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# BILINEAR FORMS ON THE DIRICHLET SPACE 

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We show that the bilinear form $B_{b}(f, g)=\langle f g, b\rangle$ is bounded on the Dirichlet space of holomorphic functions on the unit disk if and only if $\left|b^{\prime}\right|^{2} d x d y$ is a Carleson measure for the Dirichlet space. This is completely analogous to the results for boundedness of Hankel forms on the Hardy and Bergman spaces, but the proof is quite different, relying heavily on potential-theoretic constructions.

## 1. Introduction

A Hankel form is a bilinear form $B$ on a space of holomorphic functions with the characteristic property that for any $f, g, B(f, g)$ is a linear function of $f g$. These forms have been studied extensively on Hardy spaces and on Bergman type spaces; some references are mentioned below. Here we consider boundedness of Hankel forms on the Dirichlet space. In contrast to Hardy and Bergman spaces, the Dirichlet space is a potential space and hence, not surprisingly, capacity estimates play a central role in the analysis. Thus, although our main results are strongly analogous to earlier work, the techniques are quite different.

Overview. Let $\mathscr{D}$ be the classical Dirichlet space, the Hilbert space of holomorphic functions on the disk with inner product

$$
\langle f, g\rangle_{\mathscr{D}}=f(0) \overline{g(0)}+\int_{\mathbb{D}} f^{\prime}(z) \overline{g^{\prime}(z)} d A
$$

and normed by $\|f\|_{\mathscr{D}}^{2}=\langle f, f\rangle_{\mathscr{D}}$. Given a holomorphic symbol function $b$ we define the associated Hankel type bilinear form, initially for $f, g \in \mathscr{P}(\mathbb{D})$, the space of polynomials, by

$$
T_{b}(f, g):=\langle f g, b\rangle_{\mathscr{D}}
$$

The norm of $T_{b}$ is

$$
\left\|T_{b}\right\|_{\mathscr{D} \times \mathscr{D}}:=\sup \left\{\left|T_{b}(f, g)\right|:\|f\|_{\mathscr{D}}=\|g\|_{\mathscr{D}}=1\right\} .
$$

We say a positive measure $\mu$ on the disk is a Carleson measure for $\mathscr{D}$ if

$$
\|\mu\|_{C M(\mathscr{D})}:=\sup \left\{\int_{\mathbb{D}}|f|^{2} d \mu:\|f\|_{\mathscr{D}}=1\right\}<\infty
$$

[^0]and that a function $b$ is in the space $\mathscr{X}$ if the measure $d \mu_{b}:=\left|b^{\prime}(z)\right|^{2} d A$ is a Carleson measure. We norm $\mathscr{X}$ by
$$
\|b\|_{\mathscr{X}}:=|b(0)|+\left\|\left|b^{\prime}(z)\right|^{2} d A\right\|_{C M(\mathscr{D})}^{1 / 2}
$$
and denote by $\mathscr{X}_{0}$ the norm closure in $\mathscr{X}$ of the space of polynomials.
Our main result is this:
Theorem 1.1. (1) $T_{b}$ is bounded if and only if $b \in \mathscr{X}$. In that case
$$
\left\|T_{b}\right\|_{\mathscr{D} \times \mathscr{D}} \approx\|b\|_{\mathscr{X}} .
$$
(2) $T_{b}$ is compact if and only if $b \in \mathscr{X}_{0}$.

This result is part of an intriguing pattern of results involving boundedness of Hankel forms on Hardy spaces in one and several variables and boundedness of Schrödinger operators on the Sobolev space. We recall some of those results in the next subsection.

Boundedness criteria for bilinear forms can be recast as weak factorization of function spaces. We present details and related earlier results later in this introduction. In particular we will see that the first statement in Theorem 1.1 is equivalent to a weak factorization of the predual of $\mathscr{X}$; in notation we introduce below

$$
\begin{equation*}
(\mathscr{D} \odot \mathscr{D})^{*}=\mathscr{X} . \tag{1-1}
\end{equation*}
$$

At the end of the introduction (page 25) we describe the relation between Theorem 1.1 and classical results about Hankel matrices.

The proof of Theorem 1.1 comes in Sections 2 and 3. It is easy to see that $\left\|T_{b}\right\|_{\mathscr{D} \times \mathscr{D}} \leq C\|b\|_{\mathscr{X}}$. To obtain the other inequality we must use the boundedness of $T_{b}$ to show $\left|b^{\prime}\right|^{2} d A$ is a Carleson measure. Analysis of the capacity-theoretic characterization of Carleson measures due to Stegenga allows us to focus attention on a certain set $V$ in $\mathbb{D}$ and the relative sizes of $\int_{V}\left|b^{\prime}\right|^{2}$ and the capacity of the set $\bar{V} \cap \partial \overline{\mathbb{D}}$. To compare these quantities we construct $V_{\text {exp }}$, an expanded version of the set $V$ which satisfies two conflicting conditions. First, $V_{\text {exp }}$ is not much larger than $V$, either when measured by $\int_{V_{\text {exp }}}\left|b^{\prime}\right|^{2}$ or by the capacity of the $\bar{V}_{\exp } \cap \partial \overline{\mathbb{D}}$. Second, $\mathbb{D} \backslash V_{\text {exp }}$ is well separated from $V$ in a way that allows the interaction of quantities supported on the two sets to be controlled. Once this is done we can construct a function $\Phi_{V} \in \mathscr{D}$ which is approximately one on $V$ and which has $\Phi_{V}^{\prime}$ approximately supported on $\mathbb{D} \backslash V_{\text {exp }}$. Using $\Phi_{V}$ we build functions $f$ and $g$ with the property that

$$
\left|T_{b}(f, g)\right|=\int_{V}\left|b^{\prime}\right|^{2}+\text { error. }
$$

The technical estimates on $\Phi_{V}$ allow us to show that the error term is small and the boundedness of $T_{b}$ then gives the required control of $\int_{V}\left|b^{\prime}\right|^{2}$.

Once the first part of the theorem is established, the second follows rather directly.
Other bilinear forms. The Hardy space of the unit disk, $H^{2}(\mathbb{D})$, can be defined as the space of holomorphic functions on the disk with inner product

$$
\langle f, g\rangle_{H^{2}(\mathbb{D})}=f(0) \overline{g(0)}+\int_{\mathbb{D}} f^{\prime}(z) \overline{g^{\prime}(z)}\left(1-|z|^{2}\right) d A
$$

and normed by $\|f\|_{H^{2}(\mathbb{D})}^{2}=\langle f, f\rangle_{H^{2}(\mathbb{D})}$. Given a holomorphic symbol function $b$ the Hankel form with symbol $b$ is the bilinear form

$$
\begin{equation*}
T_{b}^{H^{2}(\mathbb{D})}(f, g):=\langle f g, b\rangle_{H^{2}(\mathbb{D})} \tag{1-2}
\end{equation*}
$$

The boundedness criteria for such forms was given by Nehari [1957]. He used the fact that functions in the Hardy space $H^{1}$ can be written as the product of functions in $H^{2}$ and showed $T_{b}^{H^{2}(\mathbb{D})}$ will be bounded if and only if $b$ is in the dual space of $H^{1}$. Using Ch. Fefferman's identification of the dual of $H^{1}$ we can reformulate this in the language of Carleson measures. We say a positive measure $\mu$ on the disk is a Carleson measure for $H^{2}(\mathbb{D})$ if

$$
\|\mu\|_{C M\left(H^{2}(\mathbb{D})\right)}:=\sup \left\{\int_{\mathbb{D}}|f|^{2} d \mu:\|f\|_{H^{2}(\mathbb{D})}=1\right\}<\infty .
$$

The form $T_{b}^{H^{2}(\mathbb{D})}$ is bounded if and only if $b$ is in the function space $B M O$ or, equivalently, if and only if

$$
\left|b^{\prime}(z)\right|^{2}\left(1-|z|^{2}\right) d A \in C M\left(H^{2}(\mathbb{D})\right)
$$

Later, in [Coifman et al. 1976], Nehari's theorem was viewed as a result about Calderón-Zygmund singular integrals on spaces of homogenous type and an analogous result was proved for $H^{2}\left(\partial \mathbb{B}^{n}\right)$, the Hardy space of the sphere in complex $n$-space. In that context the Hankel form is defined similarly

$$
T_{b}^{H^{2}\left(\partial \mathbb{B}^{n}\right)}(f, g):=\langle f g, b\rangle_{H^{2}\left(\partial \mathbb{B}^{n}\right)} .
$$

That form is bounded if and only if $b$ is in $B M O\left(\partial \mathbb{B}^{n}\right)$ or, equivalently, if and only if, with $\nabla$ denoting the invariant gradient on the ball,

$$
|\nabla b(z)|^{2} d V \in C M\left(H^{2}\left(\partial \mathbb{B}^{n}\right)\right)
$$

The approach in [Coifman et al. 1976] is not well suited for analysis on the Hardy space of the polydisk, $H^{2}\left(\mathbb{D}^{n}\right)$. However Ferguson, Lacey, and Terwilleger were able to extend methods of multivariable harmonic analysis and obtain a result for $H^{2}\left(\mathbb{D}^{n}\right)$ [Ferguson and Lacey 2002; Lacey and Terwilleger 2009]. They showed that a Hankel form on $H^{2}\left(\mathbb{D}^{n}\right)$, again defined as a form whose value only depends on the product of its arguments, is bounded if and only if the symbol function $b$ lies in $B M O\left(\mathbb{D}^{n}\right)$ or, equivalently, if and only if derivatives of $b$ can be used to generate a Carleson measure for $H^{2}\left(\mathbb{D}^{n}\right)$.

Maz'ya and Verbitsky [2002] presented a boundedness criterion for a bilinear form associated to the Schrödinger operator. Although their viewpoint and proof techniques were quite different from those used for Hankel forms, their result is formally very similar. We change their formulation slightly to make the analogy more visible, our $b$ is related to their $V$ by $b=-\Delta^{-1} V$. Let $\stackrel{L}{2}_{2}^{1}\left(\mathbb{R}^{n}\right)$ be the energy space (homogenous Sobolev space) obtained by completing $C_{0}^{\infty}\left(\mathbb{R}^{n}\right)$ with respect to the quasinorm induced by the Dirichlet inner product

$$
\langle f, g\rangle_{\text {Dir }}=\int_{\mathbb{R}^{n}} \nabla f \cdot \overline{\nabla g} d x
$$

Given $b$, a bilinear Schrödinger form on $\check{L}_{2}^{1}\left(\mathbb{R}^{n}\right) \times \check{L}_{2}^{1}\left(\mathbb{R}^{n}\right)$ is defined by

$$
S_{b}(f, g)=\langle f g, b\rangle_{\mathrm{Dir}}
$$

Although the relevant class of measures in this context was first studied by Maz'ya we will use a notation which emphasizes the analogy with the previous situations. We will write $\mu \in C M\left(\dot{L}_{2}^{1}\left(\mathbb{R}^{n}\right)\right)$ if

$$
\|\mu\|_{C M\left(\dot{L}_{2}^{1}\left(\mathbb{R}^{n}\right)\right)}:=\sup \left\{\int_{\mathbb{R}^{n}}|f|^{2} d \mu:\|f\|_{L_{2}^{1}\left(\mathbb{R}^{n}\right)}=1\right\}<\infty .
$$

Corollary 2 of [Maz'ya and Verbitsky 2002] is that $S_{b}$ is bounded if and only if

$$
\left|(-\Delta)^{1 / 2} b\right|^{2} d x \in C M\left(\check{L}_{2}^{1}\left(\mathbb{R}^{n}\right)\right)
$$

It would be very satisfying to know an underlying reason for the similarity of these various results to each other and to Theorem 1.1.

Reformulation in terms of weak factorization. In his proof Nehari used the fact that any function $f \in$ $H^{1}(\mathbb{D})$ could be factored as $f=g h$ with $g, h \in H^{2}(\mathbb{D}),\|f\|_{H^{1}(\mathbb{D})}=\|g\|_{H^{2}(\mathbb{D})}\|h\|_{H^{2}(\mathbb{D})}$. In [Coifman et al. 1976] the authors develop a weak substitute for this. For two Banach spaces of functions, $\mathscr{A}$ and $\mathscr{B}$, defined on the same domain, define the weakly factored space $\mathscr{A} \odot \mathscr{B}$ to be the completion of finite sums $f=\sum a_{i} b_{i} ;\left\{a_{i}\right\} \subset \mathscr{A},\left\{b_{i}\right\} \subset \mathscr{B}$ using the norm

$$
\|f\|_{\mathscr{A} \odot \mathfrak{B}}=\inf \left\{\sum\left\|a_{i}\right\|_{\mathscr{A}}\left\|b_{i}\right\|_{\mathscr{B}}: f=\sum a_{i} b_{i}\right\} .
$$

It is shown in [Coifman et al. 1976] that $H^{2}\left(\partial \mathbb{B}^{n}\right) \odot H^{2}\left(\partial \mathbb{B}^{n}\right)=H^{1}\left(\partial \mathbb{B}^{n}\right)$ and consequentially

$$
\begin{equation*}
\left(H^{2}\left(\partial \mathbb{B}^{n}\right) \odot H^{2}\left(\partial \mathbb{B}^{n}\right)\right)^{*}=B M O\left(\partial \mathbb{B}^{n}\right) \tag{1-3}
\end{equation*}
$$

(In this context, by $=$ we mean equality of the function spaces and equivalence of the norms.) Based on the analogy between (1-1) and (1-3) we think of $\mathscr{D} \odot \mathscr{D}$ as a type of $H^{1}$ space and of $\mathscr{X}$ as a type of $B M O$ space. That viewpoint is developed further in [Arcozzi et al. 2008].

The precise formulation of (1-1) is the following corollary.
Corollary 1.2. For $b \in \mathscr{X}$ set $\Lambda_{b} h=T_{b}(h, 1)$, then $\Lambda_{b} \in(\mathscr{D} \odot \mathscr{D})^{*}$. Conversely, if $\Lambda \in(\mathscr{D} \odot \mathscr{D})^{*}$ there is $a$ unique $b \in \mathscr{X}$ so that for all $h \in \mathscr{P}(\mathbb{D})$ we have $\Lambda h=T_{b}(h, 1)=\Lambda_{b} h$. In both cases $\left\|\Lambda_{b}\right\|_{(\mathscr{O} \odot \mathscr{O}}{ }^{*} \approx\|b\|_{\mathscr{X}}$. Proof. If $b \in \mathscr{X}$ and $f \in \mathscr{D} \odot \mathscr{D}$, say $f=\sum g_{i} h_{i}$ with $\sum\left\|g_{i}\right\|_{\mathscr{\mathscr { }}}\left\|h_{i}\right\|_{\mathscr{D}} \leq\|f\|_{\mathscr{D} \odot \mathscr{D}}+\varepsilon$, then

$$
\left|\Lambda_{b} f\right|=\left|\sum_{i=1}^{\infty}\left\langle g_{i} h_{i}, b\right\rangle_{\mathscr{D}}\right|=\left|\sum_{i=1}^{\infty} T_{b}\left(g_{i}, h_{i}\right)\right| \leq\left\|T_{b}\right\| \sum_{i=1}^{\infty}\left\|g_{i}\right\|_{\mathscr{D}}\left\|h_{i}\right\|_{\mathscr{D}} \leq\left\|T_{b}\right\|\left(\|f\|_{\mathscr{D} \odot \mathscr{D}}+\varepsilon\right) .
$$

It follows that $\Lambda_{b} f=\langle f, b\rangle_{\mathscr{D}}$ defines a continuous linear functional on $\mathscr{D} \odot \mathscr{D}$ with $\left\|\Lambda_{b}\right\| \leq\left\|T_{b}\right\|$.
Conversely, if $\Lambda \in(\mathscr{D} \odot \mathscr{D})^{*}$ with norm $\|\Lambda\|$, then for all $f \in \mathscr{D}$

$$
|\Lambda f|=|\Lambda(f \cdot 1)| \leq\|\Lambda\|\|f\|_{\mathscr{D}}\|1\|_{\mathscr{D}}=\|\Lambda\|\|f\|_{\mathscr{D}} .
$$

Hence there is a unique $b \in \mathscr{D}$ such that $\Lambda f=\Lambda_{b} f$ for $f \in \mathscr{D}$. Finally, if $f=g h$ with $g, h \in \mathscr{D}$ we have

$$
\left|T_{b}(g, h)\right|=\left|\langle g h, b\rangle_{\mathscr{D}}\right|=\left|\Lambda_{b} f\right|=|\Lambda f| \leq\|\Lambda\|\|f\|_{\mathscr{D} \odot \mathscr{D}} \leq\|\Lambda\|\|g\|_{\mathscr{D}}\|h\|_{\mathscr{D}},
$$

which shows that $T_{b}$ extends to a continuous bilinear form on $\mathscr{D} \odot \mathscr{D}$ with $\left\|T_{b}\right\| \leq\|\Lambda\|$. By Theorem 1.1 we conclude $b \in \mathscr{X}$ and collecting the estimates that $\|\Lambda\|=\left\|\Lambda_{b}\right\|_{(\mathscr{O} \odot)^{*}} \approx\left\|T_{b}\right\| \approx\|b\|_{\mathscr{X}}$.

