u^{2}}{2} . \tag{6-11}
\end{equation*}
$$

Therefore, if

$$
\begin{equation*}
H(t):=\int_{|x| \leq t} t\left[\frac{1}{2}\left(\partial_{t} u\right)^{2}+\frac{1}{2}\left|\nabla u+\frac{u x}{|x|^{2}}\right|^{2}\right]+\partial_{t} u(x . \nabla u+u)+t F(u), \tag{6-12}
\end{equation*}
$$

then

$$
\begin{equation*}
H(b)-H(a)=\frac{1}{\sqrt{2}} \int_{\partial \Gamma_{+}([a, b])} \frac{1}{t}\left(t \partial_{t} u+\nabla u \cdot x+u\right)^{2}+\int_{\Gamma_{+}([a, b])} 4 F(u)-u f(u) . \tag{6-13}
\end{equation*}
$$

We estimate $H(t)$, following [Bahouri and Gérard 1999]. We have

$$
\begin{equation*}
\left|\partial_{t} u(x . \nabla u+u)\right| \leq \frac{t}{2}\left(\left(\partial_{t} u\right)^{2}+\left|\nabla u+\frac{u x}{|x|^{2}}\right|^{2}\right) \lesssim t\left(\left(\partial_{t} u\right)^{2}+|\nabla u|^{2}+\frac{u^{2}}{|x|^{2}}\right) . \tag{6-14}
\end{equation*}
$$

Therefore by (6-14), the Hölder inequality and (1-7), we have

$$
\begin{equation*}
H(t) \lesssim t\left(e(t)+\int_{|x| \leq t} \frac{u^{2}}{|x|^{2}}\right) \lesssim t\left(e(t)+\left(\int_{|x| \leq t} u^{6}\right)^{1 / 3}\right) \lesssim t\left(e(t)+e^{1 / 3}(t)\right) \tag{6-15}
\end{equation*}
$$

Moreover by (6-4), the Hölder inequality and (1-7), we have

$$
\begin{align*}
\frac{1}{\sqrt{2}} \int_{\partial \Gamma_{+}([a, b])} \frac{1}{t}\left(t \partial_{t} u+\nabla u \cdot x+u\right)^{2} & \lesssim \frac{b}{2 \sqrt{2}} \int_{\partial \Gamma_{+}([a, b])}\left(\frac{\nabla u \cdot x}{t}+\partial_{t} u\right)^{2}+\frac{1}{2 \sqrt{2}} \int_{\partial \Gamma_{+}([a, b])} \frac{u^{2}}{t^{2}} \\
& \lesssim b \int_{\partial \Gamma_{+}([a, b])}\left|\frac{x}{t} \partial_{t} u+\nabla u\right|^{2}+\frac{1}{2 \sqrt{2}}\left(\int_{\partial \Gamma_{+}([a, b])} u^{6}\right)^{1 / 3} \\
& \lesssim b\left((e(b)-e(a))+(e(b)-e(a))^{1 / 3}\right) . \tag{6-16}
\end{align*}
$$

We get from (1-7)

$$
\begin{equation*}
4 F(u)-u f(u) \leq 0 . \tag{6-17}
\end{equation*}
$$

By (6-13), and (6-15)-(6-17), we have

$$
\begin{align*}
\int_{|x| \leq b} F(u) & \lesssim \frac{H(b)}{b} \lesssim \frac{H(a)+\frac{1}{\sqrt{2}} \int_{\partial \Gamma_{+}([a, b])} \frac{1}{t}\left(t \partial_{t} u+\nabla u \cdot x+u\right)^{2}}{b} \\
& \lesssim \frac{a}{b}\left(e(a)+e^{1 / 3}(a)\right)+e(b)-e(a)+(e(b)-e(a))^{1 / 3} \tag{6-18}
\end{align*}
$$

## 7. Proof of Lemma 10

The proof relies upon two results that we prove in the subsections.
Result 16. Let u be a classical solution of (1-1). Assume that (1-28) holds. Let $\eta$ be a positive number such that (3-3) holds. If $\|u\|_{L_{t}^{4} L_{x}^{12}\left(\Gamma_{+}(J)\right)} \geq \eta$ then

$$
\begin{equation*}
\|u\|_{L_{t}^{\infty} L_{x}^{6}\left(\Gamma_{+}(J)\right)} \gtrsim \eta^{2+} E^{-((1 / 2)+)} \tag{7-1}
\end{equation*}
$$

Result 17. Let $u$ be a smooth solution to (1-1). Assume that (1-28) holds. Let $\eta$ be a positive number such that

$$
\begin{equation*}
\eta \leq \min \left(1, E^{1 / 18}\right) \tag{7-2}
\end{equation*}
$$

Let $J=\left[t_{1}, t_{2}\right]$ be an interval such that $\left[t_{1}, t_{1}\left(E \eta^{-18}\right)^{\left.4 E \eta^{-18}\right]} \subset J\right.$. Then there exists a subinterval $J^{\prime}=\left[t_{1}^{\prime}, t_{2}^{\prime}\right]$ such that $\left|t_{2}^{\prime} / t_{1}^{\prime}\right|=E \eta^{-18}$ and

$$
\begin{equation*}
\|u\|_{L_{t}^{\infty} L_{x}^{6}\left(\Gamma_{+}\left(J^{\prime}\right)\right)} \lesssim \eta \tag{7-3}
\end{equation*}
$$

Let $C_{9}$ be the constant determined by $\gtrsim$ in (7-1). Let $C_{10}$ be the constant determined by $\lesssim$ in (7-3). We get from (3-9):

$$
\begin{align*}
{\left[t_{1}, t_{1}\left(E\left(\frac{C_{9} \eta^{2+} E^{-(1 / 2)+}}{2 C_{10}}\right)^{-18}\right)^{4 E\left(\frac{C_{9} \eta^{2+} E^{-(1 / 2)+}}{2 C_{10}}\right)^{-18}}\right] } & \subset\left[t_{1}, C_{2}\left(E^{10+} \eta^{-(36+)}\right)^{4 C_{2} E^{10+} \eta^{-(36+)}} t_{1}\right] \\
& \subset J \tag{7-4}
\end{align*}
$$

if $C_{2} \gg \max \left(C_{9}, C_{10}\right)$. Therefore, since $\left(C_{9} \eta^{2+} E^{-(1 / 2+)}\right) /\left(2 C_{10}\right)$ satisfies (7-2) by (3-8), we can use Result 17 and show that there exists a subinterval $J^{\prime}=\left[t_{1}^{\prime}, t_{2}^{\prime}\right]$ such that $\left|t_{2}^{\prime} / t_{1}^{\prime}\right| \sim E^{10+} \eta^{-(36+)}$ and

$$
\begin{equation*}
\|u\|_{L_{t}^{\infty} L_{x}^{6}\left(\Gamma_{+}\left(J^{\prime}\right)\right)} \leq \frac{C_{9} \eta^{2+} E^{-(1 / 2+)} C_{10}}{2 C_{10}} \leq C_{9} \frac{\eta^{2+} E^{-(1 / 2+)}}{2} \tag{7-5}
\end{equation*}
$$

Now we claim that $\|u\|_{L_{t}^{4} L_{x}^{12}\left(\Gamma_{+}\left(J^{\prime}\right)\right)} \leq \eta$. If not by (3-8) and Result 16 we have

$$
\begin{equation*}
\|u\|_{L_{t}^{\infty} L_{x}^{6}\left(\Gamma_{+}\left(J^{\prime}\right)\right)} \geq C_{9} \eta^{2+} E^{-(1 / 2+)} \tag{7-6}
\end{equation*}
$$

Contradiction with (7-5).
Proof of Result 16. We substitute $J^{\prime}$ for $\Gamma_{+}\left(J^{\prime}\right)$ in (5-1) to get

$$
\begin{equation*}
\|f(u)\|_{L_{t}^{1} L_{x}^{2}\left(\Gamma_{+}\left(J^{\prime}\right)\right)} \lesssim E^{1 / 2} \tag{7-7}
\end{equation*}
$$