There is a bilinear form related to $T_{b}$ which was studied earlier and which is also related to a weak factorization statement. Define $K_{b}$ by $K_{b}(f, g)=\int_{\mathbb{D}} f^{\prime} g \bar{b}^{\prime} d V$. It was shown independently in [Coifman and Murai 1988; Tolokonnikov 1991; Rochberg and Wu 1993] that $K_{b}$ is bounded if and only if $b \in \mathscr{X}$. (In fact the work reported in the last of these papers began as an attempt to prove Theorem 1.1.) Define the space $\partial^{-1}(\partial \mathscr{D} \odot \mathscr{D})$ to be the completion of the space of functions $f$ which have $f^{\prime}=\sum_{i=1}^{N} g_{i}^{\prime} h_{i}$ (and thus $\left.f=\partial^{-1} \sum\left(\partial g_{i}\right) h_{i}\right)$ ) using the norm

$$
\|f\|_{\partial^{-1}(\partial \mathscr{D} O \mathscr{D})}=\inf \left\{\sum\left\|g_{i}\right\|_{\mathscr{D}}\left\|h_{i}\right\|_{\mathscr{D}}: f^{\prime}=\sum_{i=1}^{N} g_{i}^{\prime} h_{i}\right\} .
$$

Theorem 1.3 [Coifman and Murai 1988; Tolokonnikov 1991; Rochberg and Wu 1993]. $K_{b}$ is bounded if and only if $b \in \mathscr{X}$, equivalently,

$$
\left(\partial^{-1}(\partial \mathscr{D} \odot \mathscr{D})\right)^{*}=\mathscr{X} .
$$

In fact this follows from Theorem 1.1. In proving that if $b \in \mathscr{X}$ then $T_{b}$ is bounded we actually show directly that $K_{b}$ is bounded and then note that

$$
\begin{equation*}
T_{b}(f, g)=K_{b}(f, g)+K_{b}(g, f)+(f g \bar{b})(0) \tag{1-4}
\end{equation*}
$$

In the other direction, if $K_{b}$ is bounded then the same relation shows $T_{b}$ is bounded and we can then appeal to Theorem 1.1.

The representation (1-4) gives an insight into why Theorem 1.1 seems to be more difficult than those earlier results. The proofs of Theorem 1.3 in the three papers cited give, explicitly or implicitly, estimates from below for $\left|K_{b}(f, g)\right|$. In proving Theorem 1.1 we need to estimate $\left|T_{b}(f, g)\right|$ from below. Although the formula (1-4) invites using that representation as a starting point for analysis of $T_{b}$. It was unclear to us how to analyze the potential cancellation between terms on the right hand side of (1-4) and that potential cancellation appears to be a basic issue here.

Combining the previous two results we have, with the obvious notation:

## Corollary 1.4.

$$
\partial(\mathscr{D} \odot \mathscr{D})=\partial \mathscr{D} \odot \mathscr{D} .
$$

In contrast

$$
\partial(\mathscr{D} \odot \mathscr{D}) \neq \partial^{1 / 2} \mathscr{D} \odot \partial^{1 / 2} \mathscr{D} .
$$

To see this note that $\partial^{1 / 2} \mathscr{D} \odot \partial^{1 / 2} \mathscr{D}=H^{2}(\mathbb{D}) \odot H^{2}(\mathbb{D})=H^{1}(\mathbb{D})$ and that $f(z)=(\log (1-z))^{3 / 2}$ satisfies $f^{\prime} \in \partial(\mathscr{D} \odot \mathscr{D}), f^{\prime} \notin H^{1}$.

Reformulation in terms of matrices. If $T_{b}$ is given by (1-2) with $b(z)=\sum b_{n} z^{n}$ then the matrix representation of $T_{b}$ with respect to the monomial basis is $\left(\bar{b}_{i+j}\right)$. Nehari's theorem gives a boundedness condition for such Hankel matrices; matrices $\left(a_{i, j}\right)$ for which $a_{i, j}$ is a function of $i+j$. There are analogous results for Hankel forms on Bergman spaces. Those forms have matrices

$$
\begin{equation*}
\left((i+1)^{\alpha}(j+1)^{\beta}(i+j+1)^{\gamma} \bar{b}(i+j)\right) \tag{1-5}
\end{equation*}
$$

with $\alpha, \beta>0$ and are bounded if and only if $b(z)$ is in the Bloch space. The criteria for (1-5) to belong to the Schatten-von Neumann classes is known if $\min \{\alpha, \beta\}>-1 / 2$ and it is known that those results do not extend to $\min \{\alpha, \beta\} \leq-1 / 2$. For all of this see [Peller 2003, Chapter 6.8].

The matrix representations of the forms $T_{b}$ and $K_{b}$ with respect to the basis of normalized monomials of $\mathscr{D}$ are of the form (1-5) with $(\alpha, \beta)$ equal to $\left(-\frac{1}{2},-\frac{1}{2}\right)$ in the first case and $\left(-\frac{1}{2}, \frac{1}{2}\right)$ in the second.

## 2. Preliminary steps in the proof of Theorem 1.1

Proof of (2) given (1). Suppose $T_{b}$ is compact. For any holomorphic function $k(z)$ on $\mathbb{D}$ and $r, 0<r<1$, set $S_{r} k(z)=k(r z)$. A computation with monomials verifies that

$$
T_{S_{r} b}(f, g)=T_{b}\left(S_{r} f, S_{r} g\right)
$$

As $r \rightarrow 1, S_{r}$ converges strongly to $I$. Using this and that $T_{b}$ is compact we obtain $\lim \left\|T_{S_{r} b}-T_{b}\right\|=0$. Hence, by the first part of the theorem $\lim \left\|S_{r} b-b\right\|_{\mathscr{X}}=0$. The Taylor coefficients of $S_{r} b$ decay geometrically, hence $S_{r} b \in \mathscr{X}_{0}$ and thus $b \in \mathscr{X}_{0}$.

In the other direction note that if $b$ is a polynomial then $T_{b}$ is finite rank and hence compact. If $\left\{b_{n}\right\} \subset \mathscr{P}(\mathbb{D})$ is a sequence of polynomials which converge in norm to $b \in \mathscr{X}_{0}$ then, by the first part of the theorem, $T_{b}$ is the norm limit of the $T_{b_{n}}$ and hence is also compact.

Proof of the easy direction of (1). Suppose that $\mu_{b}$ is a Carleson measure for $\mathscr{D}$. For $f, g \in \mathscr{P}(\mathbb{D})$ we have

$$
\begin{aligned}
\left|T_{b}(f, g)\right| & =\left|f(0) g(0) \overline{b(0)}+\int_{\mathbb{D}}\left(f^{\prime}(z) g(z)+f(z) g^{\prime}(z)\right) \overline{b^{\prime}(z)} d A\right| \\
& \leq|f(0) g(0) b(0)|+\int_{\mathbb{D}}\left|f^{\prime}(z) g(z) b^{\prime}(z)\right| d A+\int_{\mathbb{D}}\left|f(z) g^{\prime}(z) b^{\prime}(z)\right| d A \\
& \leq|(f g b)(0)|+\|f\|_{\mathscr{D}}\left(\int_{\mathbb{D}}|g|^{2} d \mu_{b}\right)^{1 / 2}+\|g\|_{\mathscr{D}}\left(\int_{\mathbb{D}}|f|^{2} d \mu_{b}\right)^{1 / 2} \\
& \leq C\left(|b(0)|+\left\|\mu_{b}\right\|_{C M(\mathscr{D})}\right)\|f\|_{\mathscr{D}}\|g\|_{\mathscr{D}} \\
& =C\|b\|_{\mathscr{R}}\|f\|_{\mathscr{D}}\|g\|_{\mathscr{D}} .
\end{aligned}
$$

Thus $T_{b}$ has a bounded extension to $\mathscr{D} \times \mathscr{D}$ with $\left\|T_{b}\right\| \leq C\|b\|_{\mathscr{\mathscr { L }}}$.
We note for later that if $T_{b}$ extends to a bounded bilinear form on $\mathscr{D}$ then $b \in \mathscr{D}$, equivalently, $d \mu_{b}$ is a finite measure. To see this note that for all $f \in \mathscr{P}(\mathbb{D}),\left|\langle f, b\rangle_{\mathscr{D}}\right|=\left|T_{b}(f, 1)\right| \leq\left\|T_{b}\right\|\|f\|_{\mathscr{D}}\|1\|_{\mathscr{D}}$. Thus $b \in \mathscr{D}$ and

$$
\begin{equation*}
\|b\|_{\mathscr{D}} \leq C\left\|T_{b}\right\| . \tag{2-1}
\end{equation*}
$$

Disk capacity and disk blow-ups. To complete the proof of Theorem 1.1 we must show that if $T_{b}$ is bounded then $\mu_{b}:=\left|b^{\prime}\right|^{2} d A$ is a $\mathscr{D}$-Carleson measure. We will do this by showing that $\mu_{b}$ satisfies a capacitary condition introduced by Stegenga [1980].

For an interval $I$ in the circle we let $I_{m}$ be its midpoint and $z(I)=(1-|I| / 2 \pi) I_{m}$ be the associated index point in the disk. In the other direction let $I(z)$ be the interval such that $z(I(z))=z$. Let $T(I)$ be the tent over $I$, the convex hull of $I$ and $z(I)$ and let $T(z)=T(z(I)):=T(I)$. More generally, for any open subset $H$ of the circle $\mathbb{T}$, we define $T(H)$, the tent region of $H$ in the disk $\mathbb{D}$, by

$$
T(H)=\bigcup_{I \subset H} T(I)
$$

For $G$ in the circle $\mathbb{T}$ define the capacity of $G$ by

$$
\begin{equation*}
\mathrm{Cap}_{\mathbb{D}} G=\inf \left\{\|\psi\|_{\mathscr{D}}^{2}: \psi(0)=0, \operatorname{Re} \psi(z) \geq 1 \text { for } z \in G\right\} . \tag{2-2}
\end{equation*}
$$

Stegenga [1980] has shown that $\mu$ is a $\mathscr{D}$-Carleson measure exactly if for any finite collection of disjoint $\operatorname{arcs}\left\{I_{j}\right\}_{j=1}^{N}$ in the circle $\mathbb{T}$ we have

$$
\begin{equation*}
\mu\left(\bigcup_{j=1}^{N} T\left(I_{j}\right)\right) \leq C \operatorname{Cap}_{\mathbb{D}}\left(\bigcup_{j=1}^{N} I_{j}\right) \tag{2-3}
\end{equation*}
$$

We will need to understand how the capacity of a set changes if we expand it in certain ways. For $I$ an open arc and $0<\rho \leq 1$, let $I^{\rho}$ be the arc concentric with $I$ having length $|I|^{\rho}$.
Definition 2.1 (disk blowup). For $G$ open in $\mathbb{T}$ we call

$$
G_{\mathbb{D}}^{\rho}=\bigcup_{I \subset G} T\left(I^{\rho}\right)
$$

the disk blowup (of order $\rho$ ) of $G$.
The important feature of the disk blowup is that it achieves a good geometric separation between $\mathbb{D} \backslash G_{\mathbb{D}}^{\rho}$ and $G_{\mathbb{D}}^{1}=T(G)$. This plays a crucial role in using Schur's test to estimate an integral later, as well as in estimating an error term near the end of the paper.
Lemma 2.2. Let $G$ be an open subset of the circle $\mathbb{T}$. If $w \in G_{\mathbb{D}}^{1}=T(G)$ and $z \notin G_{\mathbb{D}}^{\rho}$ then $|z-w| \geq$ $\left(1-|w|^{2}\right)^{\rho}$.

Proof. The inequality follows from the definition of $G_{\mathbb{D}}^{\rho}$ and the inclusion

$$
T\left(I^{\rho}\right) \subset\left\{z:|z-z(I)|<2(1-|z(I)|)^{2 \rho}\right\}
$$

It would be useful to us if we knew there were constants $C_{\rho}$, for each $0<\rho<1$, such that

$$
\begin{equation*}
\operatorname{Cap}_{\mathbb{D}} \bigcup_{I \subset G} I^{\rho} \leq C_{\rho} \operatorname{Cap}_{\mathbb{D}} G \tag{2-4}
\end{equation*}
$$

and

$$
\begin{equation*}
\lim _{\rho \rightarrow 1^{-}} C_{\rho}=1 \tag{2-5}
\end{equation*}
$$

Bishop [1994] proved (2-4) but did not obtain (2-5). In a short while we will obtain Lemma 2.8, an analog of (2-4) and (2-5) in a tree model, and that will play an important role in the proof. After we show that tree and disk are comparable (Corollary 2.12) we will also have the tree result (2-4), which will likewise be used in the proof. It remains an open question whether the disk result (2-5) holds.

Tree capacity and tree blow-ups. In our study of capacities and approximate extremals it will sometimes be convenient to transfer our arguments to and from the Bergman tree $\mathscr{T}$ and to work with the associated tree capacities. We now recall the notation associated to $\mathscr{T}$. Further properties of $\mathscr{T}$ are in the Appendix and a more extensive investigation with other applications is in [Arcozzi et al. 2007].

Let $\mathscr{T}$ be the standard Bergman tree in the unit disk $\mathbb{D}$. That is $\mathscr{T}=\{x\}$ is the index set for the subsets $\left\{B_{x}\right\}$ of $\mathbb{D}$ obtained by decomposing $\mathbb{D}$, first with the circles $C_{k}=\left\{z:|z|=1-2^{-k}\right\}, k=1,2, \ldots$ and then for each $k$ making $2^{k}$ radial cuts in the ring bounded by $C_{k}$ and $C_{k+1}$. We refer to the $\left\{B_{x}\right\}$ as boxes and
we emphasize the standard bijection between the boxes and the intervals on the circle $\left\{I\left(B_{x}\right)\right\}$ obtained by radial projection of the boxes. This also induces a bijection with the point set $\left\{z\left(I\left(B_{x}\right)\right)\right\}$ in the disk; furthermore, $z\left(I\left(B_{x}\right)\right) \in B_{x}$. At times we will use the label $x$ to denote the point $z\left(I\left(B_{x}\right)\right)$.
$\mathscr{T}$ is a rooted dyadic tree with root $\{0\}$, which we denote by $o$. For a vertex $x$ of $\mathscr{T}$ we denote its immediate predecessor by $x^{-1}$ and its two immediate successors by $x_{+}$and $x_{-}$. We let $d(x)$ equal the number of nodes on the geodesic $[o, x]$. The successor set of $x$ is $S(x)=\{y \in \mathscr{T}: y \geq x\}$.

We say that $S \subset \mathscr{T}$ is a stopping time if no pair of distinct points in $S$ are comparable in $\mathscr{T}$. Given stopping times $E, F \subset \mathscr{T}$ we say that $F \succ E$ if for every $x \in F$ there is $y \in E$ above $x$, that is, with $x>y$. For stopping times $F \succ E$ denote by $\mathscr{G}(E, F)$ the union of all those geodesics connecting a point of $x \in F$ to the point $y \in E$ above it.

The bijections between $\left\{B_{x}\right\},\left\{I\left(B_{x}\right)\right\}$, and $\left\{z\left(I\left(B_{x}\right)\right)\right\}$ induce bijections between other sets. We will be particularly interested in three types of sets:

- stopping times $W$ in the tree $\mathscr{T}$,
- $\mathscr{T}$-open subsets $G$ of the circle $\mathbb{T}$,
- $\mathscr{T}$-tent regions $\Gamma$ of the disk $\mathbb{D}$.

The bijections are given as follows. For $W$ a stopping time in $\mathscr{T}$, its associated $\mathscr{T}$-open set in $\mathbb{T}$ is the $\mathscr{T}$-shadow $S_{\mathscr{T}}(W)=\bigcup\{I(x): x \in W\}$ of $W$ on the circle (this also defines the collection of $\mathscr{T}$-open sets). The associated $\mathscr{T}$-tent region in $\mathbb{D}$ is $T_{\mathscr{T}}(W)=\bigcup\{T(I(\kappa)): \kappa \in W\}$ (this also defines the collection of $\mathscr{T}$-tent regions).

At times we will identify a stopping time $W=W_{\mathscr{T}}$ in a tree $\mathscr{T}$ with its associated $\mathscr{T}$-shadow on the circle and its $\mathscr{T}$-tent region in the disk and will use $W$ or $W_{\mathscr{T}}$ to denote any of them. When we do this the exact interpretation will be clear from the context.

Note that for any open subset $E$ of the circle $\mathbb{T}$, there is a unique $\mathscr{T}$-open set $G \subset E$ such that $E \backslash G$ is at most countable. We often informally identify the open sets $E$ and $G$.

For a functions $k, K$ defined on $\mathscr{T}$ set

$$
\operatorname{Ik}(x)=\sum_{y \in[o, x]} k(y), \quad \Delta K(x)=K(x)-K\left(x^{-}\right)
$$

with the convention that $K\left(o^{-}\right)=0$.
For $\Omega \subseteq \mathscr{T}$ a point $x \in \mathscr{T}$ is in the interior of $\Omega$ if $x, x^{-1}, x_{+}, x_{-} \in \Omega$. A function $H$ is harmonic in $\Omega$ if

$$
\begin{equation*}
H(x)=\frac{1}{3}\left[H\left(x^{-1}\right)+H\left(x_{+}\right)+H\left(x_{-}\right)\right] \tag{2-6}
\end{equation*}
$$

for every point $x$ which is interior in $\Omega$. If $H=I h$ is harmonic then for all $x$ in the interior of $\Omega$

$$
\begin{equation*}
h(x)=h\left(x_{+}\right)+h\left(x_{-}\right) . \tag{2-7}
\end{equation*}
$$

Let $\mathrm{Cap}_{\mathscr{J}}$ be the tree capacity associated with $\mathscr{T}$ :

$$
\begin{equation*}
\operatorname{Cap}_{\mathscr{T}}(E)=\inf \left\{\|f\|_{\ell^{2}(\mathscr{T})}^{2}: I f \geq 1 \text { on } E\right\} . \tag{2-8}
\end{equation*}
$$

More generally, if $E, F \subset \mathscr{T}$ are disjoint stopping times with $F \succ E$, the capacity of the pair $(E, F)$, commonly known as a condenser, is given by

$$
\begin{equation*}
\operatorname{Cap}_{\mathscr{T}}(E, F)=\inf \left\{\|f\|_{\ell^{2}(\mathcal{J})}^{2}: I f \geq 1 \text { on } F, \operatorname{supp}(f) \subset \bigcup_{e \in E} S(e)\right\} . \tag{2-9}
\end{equation*}
$$

Let $\mathscr{T}_{\theta}$ be the rotation of the tree $\mathscr{T}$ by the angle $\theta$, and let $\mathrm{Cap}_{\mathscr{T}_{\theta}}$ be the tree capacity associated with $\mathscr{T}_{\theta}$ as in (2-8), and extend the definition to open subsets $G$ of the circle $\mathbb{T}$ by

$$
\operatorname{Cap}_{\mathscr{T}_{\theta}}(G)=\inf \left\{\sum_{\kappa \in \mathscr{T}_{\theta}} f(\kappa)^{2}: I f(\beta) \geq 1 \text { for } \beta \in \mathscr{T}_{\theta}, I(\beta) \subset G\right\}
$$

This is consistent with the definition of tree capacity of a stopping time $W$ in $\mathscr{T}_{\theta}$; that is, if

$$
G=\bigcup\{I(\kappa): \kappa \in W\}
$$

we have

$$
\operatorname{Cap}_{\mathscr{T}_{\theta}}(W)=\operatorname{Cap}_{\mathscr{T}_{\theta}}(\{o\}, W)=\operatorname{Cap}_{\mathscr{T}_{\theta}}(G)
$$

When the angle $\theta$ is not important, we will simply write $\mathscr{T}$ with the understanding that all results have analogues with $\mathscr{T}_{\theta}$ in place of $\mathscr{T}$.

We will use functions on the disk which are approximate extremals for measuring capacity, that is functions for which the equality in (2-2) is approximately attained. A tool in doing that is an analysis of the model problems on a tree. The following result about tree capacities and extremals is proved in the Appendix.

Proposition 2.3. Suppose $E, F \subset \mathcal{T}$ are disjoint stopping times with $F \succ E$.
(1) There is an extremal function $H=I h$ such that $\operatorname{Cap}(E, F)=\|h\|_{\ell^{2}}^{2}$.
(2) The function $H$ is harmonic on $\mathscr{T} \backslash(E \cup F)$.
(3) If $S$ is a stopping time in $\mathscr{T}$, then $\sum_{\kappa \in S}|h(\kappa)| \leq 2 \operatorname{Cap}(E, F)$.
(4) The function $h$ is positive on $\mathscr{G}(E, F)$ and zero elsewhere.

Definition 2.4 (stopping time blowup). Given $0 \leq \rho \leq 1$ and a stopping time $W$ in a tree $\mathscr{T}$, define the stopping time blowup $W_{\mathscr{T}}^{\rho}$ of $W$ in $\mathscr{T}$ as the set of minimal tree elements in $\left\{R^{\rho} \kappa: \kappa \in \mathscr{T}_{\theta}\right\}$, where $R^{\rho} \kappa$ denotes the unique element in the tree $\mathscr{T}$ satisfying

$$
\begin{equation*}
o \leq R^{\rho} \kappa \leq \kappa, \quad \rho d(\kappa) \leq d\left(R^{\rho} \kappa\right)<\rho d(\kappa)+1 . \tag{2-10}
\end{equation*}
$$

Clearly $W_{\mathscr{T}}^{\rho}$ is a stopping time in $\mathscr{T}$. Note that $R^{1} \kappa=\kappa$. The element $R^{\rho} \kappa$ can be thought of as the $\rho$-th root of $\kappa$, since $\left|R^{\rho} \kappa\right|=2^{-d\left(R^{\rho} \kappa\right)} \approx 2^{-\rho d(\kappa)}=|\kappa|^{\rho}$.

If $W$ is a stopping time for $\mathscr{T}$ and $W_{\mathscr{T}}^{\rho}$ is the stopping time blowup of $W$, then there is a good estimate for the tree capacity of $W_{\mathscr{T}}^{\rho}$ given in Lemma 2.8 below: $\operatorname{Cap}_{\mathscr{J}}\left(\{o\}, W_{\mathscr{J}}^{\rho}\right) \leq \rho^{-2} \operatorname{Cap}_{\mathscr{T}}(\{o\}, W)$. Unfortunately there is not a good condenser estimate of the form $\operatorname{Cap}_{\mathscr{T}}\left(W_{\mathscr{T}}^{\rho}, W\right) \leq C_{\rho} \operatorname{Cap}_{\mathscr{T}}(\{o\}, W)$; the left side can be infinite when the right side is finite. We now introduce another type of blowup, a tree analog of the disk blowup, for which we do have an effective condenser estimate. We do this using a capacitary
extremal function and a comparison principle. Let $W$ be a stopping time in $\mathscr{T}$. By Proposition 2.3, there is a unique extremal function $H=I h$ such that

$$
\begin{equation*}
\operatorname{Ih}(x)=H(x)=1 \text { for } x \in W \quad \text { and } \quad \operatorname{Cap}_{\mathscr{T}} W=\|h\|_{\ell^{2}}^{2} \tag{2-11}
\end{equation*}
$$

Definition 2.5 (capacitary blowup). Given a stopping time $W$ in $\mathscr{T}$, the corresponding extremal $H$ satisfying (2-11), and $0<\rho<1$, define the capacitary blowup $\widehat{W_{\mathscr{T}}^{\rho}}$ of $W$ by

$$
\widehat{W_{\mathscr{T}}^{\rho}}=\{t \in \mathscr{G}(\{o\}, W): H(t) \geq \rho \quad \text { and } \quad H(x) \leq \rho \text { for } x<t\} .
$$

Clearly $\widehat{W_{\mathscr{T}}^{\rho}}$ is a stopping time in $\mathscr{T}$.

## Lemma 2.6.

$$
\operatorname{Cap}_{\mathscr{T}} \widehat{W_{\mathscr{T}}^{\rho}} \leq \rho^{-2} \operatorname{Cap}_{\mathscr{T}} W
$$

Proof. Let $H$ be the extremal for $W$ in (2-11) and set $h=\Delta H, h^{\rho}=h / \rho$ and $H^{\rho}=H / \rho$. Then $H^{\rho}$ is a candidate for the infimum in the definition of capacity of $\widehat{W_{\mathscr{T}}^{\rho}}$, and hence, by the comparison principle,

$$
\operatorname{Cap}_{\mathscr{T}} \widehat{W_{\mathscr{T}}^{\rho}} \leq\left\|h^{\rho}\right\|_{\ell^{2}}^{2}=\left(\frac{1}{\rho}\right)^{2}\|h\|_{\ell^{2}}^{2}=\rho^{-2} \operatorname{Cap}_{\mathscr{T}} W .
$$

The next lemma is used in the proof of our main estimate, (3-1). It requires an upper bound on $\operatorname{Cap}_{\mathbb{D}}(G)$. However, (3-1) is straightforward if $\operatorname{Cap}_{\mathbb{D}}(G)$ bounded away from zero so that restriction is not a problem. In fact, moving forward we will assume, at times implicitly, that $\mathrm{Cap}_{\mathbb{D}}(G)$ is not large.
Lemma 2.7. $\operatorname{Cap}_{\mathscr{J}}\left(W, \widehat{W_{\mathscr{T}}^{\rho}}\right) \leq \frac{4}{(1-\rho)^{2}} \operatorname{Cap}_{\mathscr{T}} W$ provided $\operatorname{Cap}_{\mathscr{T}} W \leq(1-\rho)^{2} / 4$.
Proof. Let $H$ be the extremal for $W$ in (2-11). For $t \in \widehat{W_{\mathscr{T}}^{\rho}}$ we have by our assumption,

$$
h(t) \leq\|h\|_{\ell^{2}} \leq \sqrt{\operatorname{Cap}_{\mathscr{T}} W} \leq \frac{1}{2}(1-\rho)
$$

and so

$$
H(t)=H\left(t^{-}\right)+h(t) \leq \rho+\frac{1}{2}(1-\rho)=\frac{1}{2}(1+\rho)
$$

If we define $\widetilde{H}(t)=2 /(1-\rho)\left(H(t)-\frac{1}{2}(1+\rho)\right)$, then $\widetilde{H} \leq 0$ on $\widehat{W_{\mathscr{T}}^{\rho}}$ and $\widetilde{H}=1$ on $W$. Thus $\widetilde{H}$ is a candidate for the capacity of the condenser and so, by the comparison principle,

$$
\operatorname{Cap}_{\mathscr{T}}\left(W, \widehat{W_{\mathscr{T}}^{\rho}}\right) \leq\|\Delta \widetilde{H}\|_{\ell^{2}\left(\mathscr{G}\left(W_{\mathscr{F}}^{\rho}, W\right)\right)}^{2} \leq\|\Delta \widetilde{H}\|_{\ell^{2}(\mathscr{T})}^{2}=\left(\frac{2}{1-\rho}\right)^{2}\|h\|_{\ell^{2}(\mathscr{T})}^{2}=\frac{4}{(1-\rho)^{2}} \operatorname{Cap}_{\mathscr{T}} W .
$$

We also have good tree separation inherited from the stopping time blowup $W_{\mathscr{T}}^{\rho}$. This gives our substitute for (2-4) and (2-5).
Lemma 2.8. $W_{\mathscr{T}}^{\rho} \subset \widehat{W_{\mathscr{T}}^{\rho}}$ as open subsets of the circle or, equivalently, as $\mathscr{T}$-tent regions in the disk. Consequently $\mathrm{Cap}_{\mathscr{T}} W_{\mathscr{T}}^{\rho} \leq \rho^{-2} \mathrm{Cap}_{\mathscr{T}} W$.
Proof. The restriction of $H$ to a geodesic is a concave function of distance from the root, and so if $o<z<w \in W$, then

$$
H(z) \geq\left(1-\frac{d(z)}{d(w)}\right) H(o)+\frac{d(z)}{d(w)} H(w)=\frac{d(z)}{d(w)} \geq \rho, \quad z \in \widehat{W_{\mathscr{T}}^{\rho}},
$$

and this proves $W_{\mathscr{T}}^{\rho} \subset \widehat{W_{\mathcal{T}}^{\rho}}$. The inequality now follows from Lemma 2.6.