By the Strichartz estimates (1-20) on the truncated cone $\Gamma_{+}\left(J^{\prime}\right)$ we have

$$
\begin{equation*}
\|u\|_{L_{t}^{2+\epsilon} L_{x}^{(6(2+\epsilon)) / \epsilon}\left(\Gamma_{+}\left(J^{\prime}\right)\right)} \lesssim E^{1 / 2}, \tag{7-8}
\end{equation*}
$$

after following similar steps to prove (5-2). Therefore

$$
\begin{equation*}
\eta=\|u\|_{L_{t}^{4} L_{x}^{12}\left(\Gamma_{+}(J)\right)} \lesssim\|u\|_{L_{t}^{2+\epsilon} L_{x}^{(6(2)+\epsilon)) / \epsilon}\left(\Gamma_{+}\left(J^{\prime}\right)\right)}^{(2+\epsilon) / 4}\|u\|_{L_{t}^{\infty} L_{x}^{6}\left(\Gamma_{+}\left(J^{\prime}\right)\right)}^{1-((2+\epsilon) / 4)} \lesssim E^{(2+\epsilon) / 8}\|u\|_{L_{t}^{\infty} L_{x}^{6}\left(\Gamma_{+}\left(J^{\prime}\right)\right)}^{1-((2+\epsilon) / 4)} . \tag{7-9}
\end{equation*}
$$

Therefore (7-1) holds.
Proof of Result 17. By (7-2) we have $E \eta^{-18} \geq 1$. Let $n$ be the largest integer such that $2 n \leq 4 E \eta^{-18}$. This implies that $n \geq E \eta^{-18}$. Let $A:=E \eta^{-18}$. Now we consider the interval $\left[t_{1}, A^{2 n} t_{1}\right] \subset J$. We write $\left[t_{1}, A^{2 n} t_{1}\right]=\left[t_{1}, A^{2} t_{1}\right] \cup \cdots \cup\left[A^{2(n-1)} t_{1}, A^{2 n} t_{1}\right]$. We have

$$
\begin{equation*}
\sum_{i=1}^{n} e\left(A^{2 i} t_{1}\right)-e\left(A^{2(i-1)} t_{1}\right) \leq 2 E \tag{7-10}
\end{equation*}
$$

and by the pigeonhole principle there exists $i_{0} \in[1, n]$ such that

$$
\begin{equation*}
e\left(A^{2 i_{0}} t_{1}\right)-e\left(A^{2\left(i_{0}-1\right)} t_{1}\right) \lesssim \eta^{18} \tag{7-11}
\end{equation*}
$$

Now we choose $a:=A^{2\left(i_{0}-1\right)} t_{1}$ and $b \in\left[A^{2 i_{0}-1} t_{1}, A^{2 i_{0}} t_{1}\right]$. Let $t_{1}^{\prime}:=A^{2\left(i_{0}-1\right)} t_{1}, t_{2}^{\prime}:=A^{2 i_{0}-1} t_{1}$ and $J^{\prime}:=\left[t_{1}^{\prime}, t_{2}^{\prime}\right]$. We apply (3-7) and (7-2) to get

$$
\|u\|_{L_{t}^{\infty} L_{x}^{6}\left(\Gamma_{+}\left(\left[t_{1}^{\prime}, t_{2}^{\prime}\right]\right)\right)} \lesssim\|F(u)\|_{L_{t}^{\infty} L_{x}^{1}\left(\Gamma_{+}\left(\left[t_{1}^{\prime}, t_{2}^{\prime}\right]\right)\right)} \lesssim\left(E^{-1} \eta^{18}\left(E+E^{1 / 3}\right)+\eta^{18}+\eta^{6}\right)^{1 / 6} \lesssim \eta
$$