Holomorphic approximate extremals and capacity estimates. We now define a holomorphic approximation $\Phi$ to the extremal function $H=I h$ on $\mathscr{T}$ constructed in Proposition 2.3. We will use a parameter $s$. We always suppose $s>-1$ and additional specific assumptions will be made at various places. Define

$$
\begin{align*}
\varphi_{\kappa}(z) & =\left(\frac{1-|\kappa|^{2}}{1-\bar{\kappa} z}\right)^{1+s} \\
\Phi(z) & =\sum_{\kappa \in \mathscr{T}} h(\kappa) \varphi_{\kappa}(z)=\sum_{\kappa \in \mathscr{T}} h(\kappa)\left(\frac{1-|\kappa|^{2}}{1-\bar{\kappa} z}\right)^{1+s} \tag{2-12}
\end{align*}
$$

Note that for $\tau \in \mathscr{T}$

$$
\sum_{\kappa \in \mathscr{T}} h(\kappa) I \delta_{\kappa}(\tau)=I\left(\sum_{\kappa \in \mathscr{T}} h(\kappa) \delta_{\kappa}\right)(\tau)=\operatorname{Ih}(\tau)=H(\tau)
$$

and so

$$
\begin{equation*}
\Phi(z)-H(z)=\sum_{\kappa \in \mathcal{T}} h(\kappa)\left\{\varphi_{\kappa}-I \delta_{\kappa}\right\}(z) \tag{2-13}
\end{equation*}
$$

Define $\Gamma_{s}$ by

$$
\begin{equation*}
\Gamma_{s} h(z)=\int_{\mathbb{D}} h(\zeta) \frac{\left(1-|\zeta|^{2}\right)^{s}}{(1-\bar{\zeta} z)^{1+s}} d A \tag{2-14}
\end{equation*}
$$

and recall that for appropriate constant $c_{s}, c_{s} \Gamma_{s}$ is a projection onto holomorphic functions [Zhu 2005, Thm 2.11]. For notational convenience we absorb the constant $c_{s}$ into the measure $d A$. Thus for $h \in \mathscr{P}(\mathbb{D})$,

$$
\begin{equation*}
\Gamma_{s} h(z)=h(z) \tag{2-15}
\end{equation*}
$$

We then have $\Phi=\Gamma_{s} g$ where

$$
\begin{equation*}
g(\zeta)=\sum_{\kappa \in \mathcal{T}} h(\kappa) \frac{1}{\left|B_{\kappa}\right|} \frac{(1-\bar{\zeta} \kappa)^{1+s}}{\left(1-|\zeta|^{2}\right)^{s}} \chi_{B_{\kappa}}(\zeta) \tag{2-16}
\end{equation*}
$$

and $B_{\kappa}$ is the Euclidean ball centered at $\kappa$ with radius $c(1-|\kappa|)$ where $c$ is a small positive constant to be chosen later. The function $\Phi$ satisfies the following estimates.
Proposition 2.9. Set $F=\widehat{E_{\mathscr{T}}^{\rho}}$ and write $E=\left\{w_{k}\right\}_{k}$. Suppose $z \in \mathbb{D}$ and $s>-1$. Then

$$
\begin{cases}\left|\Phi(z)-\Phi\left(w_{k}\right)\right| \leq C \operatorname{Cap}_{\mathscr{J}}(E, F), & z \in T\left(w_{k}\right)  \tag{2-17}\\ \operatorname{Re} \Phi\left(w_{k}\right) \geq c>0, & k \geq 1 \\ \left|\Phi\left(w_{k}\right)\right| \leq C, & k \geq 1 \\ |\Phi(z)| \leq C \operatorname{Cap}_{\mathscr{J}}(E, F), & z \notin F\end{cases}
$$

Corollary 2.10. Let the situation be as in the proposition. If $s>-\frac{1}{2}$ then $\Phi=\Gamma_{s} g$, where $g$ satisfies

$$
\begin{equation*}
\int_{\mathbb{D}}|g(\zeta)|^{2} d A \leq C \operatorname{Cap}_{\mathscr{T}}(E, F) \tag{2-18}
\end{equation*}
$$

and if $s>\frac{1}{2}$ then

$$
\begin{equation*}
\|\Phi\|_{\mathscr{D}}^{2} \leq \int_{\mathbb{D}}|g(\zeta)|^{2} d A \leq C \operatorname{Cap}_{\mathscr{T}}(E, F) \tag{2-19}
\end{equation*}
$$

Proof. From (2-13) we have

$$
|\Phi(z)-H(z)| \leq \sum_{\kappa \in[o, z]}\left|h(\kappa)\left\{\varphi_{\kappa}(z)-1\right\}\right|+\sum_{\kappa \notin[o, z]}\left|h(\kappa) \varphi_{\kappa}(z)\right|=\mathrm{I}(z)+\mathrm{II}(z) .
$$

Also, $h$ is nonnegative and supported in $V_{G}^{\gamma} \backslash V_{G}^{\alpha}$. We first show that

$$
\mathrm{II}(z) \leq \sum_{\kappa \notin[o, z]} h(\kappa)\left|\frac{1-|\kappa|^{2}}{1-\bar{\kappa} z}\right|^{1+s} \leq C \operatorname{Cap}(E, F)
$$

For $A>1$ let

$$
\Omega_{j}=\left\{\kappa \in \mathscr{T}: A^{-j-1}<\left|\frac{1-|\kappa|^{2}}{1-\bar{\kappa} z}\right| \leq A^{-j}\right\}
$$

Lemma 2.11. For every $j$ the set $\Omega_{j}$ is a union of two stopping times for $\mathscr{T}$.
Proof. Let $\Omega_{j}^{1}$ be the subset of $\Omega_{j}$ of points whose distance from the root is odd and set $\Omega_{j}^{2}=\Omega_{j} \backslash \Omega_{j}^{1}$. We will show both are stopping times; that is, if for $r=1,2, \kappa \in \Omega_{j}^{r}, \lambda \in \mathscr{T}$, and $\kappa \in[o, \lambda)$, then $\lambda \notin \Omega_{j}^{r}$.

Set $\delta \kappa=\lambda-\kappa$. We have

$$
\begin{align*}
\left|\frac{1-\bar{\lambda} z}{1-|\lambda|^{2}}\right| & =\frac{1-|\kappa|^{2}}{1-|\lambda|^{2}}\left|\frac{1-(\overline{\kappa+\delta \kappa}) z}{1-|\kappa|^{2}}\right| \\
& =\frac{1-|\kappa|^{2}}{1-|\lambda|^{2}}\left|\frac{1-\bar{\kappa} z}{1-|\kappa|^{2}}-\frac{\overline{\delta \kappa} z}{1-|\kappa|^{2}}\right| \geq \frac{1-|\kappa|^{2}}{1-|\lambda|^{2}}\left(\left|\frac{1-\bar{\kappa} z}{1-|\kappa|^{2}}\right|-\frac{|\overline{\delta \kappa} z|}{1-|\kappa|^{2}}\right) . \tag{2-20}
\end{align*}
$$

By the construction of the tree $\left(1-|\kappa|^{2}\right) \sim 2^{s}\left(1-|\lambda|^{2}\right)$ for some positive integer $s$, and if $\kappa$ and $\lambda$ are in the same $\Omega_{j}^{r}$ then $s \geq 2$. Also, by the construction of $\mathscr{T}$, we have

$$
\frac{|\overline{\delta \kappa} z|}{1-|\kappa|^{2}} \leq \frac{\sqrt{2}(1-|\kappa|)|z|}{1-|\kappa|^{2}} \lesssim \frac{\sqrt{2}}{2}
$$

and hence we continue with

$$
\left|\frac{1-\bar{\lambda} z}{1-|\lambda|^{2}}\right| \geq 4\left(A^{j}-\frac{\sqrt{2}}{2}\right)
$$

We are done if $A^{j+1} \leq 4\left(A^{j}-\sqrt{2} / 2\right)$ for each $j$. That holds if $A \leq 4(1-\sqrt{2} / 2)<1.17$.
Now by the stopping time property, item 3 in Proposition 2.3, we have

$$
\sum_{\kappa \in \Omega_{j}} h(\kappa) \leq C \operatorname{Cap}_{\mathscr{T}}(E, F), j \geq 0
$$

Altogether we then have

$$
\mathrm{II}(z) \leq \sum_{j=0}^{\infty} \sum_{\kappa \in \Omega_{j}} h(\kappa) A^{-j(1+s)} \leq C_{s} \operatorname{Cap}_{\mathscr{T}}(E, F)
$$

If $z \in \mathbb{D} \backslash F$ then $\mathrm{I}(z)=0$ and $H(z)=0$ and we have

$$
|\Phi(z)|=|\Phi(z)-H(z)| \leq \mathrm{II}(z) \leq C_{s} \operatorname{Cap}_{\mathscr{J}}(E, F)
$$

which is the fourth line in (2-17).

If $z \in T\left(w_{j}\right)$, then for $\kappa \notin\left[o, w_{j}\right]$ we have $\left|\varphi_{\kappa}\left(w_{j}\right)\right| \leq C\left|\varphi_{\kappa}(z)\right|$, and for $\kappa \in[o, z]$ we have

$$
\left|\varphi_{\kappa}(z)-\varphi_{\kappa}\left(w_{j}\right)\right|=\left|\left(\frac{1-|\kappa|^{2}}{1-\bar{\kappa} z}\right)^{1+s}-\left(\frac{1-|\kappa|^{2}}{1-\bar{\kappa} w_{j}}\right)^{1+s}\right| \leq C_{s} \frac{\left|z-w_{j}\right|}{1-|\kappa|^{2}}
$$

Thus for $z \in T\left(w_{j}^{\alpha}\right)$,

$$
\begin{aligned}
\left|\Phi(z)-\Phi\left(w_{j}\right)\right| & \leq \sum_{\kappa \in\left[o, w_{j}^{\alpha}\right]} h(\kappa)\left|\varphi_{\kappa}(z)-\varphi_{\kappa}\left(w_{j}\right)\right|+C \sum_{\kappa \notin[o, z]} h(\kappa)\left|\varphi_{\kappa}(z)\right| \\
& \leq C_{S} \sum_{\kappa \in\left[o, w_{j}^{\alpha}\right]} h(\kappa) \frac{\left|z-w_{j}\right|}{1-|\kappa|^{2}}+C \operatorname{II}(z) \leq C_{s} \operatorname{Cap}_{\mathscr{T}}(E, F)
\end{aligned}
$$

since $h(\kappa) \leq C \operatorname{Cap}_{\mathscr{T}}(E, F)$ and $\sum_{\kappa \in\left[o, w_{j}\right]} \frac{1}{1-|\kappa|^{2}} \approx \frac{1}{1-\left|w_{j}\right|^{2}}$. This proves the first line in (2-17).
Moreover, we note that for $s=0$ and $\kappa \in\left[o, w_{j}\right]$,

$$
\operatorname{Re} \varphi_{\kappa}\left(w_{j}\right)=\operatorname{Re} \frac{1-|\kappa|^{2}}{1-\bar{\kappa} w_{j}}=\operatorname{Re} \frac{1-|\kappa|^{2}}{\left|1-\bar{\kappa} w_{j}\right|^{2}}\left(1-\kappa \overline{w_{j}}\right) \geq c>0
$$

A similar result holds for $s>-1$ provided the Bergman tree $\mathscr{T}$ is constructed sufficiently thin depending on $s$. It then follows from $\sum_{\kappa \in\left[o, w_{j}\right]} h(\kappa)=1$ that

$$
\begin{aligned}
\operatorname{Re} \Phi\left(w_{j}\right) & =\sum_{\kappa \in\left[o, w_{j}\right]} h(\kappa) \operatorname{Re} \varphi_{\kappa}\left(w_{j}\right)+\sum_{\kappa \notin\left[o, w_{j}\right]} h(\kappa) \operatorname{Re} \varphi_{\kappa}\left(w_{j}\right) \\
& \geq c \sum_{\kappa \in\left[o, w_{j}\right]} h(\kappa)-C \operatorname{Cap}_{\mathscr{J}}(E, F) \geq c^{\prime}>0 .
\end{aligned}
$$

We trivially have

$$
\left|\Phi\left(w_{j}\right)\right| \leq \mathrm{I}(z)+\mathrm{II}(z) \leq C \sum_{\kappa \in\left[o, w_{j}\right]} h(\kappa)+C \operatorname{Cap}_{\mathscr{T}}(E, F) \leq C
$$

and this completes the proof of (2-17).
Now we prove (2-18). From property 1 of Proposition 2.3 we obtain

$$
\begin{aligned}
\int_{\mathbb{D}}|g(\zeta)|^{2} d A & =\int_{\mathbb{D}}\left|\sum_{\kappa \in \mathscr{T}} h(\kappa) \frac{1}{\left|B_{\kappa}\right|} \frac{(1-\bar{\zeta} \kappa)^{1+s}}{\left(1-|\zeta|^{2}\right)^{s}} \chi_{B_{\kappa}}(\zeta)\right|^{2} d A \\
& =\sum_{\kappa \in \mathscr{T}}|h(\kappa)|^{2} \frac{1}{\left|B_{\kappa}\right|^{2}} \int_{B_{\kappa}} \frac{|1-\bar{\zeta} \kappa|^{2+2 s}}{\left(1-|\zeta|^{2}\right)^{2 s}} d A \approx \sum_{\kappa \in \mathscr{T}}|h(\kappa)|^{2} \approx \operatorname{Cap}_{\mathscr{T}}(E, F)
\end{aligned}
$$

Finally (2-19) follows from (2-18) and [Böe 2002, Lemma 2.4].
Corollary 2.12. Let $G$ be a finite union of arcs in the circle $\mathbb{T}$. Then

$$
\begin{equation*}
\operatorname{Cap}_{\mathbb{D}}(G) \approx \operatorname{Cap}_{\mathscr{T}}(G) \tag{2-21}
\end{equation*}
$$

where $\mathrm{Cap}_{\mathbb{D}}$ denotes Stegenga's capacity on the circle $\mathbb{T}$.

Proof. To prove the inequality $\lesssim$ in (2-21) we use Proposition 2.9 to obtain a test function for estimating the Stegenga capacity of $G$. We take $F=\{o\}$ and $E=G$ in Proposition 2.9. Let $c, C$ be the constants in Proposition 2.9, and suppose that $\operatorname{Cap}(E, F) \leq c /(3 C)$. Set $\Psi(z)=\frac{3}{c}(\Phi(z)-\Phi(0))$. Then $\Psi(0)=0$ and

$$
\operatorname{Re} \Psi(z)=\frac{3}{c}\{\operatorname{Re} \Phi(z)-\operatorname{Re} \Phi(0)\} \geq \frac{3}{c}\left\{c-2 C \operatorname{Cap}_{\mathscr{T}}(E, F)\right\} \geq 1, \quad z \in G
$$

By definition (2-2) and (2-19) we have, for $G \subset \mathbb{T}$,

$$
\operatorname{Cap}_{\mathbb{D}}(G) \leq\|\Psi\|_{\mathscr{D}}^{2}=\left(\frac{3}{c}\right)^{2}\|\Phi\|_{\mathscr{D}}^{2} \leq\left(\frac{3}{c}\right)^{2} C \operatorname{Cap}_{\mathscr{T}}(E, F) \leq C \operatorname{Cap}_{\mathscr{T}} E=C \operatorname{Cap}_{\mathscr{T}} G .
$$

To obtain the opposite inequality we use $\psi \in \mathscr{D}$, an extremal function for computing $\mathrm{Cap}_{\mathbb{D}} G$. For $R>0, z \in \mathbb{D}$ let $B(z, R)$ be the hyperbolic disk of radius $R$ centered at $z$. Pick $R$ large enough so that for all $\kappa \in \mathscr{T} \backslash\{o\}$ we have $B(\kappa, R) \supset$ convexhull $\left(B_{\kappa} \cup B_{\kappa^{-1}}\right)$. Our candidate for estimating Cap $_{\mathscr{J}}$ is given by setting $h(o)=0$ and

$$
h(\kappa)=\left(1-|\kappa|^{2}\right) \sup \left\{\left|\psi^{\prime}(z)\right|: z \in B(\kappa, R)\right\} ; \kappa \in \mathscr{T} \backslash\{o\} .
$$

We have the pointwise estimate

$$
\begin{aligned}
\operatorname{Re} \psi(\beta) & \leq|\psi(\beta)| \leq \sum_{\kappa \in[0, \beta]}\left|\psi(\kappa)-\psi\left(\kappa^{-1}\right)\right| \\
& \leq \sum_{\kappa \in[o, \beta]}\left|\kappa-\kappa^{-1}\right| \sup \left\{\left|\psi^{\prime}(z)\right|: z \in \operatorname{segment}\left(\kappa, \kappa^{-1}\right)\right\} \leq C \sum_{\kappa \in[0, \beta]} h(\kappa)=C \operatorname{Ih}(\beta) .
\end{aligned}
$$

We have the norm estimate, with $z(\kappa)$ denoting the appropriate point in $B(\kappa, R)$,

$$
\begin{aligned}
\|h\|_{\ell^{2}(\mathscr{T})}^{2} & =\sum_{\kappa \in \mathscr{T}}\left(1-\left|\kappa^{2}\right|\right)^{2}\left|\psi^{\prime}(z(\kappa))\right|^{2} \leq C \sum_{\kappa \in \mathscr{T}} \frac{\left(1-\left|\kappa^{2}\right|\right)^{2}}{|B(\kappa, R)|} \int_{B(\kappa, R)}\left|\psi^{\prime}(z)\right|^{2} d A \\
& \leq C \sum_{\kappa \in \mathscr{T}} \int_{B(\kappa, R)}\left|\psi^{\prime}(z)\right|^{2} d A \leq C \int_{\mathbb{D}}\left|\psi^{\prime}(z)\right|^{2} d A \leq C\|\psi\|_{\mathscr{D}}^{2} .
\end{aligned}
$$

Here the first inequality uses the submean value property for the subharmonic function $\left|\psi^{\prime}(z)\right|^{2}$, the second uses straightforward estimates for $|B(\kappa, R)|$, and the next estimate holds because the $B(\kappa, R)$ are approximately disjoint; $\sum \chi_{B(\kappa, R)}(z) \leq C$. Recalling definition (2-8) we find

$$
\operatorname{Cap}_{\mathscr{T}} G \leq C\left\|\frac{1}{c} \psi\right\|_{\mathscr{D}}^{2}=\frac{C}{c^{2}} \operatorname{Cap}_{\mathbb{D}} G
$$

Abbreviate $\operatorname{Cap}_{\mathscr{J}_{\theta}}$ by $\mathrm{Cap}_{\theta}$, and let $T_{\theta}(E)$ be the $\mathscr{T}_{\theta}$-tent region corresponding to an open subset $E$ of the circle $\mathbb{T}$. Recall that $T(E)=\bigcup_{I \subset E} T(I)$. Now define $M$ by

$$
\begin{equation*}
M:=\sup _{E \text { open } \subset \mathbb{T}} \frac{\int_{\mathbb{T}} \mu_{b}\left(T_{\theta}(E)\right) d \theta}{\int_{\mathbb{T}} \operatorname{Cap}_{\theta}(E) d \theta} . \tag{2-22}
\end{equation*}
$$

Corollary 2.13.

$$
\left\|\mu_{b}\right\|_{C M(\mathscr{D})}^{2} \approx M
$$

Proof. Using Corollary 2.12 and $T_{\theta}(E) \subset T(E)$, we have

$$
M \leq C \sup _{E \text { open } \subset \mathbb{T}} \frac{\int_{\mathbb{T}} \mu_{b}(T(E)) d \theta}{\int_{\mathbb{T}} \operatorname{Cap}_{\mathbb{D}}(E) d \theta}=C \sup _{E \text { open } \subset \mathbb{T}} \frac{\mu_{b}(T(E))}{\operatorname{Cap}_{\mathbb{D}}(E)} \approx\left\|\mu_{b}\right\|_{C M(\mathscr{D})}^{2},
$$

where the final comparison is Stegenga's theorem. Conversely, one can verify using an argument in the style of the one in (2-25) below that for $0<\rho<1$,

$$
\mu_{b}(E) \leq C \int_{\mathbb{T}} \mu_{b}\left(T_{\theta}\left(E_{\mathbb{D}}^{\rho}\right)\right) d \theta \leq C M \int_{\mathbb{T}} \operatorname{Cap}_{\theta}\left(E_{\mathbb{D}}^{\rho}\right) d \theta \approx C M \operatorname{Cap}_{\mathbb{D}}\left(E_{\mathbb{D}}^{\rho}\right) \leq C M \operatorname{Cap}_{\mathbb{D}}(E)
$$

Here the third line uses (2-21) with $E_{\mathbb{D}}^{\rho}$ and $\mathscr{T}(\theta)$ in place of $G$ and $\mathscr{T}$, and the final inequality follows from (2-4). Thus from Stegenga's theorem we obtain

$$
\left\|\mu_{b}\right\|_{C M(\mathscr{D})}^{2} \approx \sup _{E \text { open } \subset \mathbb{T}} \frac{\mu_{b}(E)}{\operatorname{Cap}_{\mathbb{D}}(E)} \leq C M .
$$

Given $0<\delta<1$, let $G$ be an open set in $\mathbb{T}$ such that

$$
\begin{equation*}
\frac{\int_{\mathbb{T}} \mu_{b}\left(T_{\theta}(G)\right) d \theta}{\int_{\mathbb{T}} \operatorname{Cap}_{\theta}(G) d \theta} \geq \delta M \tag{2-23}
\end{equation*}
$$

We need to know that $\mu_{b}\left(V_{G}^{\beta} \backslash V_{G}\right)$ is small compared to $\mu_{b}\left(V_{G}\right)$. This crucial step of the proof is where we use the asymptotic capacity estimate Lemma 2.8.

Proposition 2.14. Given $\varepsilon>0$ we can choose $\delta=\delta(\varepsilon)<1$ in (2-23) and $\beta=\beta(\varepsilon)<1$ so that, for any G satisfying (2-23), we have

$$
\begin{equation*}
\mu_{b}\left(V_{G}^{\beta} \backslash V_{G}\right) \leq \varepsilon \mu_{b}\left(V_{G}\right) \tag{2-24}
\end{equation*}
$$

where $V_{G}^{\beta}=G_{\mathbb{D}}^{\beta}$ and $V_{G}=G_{\mathbb{D}}^{1}=T(G)$.
Proof. Let $G^{\rho}(\theta)=G_{\mathscr{T}_{\theta}}^{\rho}$. Lemma 2.8 shows that $\operatorname{Cap}_{\theta}\left(G^{\rho}(\theta)\right) \leq \rho^{-2} \operatorname{Cap}_{\theta}(G)$ for $0 \leq \theta<2 \pi, 0<\rho<1$, and if we integrate on $\mathbb{T}$ we obtain

$$
\int_{\mathbb{T}} \operatorname{Cap}_{\theta}\left(G^{\rho}(\theta)\right) d \theta \leq \rho^{-2} \int_{\mathbb{T}} \operatorname{Cap}_{\theta}(G) d \theta
$$

From (2-22) and (2-23) we thus have

$$
\int_{\mathbb{T}} \mu_{b}\left(T_{\theta}\left(G^{\rho}(\theta)\right)\right) d \theta \leq M \int_{\mathbb{T}} \operatorname{Cap}_{\theta}\left(G^{\rho}(\theta)\right) d \theta \leq M \rho^{-2} \int_{\mathbb{T}} \operatorname{Cap}_{\theta}(G) d \theta \leq \frac{1}{\delta \rho^{2}} \int_{\mathbb{T}} \mu_{b}\left(T_{\theta}(G)\right) d \theta
$$

It follows that

$$
\begin{aligned}
\int_{\mathbb{T}} \mu_{b}\left(T_{\theta}\left(G^{\rho}(\theta)\right) \backslash T_{\theta}(G)\right) d \theta & =\int_{\mathbb{T}} \mu_{b}\left(T_{\theta}\left(G^{\rho}(\theta)\right)\right) d \theta-\int_{\mathbb{T}} \mu_{b}\left(T_{\theta}(G)\right) d \theta \\
& \leq\left(\frac{1}{\delta \rho^{2}}-1\right) \int_{\mathbb{T}} \mu_{b}\left(T_{\theta}(G)\right) d \theta
\end{aligned}
$$

Now, with $\eta=\frac{1}{2}(\rho+1)$,

$$
\begin{align*}
\int_{\mathbb{T}} \mu_{b}\left(T_{\theta}\left(G^{\rho}(\theta)\right) \backslash T_{\theta}(G)\right) d \theta & =\int_{\mathbb{T}} \int_{T_{\theta}\left(G^{\rho}(\theta)\right) \backslash T_{\theta}(G)} d \mu_{b}(z) d \theta \geq \int_{\mathbb{T}} \int_{T_{\theta}\left(G^{\rho}(\theta)\right) \backslash T(G)} d \mu_{b}(z) d \theta \\
& \geq \int_{\mathbb{T}} \int_{T_{\theta}\left(G^{\rho}(\theta)\right) \backslash T(G)} d \mu_{b}(z) d \theta  \tag{2-25}\\
& =\int_{\mathbb{D}} \frac{1}{2 \pi} \int_{\left\{\theta: z \in T_{\theta}\left(G^{\rho}(\theta)\right) \backslash T(G)\right\}} d \theta d \mu_{b}(z) \geq \frac{1}{2} \int_{T\left(G_{\mathbb{D}}^{\eta}\right) \backslash T(G)} d \mu_{b}(z),
\end{align*}
$$

since every $z \in T\left(G_{\mathbb{D}}^{\eta}\right)$ lies in $T_{\theta}\left(G^{\rho}(\theta)\right)$ for at least half of the $\theta$ 's in $[0,2 \pi)$. Here we may assume that the components of $G_{\mathbb{D}}^{\rho}$ have small length since otherwise we trivially have $\int_{\mathbb{T}} \operatorname{Cap}_{\mathscr{T}(\theta)}(G) d \theta \geq c>0$. We continue with

$$
\begin{equation*}
M \leq \frac{1}{c} \int d \mu_{b} \leq \frac{1}{c}\|b\|_{\mathscr{D}}^{2} \leq \frac{C}{c}\left\|T_{b}\right\|^{2} . \tag{2-26}
\end{equation*}
$$

Combining the inequalities above, using $\rho=2 \eta-1,1 / 2 \leq \rho<1$, and choosing $\delta=\eta$, we obtain

$$
\begin{aligned}
\mu_{b}\left(T\left(G_{\mathbb{D}}^{\eta}\right) \backslash T(G)\right) & \leq 2\left(\frac{1}{\delta \rho^{2}}-1\right) \int_{\mathbb{T}} \mu_{b}\left(T_{\theta}(G)\right) d \theta \\
& =2\left(\frac{1}{\eta(2 \eta-1)^{2}}-1\right) \int_{\mathbb{T}} \mu_{b}\left(T_{\theta}(G)\right) d \theta \leq C(1-\eta) \int_{\mathbb{U}} \mu_{b}\left(T_{\theta}(G)\right) d \theta,
\end{aligned}
$$

for $\frac{3}{4} \leq \eta<1$. Recalling that $V_{G}^{\eta}=T\left(G_{\mathbb{D}}^{\eta}\right)$ and that for all $\theta$ we have $T_{\theta}(G) \subset T(G)=V_{G}$ this becomes

$$
\mu_{b}\left(V_{G}^{\eta} \backslash V_{G}\right) \leq C(1-\eta) \int_{\mathbb{T}} \mu_{b}\left(T_{\theta}(G)\right) d \theta \leq C(1-\eta) \mu_{b}\left(V_{G}\right), \quad \frac{3}{4} \leq \eta<1
$$

Hence given $\varepsilon>0$ it is possible to select $\delta$ and $\beta$ so that (2-24) holds.
Schur estimates and a bilinear operator on trees. We begin with a bilinear version of Schur's well known theorem.

Proposition 2.15. Let $(X, \mu),(Y, v)$ and $(Z, \omega)$ be measure spaces and $H(x, y, z)$ be a nonnegative measurable function on $X \times Y \times Z$. Define, initially for nonnegative functions $f, g$,

$$
T(f, g)(x)=\int_{Y \times Z} H(x, y, z) f(y) d v(y) g(z) d \omega(z), \quad x \in X
$$

For $1<p<\infty$, suppose there are positive functions $h, k$, and $m$ on $X, Y$, and $Z$ respectively such that

$$
\int_{Y \times Z} H(x, y, z) k(y)^{p^{\prime}} m(z)^{p^{\prime}} d \nu(y) d \omega(z) \leq(A h(x))^{p^{\prime}},
$$

for $\mu$-a.e. $x \in X$, and

$$
\int_{X} H(x, y, z) h(x)^{p} d \mu(x) \leq(B k(y) m(z))^{p}
$$

for $v \times \omega$-a.e. $(y, z) \in Y \times Z$. Then $T$ is bounded from $L^{p}(v) \times L^{p}(\omega)$ to $L^{p}(\mu)$ and $\|T\| \leq A B$.

Proof. We have

$$
\begin{aligned}
\int_{X}|T f(x)|^{p} d \mu(x) \leq & \int_{X}\left(\int_{Y \times Z} H(x, y, z) k(y)^{p^{\prime}} m(z)^{p^{\prime}} d v(y) d \omega(z)\right)^{p / p^{\prime}} \\
& \times\left(\int_{Y \times Z} H(x, y, z)\left(\frac{f(y)}{k(y)}\right)^{p} d v(y)\left(\frac{g(z)}{m(z)}\right)^{p} d \omega(z)\right) d \mu(x) \\
\leq & A^{p} \int_{Y \times Z}\left(\int_{X} H(x, y, z) h(x)^{p} d \mu(x)\right)\left(\frac{f(y)}{k(y)}\right)^{p} d v(y)\left(\frac{g(z)}{m(z)}\right)^{p} d \omega(z) \\
\leq & A^{p} B^{p} \int_{Y \times Z} k(y)^{p} m(z)^{p}\left(\frac{f(y)}{k(y)}\right)^{p} d v(y)\left(\frac{g(z)}{m(z)}\right)^{p} d \omega(z) \\
= & (A B)^{p} \int_{Y} f(y)^{p} d v(y) \int_{Z} g(z)^{p} d \omega(z) .
\end{aligned}
$$

This proposition can be used, along with the estimates

$$
\int_{\mathbb{D}} \frac{\left(1-|w|^{2}\right)^{t}}{|1-\bar{w} z|^{2+t+c}} d w \approx \begin{cases}C_{t} & \text { if } c<0, t>-1  \tag{2-27}\\ -C_{t} \log \left(1-|z|^{2}\right) & \text { if } c=0, t>-1 \\ C_{t}\left(1-|z|^{2}\right)^{-c} & \text { if } c>0, t>-1\end{cases}
$$

to prove a corollary we will use later [Zhu 2005, Thm 2.10].
Corollary 2.16. Define

$$
T f(z)=\left(1-|z|^{2}\right)^{a} \int_{\mathbb{D}} \frac{\left(1-|w|^{2}\right)^{b}}{(1-\bar{w} z)^{2+a+b}} f(w) d w, \quad S f(z)=\left(1-|z|^{2}\right)^{a} \int_{\mathbb{D}} \frac{\left(1-|w|^{2}\right)^{b}}{|1-\bar{w} z|^{2+a+b}} f(w) d w
$$