## Proof of Lemma 11

We have after computation of the derivative of $e(t)$

$$
\begin{equation*}
\partial_{t} e(t) \geq \int_{|x|=t} F(u) d S, \tag{7-12}
\end{equation*}
$$

and integrating with respect of time

$$
\begin{equation*}
\int_{I} \int_{|x| \leq t} g(u) u^{6}\left(t^{\prime}, x^{\prime}\right) d S d t^{\prime} \lesssim E \tag{7-13}
\end{equation*}
$$

By using the space and time translation invariance

$$
\begin{equation*}
\int_{J} \int_{\left|x^{\prime}-x\right|=\left|t^{\prime}-t\right|} g(u) u^{6}\left(t^{\prime}, x^{\prime}\right) d S d t^{\prime} \lesssim E . \tag{7-14}
\end{equation*}
$$

Therefore (1-15), (1-22), (7-14) and the Hölder inequality give us

$$
\begin{align*}
\left|-\int_{J^{\prime}} \frac{\sin \left(t-t^{\prime}\right) D}{D} g(u) u^{5} d t^{\prime}\right| & =\left|\frac{1}{4 \pi\left|t-t^{\prime}\right|} \int_{\left|x^{\prime}-x\right|=\left|t^{\prime}-t\right|} g^{5 / 6}(u) u^{5} g^{1 / 6}(u) d S d t^{\prime}\right| \\
& \lesssim \int_{J^{\prime}} \frac{1}{\left|t-t^{\prime}\right|}\left(\int_{\left|x^{\prime}-x\right|=\left|t^{\prime}-t\right|} u^{6} g(u) d S\right)^{5 / 6}\left(\int_{\left|x^{\prime}-x\right|=\left|t^{\prime}-t\right|} g(u) d S\right)^{1 / 6} d t^{\prime} \\
& \lesssim g^{1 / 6}(M) \int_{J^{\prime}} \frac{1}{\left|t-t^{\prime}\right|^{2 / 3}}\left(\int_{\left|x^{\prime}-x\right|=\left|t^{\prime}-t\right|} u^{6} g(u) d S\right)^{5 / 6} d t^{\prime} \\
& \lesssim g^{1 / 6}(M) E^{5 / 6}\left(\int_{J^{\prime}} \frac{1}{\left|t-t^{\prime}\right|^{4}}\right)^{1 / 6} \lesssim g^{1 / 6}(M) \frac{E^{5 / 6}}{\operatorname{dist}^{1 / 2}\left(t, J^{\prime}\right)} . \tag{7-15}
\end{align*}
$$

Notice that

$$
\begin{equation*}
u(t)=u_{l, t_{i}}(t)-\int_{t_{i}}^{t} \frac{\sin \left(t-t^{\prime}\right) D}{D} u^{5}\left(t^{\prime}\right) g\left(u\left(t^{\prime}\right)\right) d t^{\prime} \tag{7-16}
\end{equation*}
$$

for $i=1,2$. We get (3-11) from (7-15) and (7-16).

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[^0]:    MSC2000: 35Q55.
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[^1]:    ${ }^{1}$ Notice that we have the lower bound $\tilde{r} \geq C_{5} E^{-((3 / 2)+)} /\left(4 M^{2} g^{(5 / 4)+}(M)\right)$. One might think that the presence of $\tilde{r}$ in (3-22) is annoying since this lower bound is crude. However we will see that $\tilde{r}$ disappears at the end of the process: see (3-25). Therefore a sharp lower bound is not required.
    ${ }^{2}$ We consider the function $u_{1}(t, x)=u(t, x-\bar{x})$ and we abuse notation in the sequel by writing $u_{1}$ for $u$.
    ${ }^{3}$ We consider the function $u_{2}(t, x):=u(2 \bar{t}-t, x)$ and we abuse notation in the sequel by writing $u_{2}$ for $u$.
    ${ }^{4}$ We consider the function $u_{3}(t, x):=u(t+(\bar{t}-\bar{r}), x)$ and we abuse notation in the sequel by writing $u_{3}$ for $u$.