Suppose $t \in \mathbb{R}$ and $1 \leq p<\infty$. Then $T$ is bounded on $L^{p}\left(\mathbb{D},\left(1-|z|^{2}\right)^{t} d A\right)$ if and only if $S$ is bounded on $L^{p}\left(\mathbb{D},\left(1-|z|^{2}\right)^{t} d A\right)$ if and only if

$$
\begin{equation*}
-p a<t+1<p(b+1) \tag{2-28}
\end{equation*}
$$

We now use Proposition 2.15 to show that if $\mathscr{A}, \mathscr{B} \subset \mathscr{T}$ are well separated then a certain bilinear operator mapping on $\ell^{2}(\mathscr{A}) \times \ell^{2}(\mathscr{B})$ maps boundedly into $L^{2}(\mathbb{D})$.
Lemma 2.17. Suppose $\mathscr{A}$ and $\mathscr{B}$ are subsets of $T, h \in \ell^{2}(\mathscr{A})$ and $k \in \ell^{2}(\mathscr{B})$, and $1 / 2<\alpha<1$. Suppose further that $\mathscr{A}$ and $\mathscr{B}$ satisfy the separation condition, $\forall \kappa \in \mathscr{A}, \gamma \in \mathscr{B}$, then we have

$$
\begin{equation*}
|\kappa-\gamma| \geq\left(1-|\gamma|^{2}\right)^{\alpha} \tag{2-29}
\end{equation*}
$$

Then the bilinear map of $(h, k)$ to functions on the disk given by

$$
T(h, b)(z)=\left(\sum_{\kappa \in \mathscr{A}} h(\kappa) \frac{\left(1-|\kappa|^{2}\right)^{1+s}}{|1-\bar{\kappa} z|^{2+s}}\right)\left(\sum_{\gamma \in \mathscr{A}} b(\gamma) \frac{\left(1-|\gamma|^{2}\right)^{1+s}}{|1-\bar{\gamma} z|^{1+s}}\right)
$$

is bounded from $\ell^{2}(\mathscr{A}) \times \ell^{2}(\mathscr{B})$ to $L^{2}(\mathbb{D})$.
Remark 2.18. For $h \in \ell^{2}(\mathscr{A})$ and $b \in \ell^{2}(\mathscr{B})$ set

$$
H(z)=\sum_{\kappa \in \mathscr{A}} h(\kappa) \frac{\left(1-|\kappa|^{2}\right)^{1+s}}{(1-\bar{\kappa} z)^{2+s}}, B(z)=\sum_{\gamma \in \mathscr{B}} b(\gamma) \frac{\left(1-|\gamma|^{2}\right)^{1+s}}{(1-\bar{\gamma} z)^{1+s}}
$$

By [Zhu 2005, Thm 2.30] $H \in L^{2}(\mathbb{D})$ and $B \in \mathscr{D}$. There are unbounded functions in $\mathscr{D}$; hence these facts do not ensure that $H B \in L^{2}(\mathbb{D})$. The lemma shows that if $\mathscr{A}$ and $\mathscr{B}$ are separated then $H B \in L^{2}(\mathbb{D})$.

Proof of Lemma 2.17. We will verify the hypotheses of the previous proposition. The kernel function here is

$$
H(z, \kappa, \gamma)=\frac{\left(1-|\kappa|^{2}\right)^{1+s}}{|1-\bar{\kappa} z|^{2+s}} \frac{\left(1-|\gamma|^{2}\right)^{1+s}}{|1-\bar{\gamma} z|^{1+s}}, \quad z \in \mathbb{D}, \kappa \in \mathscr{A}, \gamma \in \mathscr{B}
$$

with Lebesgue measure on $\mathbb{D}$ and counting measure on $\mathscr{A}$ and $\mathscr{B}$. We will take as Schur functions

$$
h(z)=\left(1-|z|^{2}\right)^{-1 / 4}, \quad k(\kappa)=\left(1-|\kappa|^{2}\right)^{1 / 4}, \quad \text { and } \quad m(\gamma)=\left(1-|\gamma|^{2}\right)^{\varepsilon / 2}
$$

on $\mathbb{D}, \mathscr{A}$ and $\mathscr{B}$ respectively, where $\varepsilon=\varepsilon(\alpha, s)>0$ will be chosen sufficiently small later. We must then verify

$$
\begin{equation*}
\sum_{\kappa \in \mathscr{A}} \sum_{\gamma \in \mathscr{R}} \frac{\left(1-|\kappa|^{2}\right)^{3 / 2+s}}{|1-\bar{\kappa} z|^{2+s}} \frac{\left(1-|\gamma|^{2}\right)^{1+\varepsilon+s}}{|1-\bar{\gamma} z|^{1+s}} \leq A^{2}\left(1-|z|^{2}\right)^{-1 / 2} \tag{2-30}
\end{equation*}
$$

for $z \in \mathbb{D}$, and

$$
\begin{equation*}
\int_{\mathbb{D}} \frac{\left(1-|\kappa|^{2}\right)^{1+s}}{|1-\bar{\kappa} z|^{2+s}} \frac{\left(1-|\gamma|^{2}\right)^{1+s}}{|1-\bar{\gamma} z|^{1+s}}\left(1-|z|^{2}\right)^{-1 / 2} d A \leq B^{2}\left(1-|\kappa|^{2}\right)^{1 / 2}\left(1-|\gamma|^{2}\right)^{\varepsilon} \tag{2-31}
\end{equation*}
$$

for $\kappa \in \mathscr{A}$ and $\gamma \in \mathscr{B}$.
To prove (2-30) we write

$$
\sum_{\kappa \in \mathscr{A}} \sum_{\gamma \in \mathscr{B}} \frac{\left(1-|\kappa|^{2}\right)^{3 / 2+s}}{|1-\bar{\kappa} z|^{2+s}} \frac{\left(1-|\gamma|^{2}\right)^{1+\varepsilon+s}}{|1-\bar{\gamma} z|^{1+s}}=\left(\sum_{\kappa \in \mathscr{A}} \frac{\left(1-|\kappa|^{2}\right)^{3 / 2+s}}{|1-\bar{\kappa} z|^{2+s}}\right)\left(\sum_{\gamma \in \mathscr{B}} \frac{\left(1-|\gamma|^{2}\right)^{1+\varepsilon+s}}{|1-\bar{\gamma} z|^{1+s}}\right)
$$

Then from (2-27) we obtain

$$
\sum_{\kappa \in \mathscr{A}} \frac{\left(1-|\kappa|^{2}\right)^{3 / 2+s}}{|1-\bar{\kappa} z|^{2+s}} \leq C \int_{\mathbb{D}} \frac{\left(1-|w|^{2}\right)^{-1 / 2+s}}{|1-\bar{w} z|^{2+s}} d w \leq C\left(1-|z|^{2}\right)^{-1 / 2}
$$

and

$$
\sum_{\gamma \in \mathscr{A}} \frac{\left(1-|\gamma|^{2}\right)^{1+\varepsilon+s}}{|1-\bar{\gamma} z|^{1+s}} \leq C \int_{\zeta \in V_{G}} \frac{\left(1-|\zeta|^{2}\right)^{-1+\varepsilon+s}}{|1-\bar{\zeta} z|^{1+s}} d A \leq C
$$

which yields (2-30).
We now prove (2-31). We will make repeated use of (2-29) as well as the following consequence of it (via the triangle inequality):

$$
\left(1-|\kappa|^{2}\right) \leq C|\kappa-\gamma| \quad \text { for all } \kappa \in \mathscr{A}, \gamma \in \mathscr{B} .
$$

We set $\kappa^{*}=\frac{\kappa}{|\kappa|}, \gamma^{*}=\frac{\gamma}{|\gamma|}$, and we express the integral

$$
\int_{\mathbb{D}} \frac{\left(1-|\kappa|^{2}\right)^{1+s}}{|1-\bar{\kappa} z|^{2+s}} \frac{\left(1-|\gamma|^{2}\right)^{1+s}}{|1-\bar{\gamma} z|^{1+s}}\left(1-|z|^{2}\right)^{-1 / 2} d A=: \mathrm{I}+\mathrm{II}+\mathrm{III}+\mathrm{IV}+\mathrm{V}
$$

as a sum of integrals over five regions:

$$
\begin{aligned}
& \text { I over }\left\{\left|z-\gamma^{*}\right| \leq 1-|\gamma|^{2}\right\} \text {, } \\
& \text { II over }\left\{1-|\gamma|^{2} \leq\left|z-\gamma^{*}\right| \leq \frac{1}{2}|\kappa-\gamma|\right\} \text {, } \\
& \text { III over }\left\{\left|z-\kappa^{*}\right| \leq 1-|\kappa|^{2}\right\} \text {, } \\
& \text { IV over }\left\{1-|\kappa|^{2} \leq\left|z-\kappa^{*}\right| \leq \frac{1}{2}|\kappa-\gamma|\right\} \text {, } \\
& \mathrm{V} \text { over }\left\{\left|z-\gamma^{*}\right|,\left|z-\kappa^{*}\right| \geq|\kappa-\gamma|\right\} \text {. }
\end{aligned}
$$

We have

$$
\begin{aligned}
& \mathrm{I} \approx \frac{\left(1-|\kappa|^{2}\right)^{1+s}}{|\kappa-\gamma|^{2+s}} \int_{\left|z-\gamma^{*}\right| \leq 1-|\gamma|^{2}}\left(1-|z|^{2}\right)^{-1 / 2} d A \\
& \approx \frac{\left(1-|\kappa|^{2}\right)^{1+s}\left(1-|\gamma|^{2}\right)^{3 / 2}}{|\kappa-\gamma|^{2+s}} \leq C\left(1-|\kappa|^{2}\right)^{1 / 2}\left(1-|\gamma|^{2}\right)^{3(1-\alpha) / 2}, \\
& \text { II } \approx \frac{\left(1-|\kappa|^{2}\right)^{1+s}\left(1-|\gamma|^{2}\right)^{1+s}}{|\kappa-\gamma|^{2+s}} \int_{1-|\gamma|^{2} \leq\left|z-\gamma^{*}\right| \leq \frac{1}{2}|\kappa-\gamma|} \frac{\left(1-|z|^{2}\right)^{-1 / 2}}{\left|z-\gamma^{*}\right|^{1+s}} d A \\
& \approx \frac{\left(1-|\kappa|^{2}\right)^{1+s}\left(1-|\gamma|^{2}\right)^{1+s}}{|\kappa-\gamma|^{2+s}}\left(1-|\gamma|^{2}\right)^{1 / 2-s} \\
&=\frac{\left(1-|\kappa|^{2}\right)^{1+s}\left(1-|\gamma|^{2}\right)^{3 / 2}}{|\kappa-\gamma|^{2+s}} \leq C\left(1-|\kappa|^{2}\right)^{1 / 2}\left(1-|\gamma|^{2}\right)^{3(1-\alpha) / 2}, \\
& \text { IIII } \approx \frac{\left(1-|\kappa|^{2}\right)^{1 / 2}\left(1-|\gamma|^{2}\right)^{1+s}}{|\kappa-\gamma|^{1+s}} \leq C\left(1-|\kappa|^{2}\right)^{1 / 2}\left(1-|\gamma|^{2}\right)^{(1+s)(1-\alpha)}, \\
& \mathrm{IV} \leq C\left(1-|\kappa|^{2}\right)^{1 / 2}\left(1-|\gamma|^{2}\right)^{\varepsilon} \\
& \mathrm{for} \operatorname{some} \varepsilon>0, \\
& \mathrm{~V} \approx \int_{\left|z-\gamma^{*}\right|,\left|z-\kappa^{*}\right| \geq|\kappa-\gamma|} \frac{\left(1-|\kappa|^{2}\right)^{1+s}}{\left|z-\kappa^{*}\right|^{2+s}} \frac{\left(1-|\gamma|^{2}\right)^{1+s}}{\left|z-\gamma^{*}\right|^{1+s}}\left(1-|z|^{2}\right)^{-1 / 2} d A \\
& \approx \frac{\left(1-|\kappa|^{2}\right)^{1+s}\left(1-|\gamma|^{2}\right)^{1+s}}{|\kappa-\gamma|^{3 / 2+2 s}} \leq C\left(1-|\kappa|^{2}\right)^{1 / 2}\left(1-|\gamma|^{2}\right)^{(1+s)(1-\alpha)} .
\end{aligned}
$$

## 3. The main bilinear estimate

To complete the proof we will show that $\mu_{b}$ is a $\mathscr{D}$-Carleson measure by verifying Stegenga's condition (2-3); that is, we will show that for any finite collection of disjoint $\operatorname{arcs}\left\{I_{j}\right\}_{j=1}^{N}$ in the circle $\mathbb{T}$ we have

$$
\mu_{b}\left(\bigcup_{j=1}^{N} T\left(I_{j}\right)\right) \leq C \operatorname{Cap}_{\mathbb{D}}\left(\bigcup_{j=1}^{N} I_{j}\right)
$$

In fact we will see that it suffices to verify this for the sets $G=\bigcup_{j=1}^{N} I_{j}$ described in (2-23) that are almost extremal for (2-22). We will prove the inequality

$$
\begin{equation*}
\mu_{b}\left(V_{G}\right) \leq C\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathbb{D}}(G) \tag{3-1}
\end{equation*}
$$

Once we have this, Corollary 2.12 yields

$$
M=\frac{\int_{\mathbb{T}} \mu_{b}\left(T_{\theta}(G)\right) d \theta}{\int_{\mathbb{T}} \operatorname{Cap}_{\theta}(G) d \theta} \leq \frac{\mu_{b}\left(V_{G}\right)}{\int_{\mathbb{T}} \operatorname{Cap}_{\theta}(G) d \theta} \leq C\left\|T_{b}\right\|^{2}
$$

By Corollary $2.13\left\|\mu_{b}\right\|_{C M(\mathscr{D})}^{2} \approx M$ which then completes the proof of Theorem 1.1.
We now turn to (3-1). Let $\frac{1}{2}<\beta<\beta_{1}<\gamma<\alpha<1$, with additional constraints to be added later. Suppose $G$ (2-23) with $\varepsilon>0$ to be chosen. We define in succession the following regions in the disk:

$$
V_{G}=T_{\mathscr{T}}(G), \quad V_{G}^{\alpha}=G_{\mathbb{D}}^{\alpha}, \quad V_{G}^{\gamma}=\left(\widehat{\left.V_{G}^{\alpha}\right)_{\mathscr{T}}^{\gamma / \alpha}}, \quad V_{G}^{\beta}=\left(V_{G}^{\gamma}\right)_{\mathbb{D}}^{\beta / \gamma}\right.
$$

Thus $V_{G}$ is the $\mathscr{T}$-tent associated with $G, V_{G}^{\alpha}$ is a disk blowup of $G, V_{G}^{\gamma}$ is a $\mathscr{T}$-capacitary blowup of $V_{G}^{\alpha}$, and $V_{G}^{\beta}$ is a disk blowup of $V_{G}^{\gamma}$. Using the natural bijections described earlier, we write

$$
\begin{equation*}
V_{G}=\left\{w_{k}\right\}_{k}, \quad V_{G}^{\alpha}=\left\{w_{k}^{\alpha}\right\}_{k}, \quad V_{G}^{\gamma}=\left\{w_{k}^{\gamma}\right\}_{k}, \quad V_{G}^{\beta}=\left\{w_{k}^{\beta}\right\}_{k} \tag{3-2}
\end{equation*}
$$

with $w_{k}, w_{k}^{\alpha}, w_{k}^{\gamma}, w_{k}^{\beta} \in \mathscr{T}$. Following earlier notation we write $E=V_{G}^{\alpha}$ and $F=V_{G}^{\gamma}$.
We proceed by estimating $T_{b}(f, g)$ for well chosen $f$ and $g$ in $\mathscr{D}$. Let $\Phi$ be as in (2-12); we then have the estimates in Proposition 2.9 and Corollary 2.10. Set $g=\Phi^{2}$; then $g$ is approximately equal to $\chi_{V_{G}}$. The function $f$ will be, approximately, $b^{\prime} \chi_{V_{G}}$;

$$
\begin{equation*}
f(z)=\Gamma_{s}\left(\frac{1}{(1+s) \bar{\zeta}} \chi_{V_{G}} b^{\prime}(\zeta)\right)(z)=\int_{V_{G}} \frac{b^{\prime}(\zeta)\left(1-|\zeta|^{2}\right)^{s}}{(1-\bar{\zeta} z)^{1+s}} \frac{d A}{(1+s) \bar{\zeta}} \tag{3-3}
\end{equation*}
$$

We now analyze $T_{b}(f, g)$. From (3-3) and (2-15) we have

$$
f^{\prime}(z)=\int_{V_{G}} \frac{b^{\prime}(\zeta)\left(1-|\zeta|^{2}\right)^{s}}{(1-\bar{\zeta} z)^{2+s}} d A=b^{\prime}(z)-\int_{\mathbb{D} \backslash V_{G}} \frac{b^{\prime}(\zeta)\left(1-|\zeta|^{2}\right)^{s}}{(1-\bar{\zeta} z)^{2+s}} d A=b^{\prime}(z)+\Lambda b^{\prime}(z)
$$

where the last term is defined by

$$
\begin{equation*}
\Lambda b^{\prime}(z)=-\int_{\mathbb{D} \backslash V_{G}} \frac{b^{\prime}(\zeta)(1-|\zeta|)^{s}}{(1-\bar{\zeta} z)^{2+s}} d A \tag{3-4}
\end{equation*}
$$

We have

$$
\begin{equation*}
T_{b}(f, g)=\left(f \Phi^{2} \bar{b}\right)(0)+\int_{\mathbb{D}}\left\{f^{\prime}(z) \Phi(z)+2 f(z) \Phi^{\prime}(z)\right\} \Phi(z) \overline{b^{\prime}(z)} d A=:(1)+(2)+(3)+(4) \tag{3-5}
\end{equation*}
$$

with

$$
\begin{array}{ll}
(1)=\left(f \Phi^{2} \bar{b}\right)(0), & (3)=2 \int_{\mathbb{D}} \Phi(z) \Phi^{\prime}(z) f(z) \overline{b^{\prime}(z)} d A \\
(2)=\int_{\mathbb{D}}\left|b^{\prime}(z)\right|^{2} \Phi(z)^{2} d A, & (4)=\int_{\mathbb{D}} \Lambda b^{\prime}(z) \overline{b^{\prime}(z)} \Phi(z)^{2} d A
\end{array}
$$

Now we write

$$
\begin{equation*}
\text { (2) }=\int_{\mathbb{D}}\left|b^{\prime}(z)\right|^{2} \Phi(z)^{2} d A=\left\{\int_{V_{G}}+\int_{V_{G}^{\beta} \backslash V_{G}}+\int_{\mathbb{D} \backslash V_{G}^{\beta}}\right\}\left|b^{\prime}(z)\right|^{2} \Phi(z)^{2} d A=:\left(2_{A}\right)+\left(2_{B}\right)+\left(2_{C}\right) \tag{3-6}
\end{equation*}
$$

The main term is $\left(2_{A}\right)$. By (2-17) and (2-1) it satisfies

$$
\begin{equation*}
\left(2_{A}\right)=\mu_{b}\left(V_{G}\right)+\int_{V_{G}}\left|b^{\prime}(z)\right|^{2}\left(\Phi(z)^{2}-1\right) d A=\mu_{b}\left(V_{G}\right)+O\left(\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathscr{T}}(E, F)\right) \tag{3-7}
\end{equation*}
$$

Rearranging this and using (3-5) and (3-6) we find

$$
\begin{equation*}
\mu_{b}\left(V_{G}\right) \leq C\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathscr{T}}(E, F)+\left|T_{b}(f, g)\right|+|(1)|+\left(2_{B}\right)+\left(2_{C}\right)+|(3)|+|(4)| . \tag{3-8}
\end{equation*}
$$

Using the boundedness of $T_{b}$ and Corollary 2.10 we have

$$
\begin{equation*}
\left|T_{b}(f, g)\right|=\left|T_{b}\left(f, \Phi^{2}\right)\right|=\left|T_{b}(f \Phi, \Phi)\right| \leq\left\|T_{b}\right\|\|f \Phi\|_{\mathscr{D}}\|\Phi\|_{\mathscr{D}} \leq C\left\|T_{b}\right\|\|f \Phi\|_{\mathscr{D}} \sqrt{\operatorname{Cap}_{\mathscr{T}}(E, F)} \tag{3-9}
\end{equation*}
$$

For (1) we use the elementary estimate

$$
|(1)| \leq C\|b\|_{\mathscr{D}}^{2} \operatorname{Cap}_{\mathscr{T}}(E, F) \leq C\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathscr{T}}(E, F)
$$

For $\left(2_{B}\right)$ we use (2-24) to obtain

$$
\begin{equation*}
\left(2_{B}\right) \leq C \mu_{b}\left(V_{G}^{\beta} \backslash V_{G}\right) \leq C \varepsilon \mu_{b}\left(V_{G}\right) \tag{3-10}
\end{equation*}
$$

Using (2-17) once more, we see that $\left(2_{C}\right)$ satisfies

$$
\begin{equation*}
\left(2_{C}\right) \leq \int_{\mathbb{D} \backslash V_{G}^{\beta}}\left|b^{\prime}(z)\right|^{2}\left(C_{\alpha, \beta, \rho} \operatorname{Cap}_{\mathscr{T}}(E, F)\right)^{2} d A \leq C\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathscr{J}}(E, F) \tag{3-11}
\end{equation*}
$$

Putting these estimates into (3-8) we obtain

$$
\begin{equation*}
\mu_{b}\left(V_{G}\right) \leq C\left(\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathscr{T}}(E, F)+\left\|T_{b}\right\|\|f \Phi\|_{\mathscr{D}} \sqrt{\operatorname{Cap}_{\mathscr{T}}(E, F)}+|(3)|+|(4)|\right) \tag{3-12}
\end{equation*}
$$

For small positive $\varepsilon$ we estimate (3) using Cauchy-Schwarz as follows:

$$
\begin{aligned}
|(3)| & \leq 2 \int_{\mathbb{D}}\left|\Phi(z) b^{\prime}(z)\right|\left|\Phi^{\prime}(z) f(z)\right| d A \\
& \leq \varepsilon \int_{\mathbb{D}}\left|\Phi(z) b^{\prime}(z)\right|^{2} d A+\frac{C}{\varepsilon} \int_{\mathbb{D}}\left|\Phi^{\prime}(z) f(z)\right|^{2} d A \\
& =\left(3_{A}\right)+\left(3_{B}\right) .
\end{aligned}
$$

Using the decomposition and the argument surrounding term (2) we obtain

$$
\begin{equation*}
\left(3_{A}\right) \leq \varepsilon\left\{\int_{V_{G}}+\int_{V_{G}^{\beta} \backslash V_{G}}+\int_{\mathbb{D} \backslash V_{G}^{\beta}}\right\}\left|\Phi(z) b^{\prime}(z)\right|^{2} d A \leq C \varepsilon\left(\mu_{b}\left(V_{G}\right)+C\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathscr{T}}(E, F)\right) \tag{3-13}
\end{equation*}
$$

To estimate term $\left(3_{B}\right)$ we use

$$
\begin{aligned}
|f(z)| & \leq\left|\Gamma_{s}\left(\frac{1}{(1+s) \bar{\zeta}} \chi_{V_{G}} b^{\prime}(\zeta)\right)(z)\right| \\
& \leq \int_{V_{G}} \frac{\left(1-|\zeta|^{2}\right)^{s}}{|1-\bar{\zeta} z|^{1+s}}\left|b^{\prime}(\zeta)\right| d A \\
& \approx \sum_{\gamma \in \mathscr{T} \cap V_{G}} \frac{\left(1-|\gamma|^{2}\right)^{1+s}}{|1-\bar{\gamma} z|^{1+s}} \int_{B_{\gamma}}\left|b^{\prime}(\zeta)\right|\left(1-|\zeta|^{2}\right) d \lambda(\zeta) \\
& =\sum_{\gamma \in \mathscr{T} \cap V_{G}} \frac{\left(1-|\gamma|^{2}\right)^{1+s}}{|1-\bar{\gamma} z|^{1+s}} b(\gamma),
\end{aligned}
$$

where

$$
\sum_{\gamma \in \mathcal{T} \cap V_{G}} b(\gamma)^{2} \approx \sum_{\gamma \in \mathscr{T} \cap V_{G}} \int_{B_{\gamma}}\left|b^{\prime}(\zeta)\right|^{2}\left(1-|\zeta|^{2}\right)^{2} d \lambda(\zeta)=\int_{V_{G}}\left|b^{\prime}(\zeta)\right|^{2} d A
$$

We now use the separation of $\mathbb{D} \backslash V_{G}^{\alpha}$ and $V_{G}$. The facts that $\mathscr{A}=\operatorname{supp}(h) \subset \mathbb{D} \backslash V_{G}^{\alpha}$ and $\mathscr{B}=\mathscr{T} \cap V_{G} \subset$ $V_{G}$, together with Lemma 2.2, ensure that (2-29) is satisfied and hence we can use Lemma 2.17 and the representation of $\Phi$ in (2-12) to continue with

$$
\left(3_{B}\right)=\int_{\mathbb{D}}\left|\Phi^{\prime}(z) f(z)\right|^{2} d A \leq C\left(\sum_{\kappa \in \mathscr{A}} h(\kappa)^{2}\right)\left(\sum_{\gamma \in \mathscr{B}} b(\gamma)^{2}\right)
$$

We also have from (2-1) and Corollary 2.10 that

$$
\left(\sum_{\kappa \in \mathscr{A}} h(\kappa)^{2}\right)\left(\sum_{\gamma \in \mathscr{A}} b(\gamma)^{2}\right) \leq C \operatorname{Cap}_{\mathscr{T}}(E, F)\left\|T_{b}\right\|^{2}
$$

Altogether we then have

$$
\begin{equation*}
\left(3_{B}\right) \leq C \operatorname{Cap}_{\mathscr{T}}(E, F)\left\|T_{b}\right\|^{2} \tag{3-14}
\end{equation*}
$$

and thus also

$$
\begin{equation*}
|(3)| \leq \varepsilon \mu_{b}\left(V_{G}\right)+C\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathscr{T}}(E, F) \tag{3-15}
\end{equation*}
$$

We begin our estimate of term (4) by

$$
\begin{equation*}
|(4)|=\left|\int_{\mathbb{D}} \Lambda b^{\prime}(z) \overline{b^{\prime}(z)} \Phi(z)^{2} d A\right| \leq \sqrt{\int_{\mathbb{D}}\left|b^{\prime}(z) \Phi(z)\right|^{2} d A} \sqrt{\int_{\mathbb{D}}\left|\Lambda b^{\prime}(z) \Phi(z)\right|^{2} d A} \tag{3-16}
\end{equation*}
$$

where the first factor is $\sqrt{\left(3_{A}\right) / \varepsilon}$. We claim the following estimate for the second factor,

$$
\sqrt{\left(4_{A}\right)}:=\left\|\Phi \Lambda b^{\prime}\right\|_{L^{2}(\mathbb{D})}:
$$

Lemma 3.1.

$$
\left(4_{A}\right)=\int_{\mathbb{D}}\left|\Phi(z) \Lambda b^{\prime}(z)\right|^{2} d A \leq C \mu_{b}\left(V_{G}^{\beta} \backslash V_{G}\right)+C\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathscr{T}}(E, F)
$$

Proof. From (3-4) we obtain

$$
\begin{aligned}
\left(4_{A}\right) & =\int_{\mathbb{D}}|\Phi(z)|^{2}\left|\left\{\int_{V_{G}^{\beta} \backslash V_{G}}+\int_{\mathbb{D} \backslash V_{G}^{\beta}}\right\} \frac{b^{\prime}(\zeta)(1-|\zeta|)^{s}}{(1-\bar{\zeta} z)^{2+s}} d A\right|^{2} d A \\
& \leq C \int_{\mathbb{D}}|\Phi(z)|^{2}\left(\int_{V_{G}^{\beta} \backslash V_{G}} \frac{\left|b^{\prime}(\zeta)\right|(1-|\zeta|)^{s}}{|1-\bar{\zeta} z|^{2+s}} d A\right)^{2} d A+C \int_{\mathbb{D}}|\Phi(z)|^{2}\left|\int_{\mathbb{D} \backslash V_{G}^{\beta}} \frac{b^{\prime}(\zeta)(1-|\zeta|)^{s}}{(1-\bar{\zeta} z)^{2+s}} d A\right|^{2} d A \\
& =:\left(4_{A A}\right)+\left(4_{A B}\right) .
\end{aligned}
$$

Corollary 2.16 shows that

$$
\left|\left(4_{A A}\right)\right| \leq \int_{\mathbb{D}}\left(\int_{V_{G}^{\beta} \backslash V_{G}} \frac{\left|b^{\prime}(\zeta)\right|(1-|\zeta|)^{s}}{|1-\bar{\zeta} z|^{2+s}} d A\right)^{2} d A \leq C \int_{V_{G}^{\beta} \backslash V_{G}}\left|b^{\prime}(\zeta)\right|^{2} d A=C \mu_{b}\left(V_{G}^{\beta} \backslash V_{G}\right)
$$

We write the second integral as

$$
\left(4_{A B}\right)=\left\{\int_{V_{G}^{\gamma}}+\int_{\mathbb{D} \backslash V_{G}^{\gamma}}\right\}|\Phi(z)|^{2}\left|\int_{\mathbb{D} \backslash V_{G}^{\beta}} \frac{b^{\prime}(\zeta)(1-|\zeta|)^{s}}{(1-\bar{\zeta} z)^{2+s}} d A\right|^{2} d A=:\left(4_{A B A}\right)+\left(4_{A B B}\right),
$$

where, by Corollary 2.16 again,

$$
\left(4_{A B B}\right) \leq C \operatorname{Cap}_{\mathscr{J}}(E, F)^{2} \int_{\mathbb{D}}\left|b^{\prime}(\zeta)\right|^{2} d A \leq C\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathscr{J}}(E, F)^{2} \leq C\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathscr{J}}(E, F)
$$

where the final estimate, $\operatorname{Cap}_{\mathscr{T}}(E, F) \leq C$, follows from our assumption that $\operatorname{Cap}_{\mathbb{D}}(G)$ is small. Indeed, (2-4) then shows that $\mathrm{Cap}_{\mathbb{D}}(E)$ is small and hence $\mathrm{Cap}_{\mathscr{J}}(E)$ is small as well by Corollary 2.12. Lemma 2.7 then shows that $\operatorname{Cap}_{\mathscr{T}}(E, F)$ is small, and in particular bounded.

Finally, with $\beta<\beta_{1}<\gamma<\alpha<1$, Corollary 2.16 shows that the term ( $4_{A B A}$ ) satisfies the following estimate. Recall that $V_{G}^{\gamma}=\bigcup J_{k}^{\gamma}$ and $w_{j}^{\gamma}=z\left(J_{k}^{\gamma}\right)$. We set $A_{\ell}=\left\{k: J_{k}^{\gamma} \subset J_{\ell}^{\beta_{1}}\right\}$ and define $\ell(k)$ by the condition $k \in A_{\ell(k)}$. From Lemma 2.2 we have sidelength $\left(J_{k}^{\gamma}\right) \leq \operatorname{sidelength}\left(J_{\ell}^{\beta_{1}}\right)^{1 / \rho}$, with $\rho=\beta_{1} / \gamma$. Hence

$$
\begin{aligned}
\left(4_{A B A}\right) & \leq C \int_{V_{G}^{\gamma}}\left(\int_{\mathbb{D} \backslash V_{G}^{\beta}} \frac{\left|b^{\prime}(\zeta)\right|(1-|\zeta|)^{s}}{|1-\bar{\zeta} z|^{2+s}} d \zeta\right)^{2} d A \\
& \approx C \sum_{k} \int_{J_{k}^{\gamma}}\left|J_{k}^{\gamma}\right|\left(\int_{\mathbb{D} \backslash V_{G}^{\beta}} \frac{\left|b^{\prime}(\zeta)\right|(1-|\zeta|)^{s}}{\left|1-\bar{\zeta} w_{k}^{\gamma}\right|^{2+s}} d \zeta\right)^{2} d A \\
& =C \sum_{k} \frac{\left|J_{k}^{\gamma}\right|}{\left|J_{\ell(k)}^{\beta_{1}}\right|}\left|J_{\ell(k)}^{\beta_{1}}\right|\left(\int_{\mathbb{D} \mid V_{G}^{\beta}} \frac{\left|b^{\prime}(\zeta)\right|(1-|\zeta|)^{s}}{\left|1-\bar{\zeta} w_{k}^{\gamma}\right|^{2+s}} d \zeta\right)^{2} \\
& \approx C \sum_{\ell} \frac{\sum_{k \in A_{\ell}}\left|J_{k}^{\gamma}\right|}{\left|J_{\ell}^{\beta_{1}}\right|} \int_{J_{\ell}^{\beta_{1}}}\left(\int_{\mathbb{D} \backslash V_{G}^{\beta}} \frac{\left|b^{\prime}(\zeta)\right|(1-|\zeta|)^{s}}{|1-\bar{\zeta} z|^{2+s}} d \zeta\right)^{2} d A \\
& \leq C\left|V_{G}^{\beta_{1}}\right|^{\varepsilon\left(\gamma-\beta_{1}\right)} \int_{V_{G}^{\beta_{1}}}\left(\int_{\mathbb{D} \backslash V_{G}^{\beta}} \frac{\left|b^{\prime}(\zeta)\right|(1-|\zeta|)^{s}}{|1-\bar{\zeta} z|^{2+s}} d \zeta\right)^{2} d A \\
& \leq C\left|V_{G}^{\beta_{1}}\right|^{\varepsilon\left(\gamma-\beta_{1}\right)}\|b\|_{\mathscr{D}}^{2} \leq C\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathscr{T}}(E, F) .
\end{aligned}
$$

We continue from ((3-16)). We know that $|(4)| \leq \sqrt{\left(3_{A}\right) / \varepsilon} \sqrt{\left(4_{A}\right)}$ We estimate ( $3_{A}$ ) using (3-13) and $\left(4_{A}\right)$ using Lemma 3.1. After that we continue by using (2-24) so

$$
\begin{align*}
|(4)| & \leq \sqrt{C \mu_{b}\left(V_{G}\right)+C\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathscr{T}}(E, F)} \times \sqrt{C \mu_{b}\left(V_{G}^{\beta} \backslash V_{G}\right)+C\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathscr{T}}(E, F)}  \tag{3-17}\\
& \leq \sqrt{C \mu_{b}\left(V_{G}\right)+C\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathscr{T}}(E, F)} \times \sqrt{\varepsilon \mu_{b}\left(V_{G}\right)+C\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathscr{T}}(E, F)} \\
& \leq \sqrt{\varepsilon} \mu_{b}\left(V_{G}\right)+C \sqrt{\mu_{b}\left(V_{G}\right)} \sqrt{\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathscr{T}}(E, F)}+C\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathscr{J}}(E, F) .
\end{align*}
$$

Now, recalling that $f^{\prime}=b^{\prime}+\Lambda b^{\prime}$,

$$
\begin{align*}
\|\Phi f\|_{\mathscr{D}}^{2} & \leq C \int\left|\Phi^{\prime}(z) f(z)\right|^{2} d A+C \int\left|\Phi(z)\left(b^{\prime}(z)+\Lambda b^{\prime}(z)\right)\right|^{2} d A  \tag{3-18}\\
& \leq C\left(3_{B}\right)+C \frac{1}{\varepsilon}\left(3_{A}\right)+C\left(4_{A}\right) . \\
& \leq C \mu_{b}\left(V_{G}\right)+C\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathscr{T}}(E, F),
\end{align*}
$$

by Lemma 3.1 and the estimates $(3-13)$ and (3-14) for $\left(3_{A}\right)$ and $\left(3_{B}\right)$.
Using Proposition 2.14 and the estimates (3-15), (3-17), and (3-18) in (3-12) we obtain

$$
\begin{aligned}
\mu_{b}\left(V_{G}\right) & \leq \sqrt{\varepsilon} \mu_{b}\left(V_{G}\right)+C\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathscr{T}}(E, F)+C \sqrt{\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathscr{T}}(E, F)} \sqrt{\mu_{b}\left(V_{G}\right)} \\
& \leq \sqrt{\varepsilon} \mu_{b}\left(V_{G}\right)+C\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathscr{T}}(E, F) .
\end{aligned}
$$

We absorb the first term into the right side. Now using Lemma 2.7, Lemma 2.8 again, and Corollary 2.12 we obtain

$$
\operatorname{Cap}_{\mathscr{T}}(E, F) \leq C \operatorname{Cap}_{\mathbb{D}} G .
$$

Finally we have

$$
\mu_{b}\left(V_{G}\right) \leq C\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathscr{T}}(E, F) \leq C\left\|T_{b}\right\|^{2} \operatorname{Cap}_{\mathbb{D}} G
$$

which is (3-1).

## Appendix: Tree extremals

Let $E$ be a stopping time in $\mathscr{T}$. Recall that

$$
\begin{equation*}
\operatorname{Cap}_{\mathscr{T}}(E)=\inf \left\{\|h\|_{\ell^{2}}^{2}: \quad I h \geq 1 \text { on } E\right\} \tag{A-1}
\end{equation*}
$$

We call functions which can be used in computing the infimum admissible.
Much of the following proposition as well as Proposition 2.3 could be extracted from general capacity theory such as presented in, for instance, [Adams and Hedberg 1996]. Statement (3) is the discrete analog of the fact that continuous capacity can be interpreted as the derivative at infinity of a Green function.

Proposition A.2. Suppose $E \subset \mathscr{T}$ is given .
(1) There is a function $h$ such that the infimum in the definition of $\operatorname{Cap}_{\mathscr{T}}(E)$ is achieved.
(2) If $x \notin E$,

$$
\begin{equation*}
h(x)=h\left(x_{+}\right)+h\left(x_{-}\right) . \tag{A-2}
\end{equation*}
$$

(3) $h(o)=\|h\|_{\ell^{2}}^{2}$.
(4) $h$ is strictly positive on $\mathscr{G}(o, E)$ and zero elsewhere.
(5) $\left.I h\right|_{E}=1$.

Proof. Consider first the case when $E$ is a finite subset of $\mathscr{T}$. Multiplying an admissible function by the characteristic function of $\mathscr{G}(o, E)$ leaves it admissible and reduces the $\ell^{2}$ norm. Hence we need only consider functions supported on the finite set of vertices in $\mathscr{G}(o, E)$. In that context it is easy to see that an extremal exists, call it $h$. Now consider (2). Suppose $x \in \mathscr{T} \backslash E$ and consider the competing function $h^{*}$ which takes the same values as $h$ except possible at $x, x_{+}$, and $x_{-}$and whose values at those points are determined by
(i) $h^{*}(x)+h^{*}\left(x_{+}\right)=h(x)+h\left(x_{+}\right)$and $h^{*}(x)+h^{*}\left(x_{-}\right)=h(x)+h\left(x_{-}\right)$,
(ii) $h^{*}(x)^{2}+h^{*}\left(x_{+}\right)^{2}+h^{*}\left(x_{-}\right)^{2}$ is minimal subject to (i).

Then $h^{*}$ is admissible, $\left\|h^{*}\right\|_{\ell^{2}}^{2} \leq\|h\|_{\ell^{2}}^{2}$, and, doing the calculus problem, $h^{*}$ satisfies (A-2). Hence $h$ must satisfy (A-2).

If $h(x)<0$ at some point, replacing its value by zero leaves the function admissible while reducing the $\ell^{2}$ norm, hence $h \geq 0$. To complete the proof of (4) we must show that we cannot have an $x \in \mathscr{G}(o, E)$ at which $h(x)=0$. Suppose we had such a point. By (A-2) and the fact that $h \geq 0$, we have $h \equiv 0$ on $S_{\mathscr{T}}(x)$. Hence by admissibility $\operatorname{Ih}\left(x^{-1}\right) \geq 1$. Let $y \neq x$ be the point such that $x^{-1}=y^{-1}$. If $h(y)>0$ then setting $h(y)=0$ we would decrease the $\ell^{2}$ norm while keeping the function admissible. Thus $h(y)=0$ and, by (A-2), $h\left(x^{-1}\right)=0$. Continuing in this way we find that $h \equiv 0$ an the geodesic from $o$ to some $e \in E$, an impossibility for an admissible function. Item (5) is a consequence of this. If $\operatorname{Ih}(e)>1$ for some $e \in E$ and $h(e)>0$ then we could decrease $h(e)$ slightly, reducing the norm of $h$ and still have $h$ admissible thus contradicting the supposition that $h$ is extremal.

It remains to show (3) and we do that by induction on the size of $E$. If $E=\{e\}$ is a single point having distance $d-1 \geq 0$ from $o$ then the extremal is $h \equiv 1 / d$ on $[o, e]$ and $\|h\|_{\ell^{2}}^{2}=d(1 / d)^{2}=h(o)$. Given $E$ with more than one point, let $z$ be the uniquely determined branching point in $\mathscr{G}(o, E)$ having the least distance from the root. Consider the rooted trees $\mathscr{T}_{ \pm}=S\left(z_{ \pm}\right)$with roots $z_{ \pm}$. Set $E_{ \pm}=E \cap \mathcal{T}_{ \pm}$and let $h_{ \pm}$ be the extremal functions for the computation of $\operatorname{Cap}_{\mathscr{J}_{ \pm}}\left(E_{ \pm}\right)$. By induction, we have $\left\|h_{ \pm}\right\|_{\ell^{2}}^{2}=h_{ \pm}\left(z_{ \pm}\right)$. From properties (1)-(5) satisfied by the extremal functions $h, h_{+}$and $h$ it is easy to see that

$$
h(x)= \begin{cases}(1-\operatorname{Ih}(z)) h_{ \pm}(x) & \text { if } x \in \mathscr{G}\left(z_{ \pm}\right), \\ h(o) & \text { if } x \in[o, z], \\ 0 & \text { otherwise } .\end{cases}
$$

In particular, $\operatorname{Ih}(z)=d h(o)$ if there are $d$ points in $[o, z]$ such that

$$
\begin{equation*}
h(o)=h(z)=h\left(z_{+}\right)+h\left(z_{-}\right)=\frac{h_{+}\left(z_{+}\right)+h_{-}\left(z_{-}\right)}{1-\operatorname{Ih}(z)}=\frac{h_{+}\left(z_{+}\right)+h_{-}\left(z_{-}\right)}{1-d h(o)} . \tag{A-3}
\end{equation*}
$$

Rescaling and using the induction hypothesis,

$$
\begin{aligned}
\|h\|_{\ell^{2}}^{2} & =\left(\left\|h_{+}\right\|_{\ell^{2}}^{2}+\left\|h_{-}\right\|_{\ell^{2}}^{2}(1-d h(o))^{2}+d h(o)^{2}=\left(h_{+}\left(z_{+}\right)+h_{-}\left(z_{-}\right)\right)(1-d h(o))^{2}+d h(o)^{2}\right. \\
& =\frac{h\left(z_{+}\right)+h\left(z_{-}\right)}{1-d h(o)}(1-d h(o))^{2}+d h(o)^{2}=\frac{h(z)}{1-d h(o)}(1-d h(o))^{2}+d h(o)^{2} \\
& =\frac{h(o)}{1-d h(o)}(1-d h(o))^{2}+d h(o)^{2}=h(o) .
\end{aligned}
$$

We note in passing that, by (3), formula (A-3) gives a recursive formula for computing tree capacities.
Suppose now that $E$ is infinite. Select a sequence of finite sets $E_{n}=\left\{e_{1}, \ldots, e_{n}\right\}$ such that $E_{n} \nearrow E$. Let $h_{n}$ be the corresponding extremal functions and $H_{n}=I h_{n}$. We claim that the sequence $H_{n}$ increases, in the sense specified below. Let $K=H_{n}-H_{n-1}=I\left(h_{n}-h_{n-1}\right)=I k_{n}$. By (A-2), the function $K$ satisfies the mean value property on $\mathscr{G}\left(o, E_{n}\right) \backslash\left(\{o\} \cup E_{n}\right)$ :

$$
K(x)=\frac{1}{3}\left[K\left(x_{+}\right)+K\left(x_{-}\right)+K\left(x^{-1}\right)\right], \quad \text { if } x \in \mathscr{G}\left(o, E_{n}\right) \backslash\left(\{o\} \cup E_{n}\right) .
$$

Moreover, $K$ vanishes on $\{o\} \cup E_{n-1}$ and it is positive at $e_{n}$, since $H_{n-1}\left(e_{n}\right) \leq 1=H_{n}\left(e_{n}\right)$, by (3) and (4). By the maximum principle (an easy consequence of the mean value property), $K_{n} \geq 0$ in $\mathscr{G}\left(o, E_{n}\right)$. Hence, the limit $I h=H=\lim _{n} H_{n}$ exists in $\mathscr{G}(o, E)$ and it is finite because each $H_{n}$ is bounded above by 1 . Since $h(x)=H(x)-H\left(x^{-1}\right)=\lim h_{n}(x), h$ is admissible for $E$ and it satisfies (3), (4) and (5).

Also, $h_{n} \rightarrow h$ as $n \rightarrow \infty$, pointwise, and $\left\|h_{n}\right\|_{\ell^{2}}^{2}=h_{n}(o) \rightarrow h(o)$, by dominated convergence, hence,

$$
h(o)=\lim _{n \rightarrow \infty}\left\|h_{n}\right\|_{\ell^{2}}^{2}=\|h\|_{\ell^{2}}^{2},
$$

which is (3) for $h$.
It remains to prove that $h$ is extremal. Suppose $k$ is another admissible function for $E$, and let $k_{n}$ be its restriction to $\mathscr{G}\left(o, E_{n}\right)$, which is clearly admissible for $E_{n}$. By the extremal character of the functions $h_{n}$, we have

$$
\|k\|_{\ell^{2}}^{2}=\lim _{n \rightarrow \infty}\left\|k_{n}\right\|_{\ell^{2}}^{2} \leq \lim _{n \rightarrow \infty}\left\|h_{n}\right\|_{\ell^{2}}^{2}=\lim _{n \rightarrow \infty} h_{n}(o)=h(o)=\|h\|_{\ell^{2}}^{2} .
$$

Hence, $h$ is extremal among the admissible functions for $E$.
Proof of Proposition 2.3. Consider each $e \in E$ as the root of the tree $\mathscr{T}_{e}=S(e)$. Set $F_{e}=F \cap S(e)$ and let $h_{e}$ be the extremal function (from the previous proposition) for computing Cap $_{\mathscr{J}_{e}}\left(F_{e}\right)$. Using the previous proposition it is straightforward to check that $h=\sum h_{e}$ is the required extremal function and has the required properties.

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## ANALYSIS \& PDE

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